

United States

Health Department Website: hhs.gov

Summary

Highlights

Homicide

33% ▲

from 5.8 to 7.7 deaths per 100,000 population between 2018-2019 and 2020-2021.

Occupational Fatalities

11% ▼

from 4.4 to 3.9 deaths per 100,000 workers between 2016-2018 and 2019-2021.

Premature Death

9% ▲

from 8,659 to 9,478 years lost before age 75 per 100,000 population between 2020 and 2021.

Asthma

8% ▲

from 9.6% to 10.4% of adults between 2020 and 2022.

Diabetes

8% ▲

from 10.6% to 11.5% of adults between 2020 and 2022.

Renewable Energy

8% ▲

from 19.0% to 20.5% of total electricity generated between 2021 and 2022.

Measures

U.S. Value

Social & Economic Factors		
Community and Family Safety	Homicide (Deaths per 100,000 population)	7.7
	Occupational Fatalities (Deaths per 100,000 workers)	3.9
	Public Health Funding (Dollars per person)	\$183
Economic Resources	Economic Hardship Index (Index from 1-100)	—
	Food Insecurity (% of households)	11.2%
	Income Inequality (80-20 Ratio)	4.92
Education	Fourth Grade Reading Proficiency (% of public school students)	32.1%
	High School Completion (% of adults ages 25+)	89.6%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	14.0%
	High-Speed Internet (% of households)	92.9%
	Residential Segregation - Black/White (Index from 0-100)	—
	Volunteerism (% of population ages 16+)	23.2%
	Voter Participation (% of U.S. citizens ages 18+)	59.5%
Physical Environment		
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	8.6
	Drinking Water Violations (Average number of violations per community water system)	2.7
	Water Fluoridation (% of population served)	72.7%
Climate and Health	Climate Policies (Number of four policies)	—
	Climate Risks (% of population)*	35.5%
	Renewable Energy (% of total electricity generated)*	20.5%
Housing and Transit	Housing With Lead Risk (% of housing stock)	16.5%
	Severe Housing Problems (% of occupied housing units)	16.7%
	Transportation Health Risks (% of population)*	24.0%
Clinical Care		
Access to Care	Avoided Care Due to Cost (% of adults)	10.1%
	Dental Care Providers (Number per 100,000 population)	64.6
	Mental Health Providers (Number per 100,000 population)	324.9
	Primary Care Providers (Number per 100,000 population)	232.0
	Uninsured (% of population)	8.0%
Preventive Clinical Services	Childhood Immunizations (% of children by age 24 months)	70.0%
	Colorectal Cancer Screening (% of adults ages 45-75)	61.8%
	Dental Visit (% of adults)	66.0%
	Flu Vaccination (% of adults)	45.6%
	HPV Vaccination (% of adolescents ages 13-17)	62.6%
Quality of Care	Dedicated Health Care Provider (% of adults)	83.8%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+)	2,681
Behaviors		
Nutrition and Physical Activity	Exercise (% of adults)	23.0%
	Fruit and Vegetable Consumption (% of adults)	7.4%
	Physical Inactivity (% of adults)	23.4%
Sexual Health	Chlamydia (Cases per 100,000 population)	495.5
	High-Risk HIV Behaviors (% of adults)	5.7%
	Teen Births (Births per 1,000 females ages 15-19)	13.9
Sleep Health	Insufficient Sleep (% of adults)	35.5%
Tobacco Use	Smoking (% of adults)	14.0%
Health Outcomes		
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	32.1
	Excessive Drinking (% of adults)	18.4%
	Frequent Mental Distress (% of adults)	15.9%
	Non-medical Drug Use (% of adults)	15.9%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	9,478
	Premature Death Racial Disparity (Ratio)	1.6
Physical Health	Frequent Physical Distress (% of adults)	12.4%
	Low Birth Weight (% of live births)	8.5%
	Low Birth Weight Racial Disparity (Ratio)	2.1
	Multiple Chronic Conditions (% of adults)	11.2%
	Obesity (% of adults)	33.6%

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.

— Data not available, missing or suppressed.

Summary

Strengths

- Low prevalence of excessive drinking
- High prevalence of colorectal cancer screening
- Low average number of health-based drinking water violations

Challenges

- High premature death rate
- High prevalence of multiple chronic conditions
- High homicide rate

Highlights

Mental Health Providers

51% ▲

from 92.6 to 140.0 per 100,000 population between September 2018 and September 2023.

Drug Deaths

34% ▲

from 21.3 to 28.6 deaths per 100,000 population between 2020 and 2021.

Firearm Deaths

13% ▲

from 23.4 to 26.4 deaths per 100,000 population between 2020 and 2021.

Measures

		State Rank	State Value	U.S. Value
Social & Economic Factors		45	-0.791	
Community and Family Safety	Homicide (Deaths per 100,000 population)	48	14.1	7.7
	Occupational Fatalities (Deaths per 100,000 workers)	36	5.4	3.9
	Public Health Funding (Dollars per person)	20	\$199	\$183
Economic Resources	Economic Hardship Index (Index from 1-100)	40	75	—
	Food Insecurity (% of households)	42	12.4%	11.2%
	Income Inequality (80-20 Ratio)	47	5.36	4.92
Education	Fourth Grade Reading Proficiency (% of public school students)	41	28.3%	32.1%
	High School Completion (% of adults ages 25+)	43	88.8%	89.6%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	39	17.9%	14.0%
	High-Speed Internet (% of households)	45	90.0%	92.9%
	Residential Segregation - Black/White (Index from 0-100)	12	58	—
	Volunteerism (% of population ages 16+)	47	19.5%	23.2%
	Voter Participation (% of U.S. citizens ages 18+)	46	53.0%	59.5%
Physical Environment		16	0.490	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	29	7.9	8.6
	Drinking Water Violations (Average number of violations per community water system)	3	1.2	2.7
	Water Fluoridation (% of population served)	23	77.7%	72.7%
Climate and Health	Climate Policies (Number of four policies)	36	0	—
	Climate Risks (% of population)*	25	34.1%	35.5%
	Renewable Energy (% of total electricity generated)*	37	7.7%	20.5%
Housing and Transit	Housing With Lead Risk (% of housing stock)	13	11.1%	16.5%
	Severe Housing Problems (% of occupied housing units)	15	13.1%	16.7%
	Transportation Health Risks (% of population)*	39	26.2%	24.0%
Clinical Care		43	-0.732	
Access to Care	Avoided Care Due to Cost (% of adults)	45	14.2%	10.1%
	Dental Care Providers (Number per 100,000 population)	49	43.0	64.6
	Mental Health Providers (Number per 100,000 population)	50	140.0	324.9
	Primary Care Providers (Number per 100,000 population)	45	201.6	232.0
	Uninsured (% of population)	38	8.8%	8.0%
Preventive Clinical Services	Childhood Immunizations (% of children by age 24 months)	26	70.5%	70.0%
	Colorectal Cancer Screening (% of adults ages 45-75)	14	63.4%	61.8%
	Dental Visit (% of adults)	46	58.2%	66.0%
	Flu Vaccination (% of adults)	42	39.9%	45.6%
	HPV Vaccination (% of adolescents ages 13-17)	38	59.2%	62.6%
Quality of Care	Dedicated Health Care Provider (% of adults)	26	83.6%	83.8%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+)	45	3,340	2,681
Behaviors		48	-1.251	
Nutrition and Physical Activity	Exercise (% of adults)	44	17.6%	23.0%
	Fruit and Vegetable Consumption (% of adults)	47	4.8%	7.4%
	Physical Inactivity (% of adults)	46	29.1%	23.4%
Sexual Health	Chlamydia (Cases per 100,000 population)	44	625.2	495.5
	High-Risk HIV Behaviors (% of adults)	38	6.4%	5.7%
	Teen Births (Births per 1,000 females ages 15-19)	46	22.9	13.9
Sleep Health	Insufficient Sleep (% of adults)	48	40.5%	35.5%
Tobacco Use	Smoking (% of adults)	39	15.6%	14.0%
Health Outcomes		45	-0.616	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	19	28.6	32.1
	Excessive Drinking (% of adults)	3	14.1%	18.4%
	Frequent Mental Distress (% of adults)	44	18.1%	15.9%
	Non-medical Drug Use (% of adults)	35	15.7%	15.9%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	46	13,763	9,478
	Premature Death Racial Disparity (Ratio)	6	1.2	1.6
Physical Health	Frequent Physical Distress (% of adults)	42	14.2%	12.4%
	Low Birth Weight (% of live births)	47	10.4%	8.5%
	Low Birth Weight Racial Disparity (Ratio)	24	2.0	2.1
	Multiple Chronic Conditions (% of adults)	47	16.1%	11.2%
	Obesity (% of adults)	45	38.3%	33.6%
Overall		46	-0.702	

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Alaska

State Health Department Website: health.alaska.gov

Overall Rank

33

Summary

Strengths

- Low prevalence of multiple chronic conditions
- Low income inequality
- High per capita public health funding

Challenges

- High premature death rate
- High occupational fatality rate
- High prevalence of cigarette smoking

Highlights

Drug Deaths

98% ▲

from 17.6 to 34.9 deaths per 100,000 population between 2019 and 2021.

Frequent Mental Distress

67% ▲

from 9.1% to 15.2% of adults between 2013 and 2022.

Flu Vaccination Coverage

21% ▲

from 34.2% to 41.5% of adults between 2016 and 2022.

Measures

		State Rank	State Value	U.S. Value
Social & Economic Factors		20	0.274	
Community and Family Safety	Homicide (Deaths per 100,000 population)	28	71	7.7
	Occupational Fatalities (Deaths per 100,000 workers)	47	6.8	3.9
	Public Health Funding (Dollars per person)	1	\$465	\$183
Economic Resources	Economic Hardship Index (Index from 1-100)	19	47	—
	Food Insecurity (% of households)	14	9.5%	11.2%
	Income Inequality (80-20 Ratio)	3	4.08	4.92
Education	Fourth Grade Reading Proficiency (% of public school students)	47	24.4%	32.1%
	High School Completion (% of adults ages 25+)	10	93.3%	89.6%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	33	16.9%	14.0%
	High-Speed Internet (% of households)	13	93.9%	92.9%
	Residential Segregation - Black/White (Index from 0-100)	9	57	—
	Volunteerism (% of population ages 16+)	19	27.3%	23.2%
	Voter Participation (% of U.S. citizens ages 18+)	26	59.2%	59.5%
Physical Environment		46	-0.163	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	10	6.3	8.6
	Drinking Water Violations (Average number of violations per community water system)	43	3.0	2.7
	Water Fluoridation (% of population served)	44	42.1%	72.7%
Climate and Health	Climate Policies (Number of four policies)	36	0	—
	Climate Risks (% of population)*	46	75.0%	35.5%
	Renewable Energy (% of total electricity generated)*	18	28.3%	20.5%
Housing and Transit	Housing With Lead Risk (% of housing stock)	3	7.0%	16.5%
	Severe Housing Problems (% of occupied housing units)	46	19.5%	16.7%
	Transportation Health Risks (% of population)*	30	21.2%	24.0%
Clinical Care		37	-0.377	
Access to Care	Avoided Care Due to Cost (% of adults)	28	10.3%	10.1%
	Dental Care Providers (Number per 100,000 population)	1	96.8	64.6
	Mental Health Providers (Number per 100,000 population)	2	739.5	324.9
	Primary Care Providers (Number per 100,000 population)	5	298.3	232.0
	Uninsured (% of population)	44	11.0%	8.0%
Preventive Clinical Services	Childhood Immunizations (% of children by age 24 months)	50	61.8%	70.0%
	Colorectal Cancer Screening (% of adults ages 45-75)	42	56.2%	61.8%
	Dental Visit (% of adults)	35	61.8%	66.0%
	Flu Vaccination (% of adults)	37	41.5%	45.6%
	HPV Vaccination (% of adolescents ages 13-17)	41	57.8%	62.6%
Quality of Care	Dedicated Health Care Provider (% of adults)	46	76.2%	83.8%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+)	5	1,695	2,681
Behaviors		36	-0.325	
Nutrition and Physical Activity	Exercise (% of adults)	9	25.6%	23.0%
	Fruit and Vegetable Consumption (% of adults)	11	8.9%	7.4%
	Physical Inactivity (% of adults)	13	21.5%	23.4%
Sexual Health	Chlamydia (Cases per 100,000 population)	49	760.4	495.5
	High-Risk HIV Behaviors (% of adults)	37	6.3%	5.7%
	Teen Births (Births per 1,000 females ages 15-19)	39	17.5	13.9
Sleep Health	Insufficient Sleep (% of adults)	33	37.1%	35.5%
Tobacco Use	Smoking (% of adults)	41	15.9%	14.0%
Health Outcomes		29	-0.066	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	30	34.9	32.1
	Excessive Drinking (% of adults)	36	19.4%	18.4%
	Frequent Mental Distress (% of adults)	19	15.2%	15.9%
	Non-medical Drug Use (% of adults)	41	17.2%	15.9%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	40	11,430	9,478
	Premature Death Racial Disparity (Ratio)	43	2.6	1.6
Physical Health	Frequent Physical Distress (% of adults)	15	11.7%	12.4%
	Low Birth Weight (% of live births)	4	6.9%	8.5%
	Low Birth Weight Racial Disparity (Ratio)	43	2.2	2.1
	Multiple Chronic Conditions (% of adults)	6	8.9%	11.2%
	Obesity (% of adults)	16	32.1%	33.6%
Overall		33	-0.072	

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- Low income inequality
- Low preventable hospitalization rate
- Low percentage of housing with lead risk

Challenges

- High economic hardship index score
- Low prevalence of colorectal cancer screening
- High levels of air pollution

Highlights

Mental Health Providers

47% 

from 129.3 to 190.2 per 100,000 population between September 2018 and September 2023.

Diabetes

22% 

from 10.4% to 12.7% of adults between 2017 and 2022.

Premature Death

16% 

from 9,469 to 10,982 years lost before age 75 per 100,000 population between 2020 and 2021.

Measures

		State Rank	State Value	U.S. Value
Social & Economic Factors		30	0.049	
Community and Family Safety	Homicide (Deaths per 100,000 population)	29	7.4	7.7
	Occupational Fatalities (Deaths per 100,000 workers)	14	3.7	3.9
	Public Health Funding (Dollars per person)	41	\$143	\$183
Economic Resources	Economic Hardship Index (Index from 1-100)	38	70	—
	Food Insecurity (% of households)	22	10.2%	11.2%
	Income Inequality (80-20 Ratio)	16	4.42	4.92
Education	Fourth Grade Reading Proficiency (% of public school students)	28	31.4%	32.1%
	High School Completion (% of adults ages 25+)	39	89.2%	89.6%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	31	16.3%	14.0%
	High-Speed Internet (% of households)	29	92.6%	92.9%
	Residential Segregation - Black/White (Index from 0-100)	6	54	—
	Volunteerism (% of population ages 16+)	31	23.5%	23.2%
	Voter Participation (% of U.S. citizens ages 18+)	14	63.9%	59.5%
Physical Environment		40	-0.025	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	49	11.1	8.6
	Drinking Water Violations (Average number of violations per community water system)	31	2.1	2.7
	Water Fluoridation (% of population served)	38	57.7%	72.7%
Climate and Health	Climate Policies (Number of four policies)	26	2	—
	Climate Risks (% of population)*	31	45.9%	35.5%
	Renewable Energy (% of total electricity generated)*	26	13.3%	20.5%
Housing and Transit	Housing With Lead Risk (% of housing stock)	2	6.5%	16.5%
	Severe Housing Problems (% of occupied housing units)	40	17.2%	16.7%
	Transportation Health Risks (% of population)*	29	19.9%	24.0%
Clinical Care		39	-0.563	
Access to Care	Avoided Care Due to Cost (% of adults)	38	11.9%	10.1%
	Dental Care Providers (Number per 100,000 population)	31	58.8	64.6
	Mental Health Providers (Number per 100,000 population)	46	190.2	324.9
	Primary Care Providers (Number per 100,000 population)	40	213.5	232.0
	Uninsured (% of population)	42	10.3%	8.0%
Preventive Clinical Services	Childhood Immunizations (% of children by age 24 months)	18	72.8%	70.0%
	Colorectal Cancer Screening (% of adults ages 45-75)	44	55.8%	61.8%
	Dental Visit (% of adults)	40	60.7%	66.0%
	Flu Vaccination (% of adults)	43	39.7%	45.6%
	HPV Vaccination (% of adolescents ages 13-17)	29	62.1%	62.6%
Quality of Care	Dedicated Health Care Provider (% of adults)	45	76.4%	83.8%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+)	9	1,844	2,681
Behaviors		33	-0.166	
Nutrition and Physical Activity	Exercise (% of adults)	10	25.5%	23.0%
	Fruit and Vegetable Consumption (% of adults)	35	6.3%	7.4%
	Physical Inactivity (% of adults)	25	23.4%	23.4%
Sexual Health	Chlamydia (Cases per 100,000 population)	40	570.3	495.5
	High-Risk HIV Behaviors (% of adults)	44	7.0%	5.7%
	Teen Births (Births per 1,000 females ages 15-19)	29	15.1	13.9
Sleep Health	Insufficient Sleep (% of adults)	20	34.8%	35.5%
Tobacco Use	Smoking (% of adults)	20	12.7%	14.0%
Health Outcomes		37	-0.194	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	35	38.3	32.1
	Excessive Drinking (% of adults)	29	18.7%	18.4%
	Frequent Mental Distress (% of adults)	40	16.8%	15.9%
	Non-medical Drug Use (% of adults)	37	15.9%	15.9%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	37	10,982	9,478
	Premature Death Racial Disparity (Ratio)	41	2.3	1.6
Physical Health	Frequent Physical Distress (% of adults)	35	13.4%	12.4%
	Low Birth Weight (% of live births)	20	7.9%	8.5%
	Low Birth Weight Racial Disparity (Ratio)	17	1.9	2.1
	Multiple Chronic Conditions (% of adults)	26	11.3%	11.2%
	Obesity (% of adults)	19	33.2%	33.6%
Overall		34	-0.153	

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- Low prevalence of excessive drinking
- High prevalence of having a dedicated health care provider
- Low percentage of housing with lead risk

Challenges

- High prevalence of multiple chronic conditions
- High economic hardship index score
- High prevalence of cigarette smoking

Highlights

Occupational Fatalities

30% ▼

from 8.0 to 5.6 deaths per 100,000 workers between 2016-2018 and 2019-2021.

Diabetes

26% ▲

from 12.5% to 15.7% of adults between 2021 and 2022.

Premature Death

15% ▲

from 11,545 to 13,224 years lost before age 75 per 100,000 population between 2020 and 2021.

Measures

		State Rank	State Value	U.S. Value
Social & Economic Factors		49	-0.959	
Community and Family Safety	Homicide (Deaths per 100,000 population)	44	11.7	7.7
	Occupational Fatalities (Deaths per 100,000 workers)	40	5.6	3.9
	Public Health Funding (Dollars per person)	23	\$194	\$183
Economic Resources	Economic Hardship Index (Index from 1-100)	46	86	—
	Food Insecurity (% of households)	50	16.6%	11.2%
	Income Inequality (80-20 Ratio)	39	4.98	4.92
Education	Fourth Grade Reading Proficiency (% of public school students)	38	29.7%	32.1%
	High School Completion (% of adults ages 25+)	40	89.1%	89.6%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	43	18.7%	14.0%
	High-Speed Internet (% of households)	46	89.6%	92.9%
	Residential Segregation - Black/White (Index from 0-100)	25	65	—
	Volunteerism (% of population ages 16+)	41	20.9%	23.2%
	Voter Participation (% of U.S. citizens ages 18+)	49	49.0%	59.5%
Physical Environment		33	0.168	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	31	8.1	8.6
	Drinking Water Violations (Average number of violations per community water system)	47	3.9	2.7
	Water Fluoridation (% of population served)	19	85.8%	72.7%
Climate and Health	Climate Policies (Number of four policies)	29	1	—
	Climate Risks (% of population)*	36	54.6%	35.5%
	Renewable Energy (% of total electricity generated)*	40	6.5%	20.5%
Housing and Transit	Housing With Lead Risk (% of housing stock)	8	9.6%	16.5%
	Severe Housing Problems (% of occupied housing units)	15	13.1%	16.7%
	Transportation Health Risks (% of population)*	21	15.9%	24.0%
Clinical Care		45	-0.876	
Access to Care	Avoided Care Due to Cost (% of adults)	44	13.8%	10.1%
	Dental Care Providers (Number per 100,000 population)	48	44.7	64.6
	Mental Health Providers (Number per 100,000 population)	31	278.9	324.9
	Primary Care Providers (Number per 100,000 population)	44	205.0	232.0
	Uninsured (% of population)	35	8.4%	8.0%
Preventive Clinical Services	Childhood Immunizations (% of children by age 24 months)	47	64.9%	70.0%
	Colorectal Cancer Screening (% of adults ages 45-75)	41	56.4%	61.8%
	Dental Visit (% of adults)	49	55.6%	66.0%
	Flu Vaccination (% of adults)	35	43.1%	45.6%
Quality of Care	HPV Vaccination (% of adolescents ages 13-17)	42	55.7%	62.6%
	Dedicated Health Care Provider (% of adults)	17	85.1%	83.8%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+)	39	3,058	2,681
	Behaviors		45	-0.999
Nutrition and Physical Activity	Exercise (% of adults)	43	19.3%	23.0%
	Fruit and Vegetable Consumption (% of adults)	5	10.2%	7.4%
	Physical Inactivity (% of adults)	49	31.1%	23.4%
Sexual Health	Chlamydia (Cases per 100,000 population)	42	592.8	495.5
	High-Risk HIV Behaviors (% of adults)	34	6.2%	5.7%
	Teen Births (Births per 1,000 females ages 15-19)	50	26.5	13.9
Sleep Health	Insufficient Sleep (% of adults)	43	38.7%	35.5%
Tobacco Use	Smoking (% of adults)	49	18.7%	14.0%
Health Outcomes		50	-0.948	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	11	21.7	32.1
	Excessive Drinking (% of adults)	16	17.2%	18.4%
	Frequent Mental Distress (% of adults)	49	20.4%	15.9%
	Non-medical Drug Use (% of adults)	48	20.1%	15.9%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	43	13,224	9,478
	Premature Death Racial Disparity (Ratio)	11	1.3	1.6
Physical Health	Frequent Physical Distress (% of adults)	49	17.5%	12.4%
	Low Birth Weight (% of live births)	42	9.5%	8.5%
	Low Birth Weight Racial Disparity (Ratio)	35	2.1	2.1
	Multiple Chronic Conditions (% of adults)	46	15.9%	11.2%
	Obesity (% of adults)	38	37.4%	33.6%
Overall		48	-0.839	

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- Low prevalence of multiple chronic conditions
- Low prevalence of frequent mental distress
- Four of four climate policies in place

Challenges

- Low prevalence of high school completion
- Low prevalence of colorectal cancer screening
- High levels of air pollution

Highlights

Premature Death

38% ▲

from 5,650 to 7,773 years lost before age 75 per 100,000 population between 2018 and 2021.

Mental Health Providers

37% ▲

from 338.0 to 461.4 per 100,000 population between September 2018 and September 2023.

Depression

28% ▲

from 14.1% to 18.1% of adults between 2020 and 2022.

Measures

		State Rank	State Value	U.S. Value
Social & Economic Factors		35	-0.202	
Community and Family Safety	Homicide (Deaths per 100,000 population)	23	6.2	7.7
	Occupational Fatalities (Deaths per 100,000 workers)	6	3.3	3.9
	Public Health Funding (Dollars per person)	10	\$238	\$183
Economic Resources	Economic Hardship Index (Index from 1-100)	45	83	—
	Food Insecurity (% of households)	23	10.3%	11.2%
	Income Inequality (80-20 Ratio)	44	5.23	4.92
Education	Fourth Grade Reading Proficiency (% of public school students)	30	31.0%	32.1%
	High School Completion (% of adults ages 25+)	50	84.7%	89.6%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	6	12.0%	14.0%
	High-Speed Internet (% of households)	4	94.8%	92.9%
	Residential Segregation - Black/White (Index from 0-100)	20	63	—
	Volunteerism (% of population ages 16+)	48	18.3%	23.2%
	Voter Participation (% of U.S. citizens ages 18+)	30	58.3%	59.5%
Physical Environment		50	-0.615	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	50	13.4	8.6
	Drinking Water Violations (Average number of violations per community water system)	42	2.9	2.7
	Water Fluoridation (% of population served)	39	57.5%	72.7%
Climate and Health	Climate Policies (Number of four policies)	1	4	—
	Climate Risks (% of population)*	29	43.1%	35.5%
	Renewable Energy (% of total electricity generated)*	11	41.6%	20.5%
Housing and Transit	Housing With Lead Risk (% of housing stock)	29	16.8%	16.5%
	Severe Housing Problems (% of occupied housing units)	49	25.7%	16.7%
	Transportation Health Risks (% of population)*	43	32.8%	24.0%
Clinical Care		31	-0.134	
Access to Care	Avoided Care Due to Cost (% of adults)	25	10.1%	10.1%
	Dental Care Providers (Number per 100,000 population)	3	81.9	64.6
	Mental Health Providers (Number per 100,000 population)	10	461.4	324.9
	Primary Care Providers (Number per 100,000 population)	50	178.9	232.0
	Uninsured (% of population)	21	6.5%	8.0%
Preventive Clinical Services	Childhood Immunizations (% of children by age 24 months)	42	67.7%	70.0%
	Colorectal Cancer Screening (% of adults ages 45-75)	50	52.4%	61.8%
	Dental Visit (% of adults)	21	66.2%	66.0%
	Flu Vaccination (% of adults)	27	45.5%	45.6%
Quality of Care	HPV Vaccination (% of adolescents ages 13-17)	33	60.6%	62.6%
	Dedicated Health Care Provider (% of adults)	42	79.7%	83.8%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+)	13	2,151	2,681
Behaviors		18	0.295	
Nutrition and Physical Activity	Exercise (% of adults)	27	22.6%	23.0%
	Fruit and Vegetable Consumption (% of adults)	9	9.0%	7.4%
	Physical Inactivity (% of adults)	15	21.9%	23.4%
Sexual Health	Chlamydia (Cases per 100,000 population)	27	488.2	495.5
	High-Risk HIV Behaviors (% of adults)	47	7.1%	5.7%
	Teen Births (Births per 1,000 females ages 15-19)	12	9.9	13.9
Sleep Health	Insufficient Sleep (% of adults)	20	34.8%	35.5%
Tobacco Use	Smoking (% of adults)	3	9.7%	14.0%
Health Outcomes		10	0.489	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	18	27.5	32.1
	Excessive Drinking (% of adults)	34	19.1%	18.4%
	Frequent Mental Distress (% of adults)	8	14.3%	15.9%
	Non-medical Drug Use (% of adults)	35	15.7%	15.9%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	12	7,773	9,478
	Premature Death Racial Disparity (Ratio)	27	1.6	1.6
Physical Health	Frequent Physical Distress (% of adults)	22	12.2%	12.4%
	Low Birth Weight (% of live births)	11	7.3%	8.5%
	Low Birth Weight Racial Disparity (Ratio)	35	2.1	2.1
	Multiple Chronic Conditions (% of adults)	3	8.5%	11.2%
	Obesity (% of adults)	5	28.1%	33.6%
Overall		28	0.039	

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- Low prevalence of obesity
- Low economic hardship index score
- Low prevalence of insufficient sleep

Challenges

- High prevalence of excessive drinking
- High prevalence of high-risk HIV behaviors
- High average number of health-based drinking water violations

Highlights

Cardiovascular Diseases

23% ▲

from 5.7% to 7.0% of adults between 2021 and 2022.

Firearm Deaths

16% ▲

from 15.7 to 18.2 deaths per 100,000 population between 2020 and 2021.

Renewable Energy

10% ▲

from 32.6% to 35.7% of total electricity generated between 2021 and 2022.

Measures

		State Rank	State Value	U.S. Value
Social & Economic Factors		6	0.685	
Community and Family Safety	Homicide (Deaths per 100,000 population)	22	6.1	7.7
	Occupational Fatalities (Deaths per 100,000 workers)	21	4.1	3.9
	Public Health Funding (Dollars per person)	26	\$187	\$183
Economic Resources	Economic Hardship Index (Index from 1-100)	2	11	—
	Food Insecurity (% of households)	9	8.9%	11.2%
	Income Inequality (80-20 Ratio)	19	4.48	4.92
Education	Fourth Grade Reading Proficiency (% of public school students)	5	37.6%	32.1%
	High School Completion (% of adults ages 25+)	12	93.0%	89.6%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	27	15.7%	14.0%
	High-Speed Internet (% of households)	7	94.4%	92.9%
	Residential Segregation - Black/White (Index from 0-100)	30	66	—
	Volunteerism (% of population ages 16+)	22	26.2%	23.2%
	Voter Participation (% of U.S. citizens ages 18+)	12	64.5%	59.5%
Physical Environment		21	0.388	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	17	7.1	8.6
	Drinking Water Violations (Average number of violations per community water system)	43	3.0	2.7
	Water Fluoridation (% of population served)	27	75.2%	72.7%
Climate and Health	Climate Policies (Number of four policies)	13	3	—
	Climate Risks (% of population)*	38	59.0%	35.5%
	Renewable Energy (% of total electricity generated)*	14	35.7%	20.5%
Housing and Transit	Housing With Lead Risk (% of housing stock)	13	11.1%	16.5%
	Severe Housing Problems (% of occupied housing units)	35	15.9%	16.7%
	Transportation Health Risks (% of population)*	18	14.1%	24.0%
Clinical Care		21	0.286	
Access to Care	Avoided Care Due to Cost (% of adults)	30	10.7%	10.1%
	Dental Care Providers (Number per 100,000 population)	5	76.4	64.6
	Mental Health Providers (Number per 100,000 population)	9	477.5	324.9
	Primary Care Providers (Number per 100,000 population)	25	245.4	232.0
	Uninsured (% of population)	29	7.1%	8.0%
Preventive Clinical Services	Childhood Immunizations (% of children by age 24 months)	33	68.9%	70.0%
	Colorectal Cancer Screening (% of adults ages 45-75)	32	60.0%	61.8%
	Dental Visit (% of adults)	20	66.4%	66.0%
	Flu Vaccination (% of adults)	11	50.5%	45.6%
	HPV Vaccination (% of adolescents ages 13-17)	20	65.7%	62.6%
Quality of Care	Dedicated Health Care Provider (% of adults)	37	81.1%	83.8%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+)	3	1,481	2,681
Behaviors		5	0.839	
Nutrition and Physical Activity	Exercise (% of adults)	3	27.4%	23.0%
	Fruit and Vegetable Consumption (% of adults)	14	8.8%	7.4%
	Physical Inactivity (% of adults)	1	16.8%	23.4%
Sexual Health	Chlamydia (Cases per 100,000 population)	20	460.2	495.5
	High-Risk HIV Behaviors (% of adults)	38	6.4%	5.7%
	Teen Births (Births per 1,000 females ages 15-19)	17	11.4	13.9
Sleep Health	Insufficient Sleep (% of adults)	3	30.3%	35.5%
Tobacco Use	Smoking (% of adults)	9	10.7%	14.0%
Health Outcomes		22	0.214	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	27	31.3	32.1
	Excessive Drinking (% of adults)	45	20.7%	18.4%
	Frequent Mental Distress (% of adults)	25	15.9%	15.9%
	Non-medical Drug Use (% of adults)	49	21.1%	15.9%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	17	8,308	9,478
	Premature Death Racial Disparity (Ratio)	32	1.7	1.6
Physical Health	Frequent Physical Distress (% of adults)	10	11.4%	12.4%
	Low Birth Weight (% of live births)	42	9.5%	8.5%
	Low Birth Weight Racial Disparity (Ratio)	9	1.7	2.1
	Multiple Chronic Conditions (% of adults)	6	8.9%	11.2%
	Obesity (% of adults)	1	25.0%	33.6%
Overall		12	0.509	

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- Low premature death rate
- Low prevalence of non-medical drug use
- High adult flu vaccination rate

Challenges

- High income inequality
- Low voter participation
- High percentage of housing with lead risk

Highlights

Avoided Care Due to Cost

24% ▲

from 7.4% to 9.2%
between 2021 and 2022.

Air Pollution

19% ▼

from 7.0 to 5.7 micrograms
of fine particulate matter
per cubic meter between
2017-2019 and 2020-2022.

Primary Care Providers

17% ▼

from 300.2 to 248.9
per 100,000 population
between September 2022
and September 2023.

Measures

		State Rank	State Value	U.S. Value
Social & Economic Factors		14	0.446	
Community and Family Safety	Homicide (Deaths per 100,000 population)	17	4.4	7.7
	Occupational Fatalities (Deaths per 100,000 workers)	6	3.3	3.9
	Public Health Funding (Dollars per person)	31	\$179	\$183
Economic Resources	Economic Hardship Index (Index from 1-100)	11	32	—
	Food Insecurity (% of households)	16	9.6%	11.2%
	Income Inequality (80-20 Ratio)	43	5.17	4.92
Education	Fourth Grade Reading Proficiency (% of public school students)	9	34.6%	32.1%
	High School Completion (% of adults ages 25+)	25	91.5%	89.6%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	6	12.0%	14.0%
	High-Speed Internet (% of households)	8	94.3%	92.9%
	Residential Segregation - Black/White (Index from 0-100)	32	67	—
	Volunteerism (% of population ages 16+)	13	28.8%	23.2%
	Voter Participation (% of U.S. citizens ages 18+)	32	58.1%	59.5%
Physical Environment		8	0.608	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	6	5.7	8.6
	Drinking Water Violations (Average number of violations per community water system)	9	1.5	2.7
	Water Fluoridation (% of population served)	13	90.4%	72.7%
Climate and Health	Climate Policies (Number of four policies)	1	4	—
	Climate Risks (% of population)*	16	23.0%	35.5%
	Renewable Energy (% of total electricity generated)*	48	2.7%	20.5%
Housing and Transit	Housing With Lead Risk (% of housing stock)	46	25.1%	16.5%
	Severe Housing Problems (% of occupied housing units)	40	17.2%	16.7%
	Transportation Health Risks (% of population)*	12	10.0%	24.0%
Clinical Care		7	1.016	
Access to Care	Avoided Care Due to Cost (% of adults)	17	9.2%	10.1%
	Dental Care Providers (Number per 100,000 population)	10	73.6	64.6
	Mental Health Providers (Number per 100,000 population)	7	505.8	324.9
	Primary Care Providers (Number per 100,000 population)	24	248.9	232.0
	Uninsured (% of population)	10	5.2%	8.0%
Preventive Clinical Services	Childhood Immunizations (% of children by age 24 months)	1	81.2%	70.0%
	Colorectal Cancer Screening (% of adults ages 45-75)	3	65.6%	61.8%
	Dental Visit (% of adults)	1	73.9%	66.0%
	Flu Vaccination (% of adults)	5	54.0%	45.6%
Quality of Care	HPV Vaccination (% of adolescents ages 13-17)	8	71.9%	62.6%
	Dedicated Health Care Provider (% of adults)	9	87.3%	83.8%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+)	30	2,841	2,681
Behaviors		6	0.796	
Nutrition and Physical Activity	Exercise (% of adults)	6	26.1%	23.0%
	Fruit and Vegetable Consumption (% of adults)	5	10.2%	7.4%
	Physical Inactivity (% of adults)	21	23.1%	23.4%
Sexual Health	Chlamydia (Cases per 100,000 population)	14	409.1	495.5
	High-Risk HIV Behaviors (% of adults)	13	5.4%	5.7%
	Teen Births (Births per 1,000 females ages 15-19)	4	7.1	13.9
Sleep Health	Insufficient Sleep (% of adults)	28	35.7%	35.5%
Tobacco Use	Smoking (% of adults)	4	10.0%	14.0%
Health Outcomes		4	0.660	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	41	42.5	32.1
	Excessive Drinking (% of adults)	18	17.6%	18.4%
	Frequent Mental Distress (% of adults)	10	14.5%	15.9%
	Non-medical Drug Use (% of adults)	4	10.1%	15.9%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	5	7,205	9,478
	Premature Death Racial Disparity (Ratio)	11	1.3	1.6
Physical Health	Frequent Physical Distress (% of adults)	14	11.6%	12.4%
	Low Birth Weight (% of live births)	22	8.1%	8.5%
	Low Birth Weight Racial Disparity (Ratio)	24	2.0	2.1
	Multiple Chronic Conditions (% of adults)	13	9.8%	11.2%
	Obesity (% of adults)	10	30.6%	33.6%
Overall		4	0.671	

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
— Data not available, missing or suppressed.

Summary

Strengths

- Low prevalence of excessive drinking
- Low income inequality
- High volunteerism rate

Challenges

- High prevalence of obesity
- Low supply of dental care providers
- High levels of air pollution

Highlights

Homicide

67% 

from 5.7 to 9.5 deaths per 100,000 population between 2018-2019 and 2020-2021.

Diabetes

31% 

from 10.6% to 13.9% of adults between 2016 and 2022.

Households Below the Poverty Level

21% 

from 11.5% to 9.1% between 2021 and 2022.

Measures

		State Rank	State Value	U.S. Value
Social & Economic Factors		17	0.338	
Community and Family Safety	Homicide (Deaths per 100,000 population)	39	9.5	7.7
	Occupational Fatalities (Deaths per 100,000 workers)	27	4.4	3.9
	Public Health Funding (Dollars per person)	19	\$203	\$183
Economic Resources	Economic Hardship Index (Index from 1-100)	20	48	—
	Food Insecurity (% of households)	35	11.5%	11.2%
	Income Inequality (80-20 Ratio)	4	4.20	4.92
Education	Fourth Grade Reading Proficiency (% of public school students)	46	25.3%	32.1%
	High School Completion (% of adults ages 25+)	19	92.0%	89.6%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	18	14.0%	14.0%
	High-Speed Internet (% of households)	8	94.3%	92.9%
	Residential Segregation - Black/White (Index from 0-100)	1	46	—
	Volunteerism (% of population ages 16+)	11	29.8%	23.2%
	Voter Participation (% of U.S. citizens ages 18+)	20	61.0%	59.5%
Physical Environment		12	0.517	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	45	9.2	8.6
	Drinking Water Violations (Average number of violations per community water system)	26	2.0	2.7
	Water Fluoridation (% of population served)	26	76.0%	72.7%
Climate and Health	Climate Policies (Number of four policies)	1	4	—
	Climate Risks (% of population)*	6	7.2%	35.5%
	Renewable Energy (% of total electricity generated)*	47	2.8%	20.5%
Housing and Transit	Housing With Lead Risk (% of housing stock)	20	13.0%	16.5%
	Severe Housing Problems (% of occupied housing units)	26	14.1%	16.7%
	Transportation Health Risks (% of population)*	22	16.0%	24.0%
Clinical Care		15	0.476	
Access to Care	Avoided Care Due to Cost (% of adults)	12	8.1%	10.1%
	Dental Care Providers (Number per 100,000 population)	50	40.5	64.6
	Mental Health Providers (Number per 100,000 population)	22	332.1	324.9
	Primary Care Providers (Number per 100,000 population)	13	268.9	232.0
	Uninsured (% of population)	13	5.6%	8.0%
Preventive Clinical Services	Childhood Immunizations (% of children by age 24 months)	10	76.6%	70.0%
	Colorectal Cancer Screening (% of adults ages 45-75)	6	64.7%	61.8%
	Dental Visit (% of adults)	28	64.6%	66.0%
	Flu Vaccination (% of adults)	18	48.2%	45.6%
Quality of Care	HPV Vaccination (% of adolescents ages 13-17)	15	68.2%	62.6%
	Dedicated Health Care Provider (% of adults)	13	86.5%	83.8%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+)	32	2,847	2,681
Behaviors		24	0.135	
Nutrition and Physical Activity	Exercise (% of adults)	22	23.8%	23.0%
	Fruit and Vegetable Consumption (% of adults)	23	7.4%	7.4%
	Physical Inactivity (% of adults)	27	23.5%	23.4%
Sexual Health	Chlamydia (Cases per 100,000 population)	26	486.4	495.5
	High-Risk HIV Behaviors (% of adults)	16	5.5%	5.7%
	Teen Births (Births per 1,000 females ages 15-19)	25	13.5	13.9
Sleep Health	Insufficient Sleep (% of adults)	26	35.6%	35.5%
Tobacco Use	Smoking (% of adults)	21	12.9%	14.0%
Health Outcomes		21	0.231	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	46	52.4	32.1
	Excessive Drinking (% of adults)	8	15.2%	18.4%
	Frequent Mental Distress (% of adults)	9	14.4%	15.9%
	Non-medical Drug Use (% of adults)	23	13.5%	15.9%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	26	9,702	9,478
	Premature Death Racial Disparity (Ratio)	11	1.3	1.6
Physical Health	Frequent Physical Distress (% of adults)	19	12.0%	12.4%
	Low Birth Weight (% of live births)	35	9.1%	8.5%
	Low Birth Weight Racial Disparity (Ratio)	17	1.9	2.1
	Multiple Chronic Conditions (% of adults)	28	11.4%	11.2%
	Obesity (% of adults)	43	37.9%	33.6%
Overall		18	0.309	

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

District of Columbia

Health Department Website: dchealth.dc.gov

Summary

Strengths

- Low prevalence of multiple chronic conditions
- Low uninsured rate
- High supply of primary care providers

Challenges

- High prevalence of excessive drinking
- High income inequality
- High prevalence of high-risk HIV behaviors

Highlights

Drug Deaths

57% ▲

from 49.4 to 77.6 deaths per 100,000 population between 2019 and 2021.

Renewable Energy

43% ▲

from 35.0% to 49.9% of total electricity generated between 2021 and 2022.

Homicide

36% ▲

from 21.7 to 29.6 deaths per 100,000 population between 2018-2019 and 2020-2021.

Measures

		D.C. Value	U.S. Value
Social & Economic Factors			
Community and Family Safety	Homicide (Deaths per 100,000 population)	29.6	7.7
	Occupational Fatalities (Deaths per 100,000 workers)	5.0	3.9
	Public Health Funding (Dollars per person)	\$1,267	\$183
Economic Resources	Economic Hardship Index (Index from 1-100)	—	—
	Food Insecurity (% of households)	10.0%	11.2%
	Income Inequality (80-20 Ratio)	6.04	4.92
Education	Fourth Grade Reading Proficiency (% of public school students)	26.5%	32.1%
	High School Completion (% of adults ages 25+)	93.7%	89.6%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	12.8%	14.0%
	High-Speed Internet (% of households)	93.2%	92.9%
	Residential Segregation - Black/White (Index from 0-100)	69	—
	Volunteerism (% of population ages 16+)	34.2%	23.2%
	Voter Participation (% of U.S. citizens ages 18+)	73.5%	59.5%
Physical Environment			
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	8.6	8.6
	Drinking Water Violations (Average number of violations per community water system)	1.5	2.7
	Water Fluoridation (% of population served)	100.0%	72.7%
Climate and Health	Climate Policies (Number of four policies)	3	—
	Climate Risks (% of population)*	2.3%	35.5%
	Renewable Energy (% of total electricity generated)*	49.9%	20.5%
Housing and Transit	Housing With Lead Risk (% of housing stock)	32.0%	16.5%
	Severe Housing Problems (% of occupied housing units)	19.4%	16.7%
	Transportation Health Risks (% of population)*	74.2%	24.0%
Clinical Care			
Access to Care	Avoided Care Due to Cost (% of adults)	7.6%	10.1%
	Dental Care Providers (Number per 100,000 population)	112.7	64.6
	Mental Health Providers (Number per 100,000 population)	737.6	324.9
	Primary Care Providers (Number per 100,000 population)	411.3	232.0
	Uninsured (% of population)	2.9%	8.0%
Preventive Clinical Services	Childhood Immunizations (% of children by age 24 months)	71.2%	70.0%
	Colorectal Cancer Screening (% of adults ages 45-75)	61.7%	61.8%
	Dental Visit (% of adults)	70.4%	66.0%
	Flu Vaccination (% of adults)	59.7%	45.6%
	HPV Vaccination (% of adolescents ages 13-17)	77.8%	62.6%
Quality of Care	Dedicated Health Care Provider (% of adults)	84.9%	83.8%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+)	3,365	2,681
Behaviors			
Nutrition and Physical Activity	Exercise (% of adults)	27.2%	23.0%
	Fruit and Vegetable Consumption (% of adults)	13.5%	7.4%
	Physical Inactivity (% of adults)	15.1%	23.4%
Sexual Health	Chlamydia (Cases per 100,000 population)	1,037.5	495.5
	High-Risk HIV Behaviors (% of adults)	11.0%	5.7%
	Teen Births (Births per 1,000 females ages 15-19)	13.9	13.9
Sleep Health	Insufficient Sleep (% of adults)	31.9%	35.5%
Tobacco Use	Smoking (% of adults)	10.6%	14.0%
Health Outcomes			
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	77.6	32.1
	Excessive Drinking (% of adults)	27.6%	18.4%
	Frequent Mental Distress (% of adults)	13.5%	15.9%
	Non-medical Drug Use (% of adults)	14.6%	15.9%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	10,783	9,478
	Premature Death Racial Disparity (Ratio)	5.4	1.6
Physical Health	Frequent Physical Distress (% of adults)	7.7%	12.4%
	Low Birth Weight (% of live births)	9.6%	8.5%
	Low Birth Weight Racial Disparity (Ratio)	2.5	2.1
	Multiple Chronic Conditions (% of adults)	70%	11.2%
	Obesity (% of adults)	24.3%	33.6%

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Florida

State Health Department Website: floridahealth.gov

Overall Rank

31

Summary

Strengths

- Low prevalence of excessive drinking
- Low prevalence of cigarette smoking
- Low percentage of housing with lead risk

Challenges

- Low volunteerism rate
- High prevalence of avoiding care due to cost
- Low adult flu vaccination rate

Highlights

Occupational Fatalities

16% ▼

from 5.1 to 4.3 deaths per 100,000 workers between 2016-2018 and 2019-2021.

Premature Death

16% ▲

from 8,622 to 10,040 years lost before age 75 per 100,000 population between 2020 and 2021.

Insufficient Sleep

14% ▲

from 32.9% to 37.4% of adults between 2020 and 2022.

Measures

		State Rank	State Value	U.S. Value
Social & Economic Factors		28	0.091	
Community and Family Safety	Homicide (Deaths per 100,000 population)	27	6.9	7.7
	Occupational Fatalities (Deaths per 100,000 workers)	23	4.3	3.9
	Public Health Funding (Dollars per person)	44	\$137	\$183
Economic Resources	Economic Hardship Index (Index from 1-100)	35	64	—
	Food Insecurity (% of households)	33	11.4%	11.2%
	Income Inequality (80-20 Ratio)	27	4.63	4.92
Education	Fourth Grade Reading Proficiency (% of public school students)	2	39.0%	32.1%
	High School Completion (% of adults ages 25+)	36	89.9%	89.6%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	13	12.7%	14.0%
	High-Speed Internet (% of households)	18	93.1%	92.9%
	Residential Segregation - Black/White (Index from 0-100)	16	60	—
	Volunteerism (% of population ages 16+)	50	15.8%	23.2%
	Voter Participation (% of U.S. citizens ages 18+)	40	55.6%	59.5%
Physical Environment		38	0.073	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	24	7.6	8.6
	Drinking Water Violations (Average number of violations per community water system)	45	3.1	2.7
	Water Fluoridation (% of population served)	22	78.5%	72.7%
Climate and Health	Climate Policies (Number of four policies)	29	1	—
	Climate Risks (% of population)*	40	63.6%	35.5%
	Renewable Energy (% of total electricity generated)*	42	5.2%	20.5%
Housing and Transit	Housing With Lead Risk (% of housing stock)	4	7.7%	16.5%
	Severe Housing Problems (% of occupied housing units)	44	18.8%	16.7%
	Transportation Health Risks (% of population)*	36	24.1%	24.0%
Clinical Care		44	-0.793	
Access to Care	Avoided Care Due to Cost (% of adults)	43	13.3%	10.1%
	Dental Care Providers (Number per 100,000 population)	35	56.6	64.6
	Mental Health Providers (Number per 100,000 population)	42	214.6	324.9
	Primary Care Providers (Number per 100,000 population)	17	262.9	232.0
	Uninsured (% of population)	46	11.2%	8.0%
Preventive Clinical Services	Childhood Immunizations (% of children by age 24 months)	34	68.7%	70.0%
	Colorectal Cancer Screening (% of adults ages 45-75)	38	58.5%	61.8%
	Dental Visit (% of adults)	37	61.2%	66.0%
	Flu Vaccination (% of adults)	46	39.0%	45.6%
	HPV Vaccination (% of adolescents ages 13-17)	39	58.9%	62.6%
Quality of Care	Dedicated Health Care Provider (% of adults)	43	79.2%	83.8%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+)	41	3,092	2,681
Behaviors		27	0.086	
Nutrition and Physical Activity	Exercise (% of adults)	4	27.0%	23.0%
	Fruit and Vegetable Consumption (% of adults)	—	—	7.4%
	Physical Inactivity (% of adults)	33	24.5%	23.4%
Sexual Health	Chlamydia (Cases per 100,000 population)	24	479.3	495.5
	High-Risk HIV Behaviors (% of adults)	34	6.2%	5.7%
	Teen Births (Births per 1,000 females ages 15-19)	25	13.5	13.9
Sleep Health	Insufficient Sleep (% of adults)	35	37.4%	35.5%
Tobacco Use	Smoking (% of adults)	11	11.3%	14.0%
Health Outcomes		23	0.151	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	33	36.5	32.1
	Excessive Drinking (% of adults)	12	16.7%	18.4%
	Frequent Mental Distress (% of adults)	17	15.0%	15.9%
	Non-medical Drug Use (% of adults)	39	16.7%	15.9%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	30	10,040	9,478
	Premature Death Racial Disparity (Ratio)	3	1.1	1.6
Physical Health	Frequent Physical Distress (% of adults)	31	13.0%	12.4%
	Low Birth Weight (% of live births)	34	9.0%	8.5%
	Low Birth Weight Racial Disparity (Ratio)	24	2.0	2.1
	Multiple Chronic Conditions (% of adults)	26	11.3%	11.2%
	Obesity (% of adults)	14	31.6%	33.6%
Overall		31	-0.029	

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Georgia

State Health Department Website: dph.georgia.gov

Summary

Strengths

- Low prevalence of excessive drinking
- Low prevalence of cigarette smoking
- Low percentage of housing with lead risk

Challenges

- High homicide rate
- High prevalence of avoiding care due to cost
- High incidence of chlamydia

Highlights

Drug Deaths

29% ▲

from 17.8 to 22.9 deaths per 100,000 population between 2020 and 2021.

Smoking

17% ▼

from 15.0% to 12.5% of adults between 2021 and 2022.

Firearm Deaths

15% ▲

from 17.7 to 20.3 deaths per 100,000 population between 2020 and 2021.

Overall Rank

37

Measures

		State Rank	State Value	U.S. Value
Social & Economic Factors		33	-0.080	
Community and Family Safety	Homicide (Deaths per 100,000 population)	40	10.7	7.7
	Occupational Fatalities (Deaths per 100,000 workers)	36	5.4	3.9
	Public Health Funding (Dollars per person)	24	\$192	\$183
Economic Resources	Economic Hardship Index (Index from 1-100)	30	53	—
	Food Insecurity (% of households)	31	11.3%	11.2%
	Income Inequality (80-20 Ratio)	31	4.72	4.92
Education	Fourth Grade Reading Proficiency (% of public school students)	27	31.5%	32.1%
	High School Completion (% of adults ages 25+)	38	89.5%	89.6%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	21	14.9%	14.0%
	High-Speed Internet (% of households)	25	92.8%	92.9%
	Residential Segregation - Black/White (Index from 0-100)	12	58	—
	Volunteerism (% of population ages 16+)	43	19.9%	23.2%
	Voter Participation (% of U.S. citizens ages 18+)	17	61.5%	59.5%
Physical Environment		29	0.225	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	38	8.6	8.6
	Drinking Water Violations (Average number of violations per community water system)	41	2.7	2.7
	Water Fluoridation (% of population served)	6	94.9%	72.7%
Climate and Health	Climate Policies (Number of four policies)	36	0	—
	Climate Risks (% of population)*	12	12.9%	35.5%
	Renewable Energy (% of total electricity generated)*	35	8.2%	20.5%
Housing and Transit	Housing With Lead Risk (% of housing stock)	5	8.5%	16.5%
	Severe Housing Problems (% of occupied housing units)	30	15.2%	16.7%
	Transportation Health Risks (% of population)*	40	26.4%	24.0%
Clinical Care		47	-1.099	
Access to Care	Avoided Care Due to Cost (% of adults)	48	14.8%	10.1%
	Dental Care Providers (Number per 100,000 population)	46	46.7	64.6
	Mental Health Providers (Number per 100,000 population)	47	185.9	324.9
	Primary Care Providers (Number per 100,000 population)	42	209.3	232.0
	Uninsured (% of population)	48	11.7%	8.0%
Preventive Clinical Services	Childhood Immunizations (% of children by age 24 months)	48	64.5%	70.0%
	Colorectal Cancer Screening (% of adults ages 45-75)	39	58.1%	61.8%
	Dental Visit (% of adults)	43	59.9%	66.0%
	Flu Vaccination (% of adults)	39	40.6%	45.6%
	HPV Vaccination (% of adolescents ages 13-17)	30	61.5%	62.6%
Quality of Care	Dedicated Health Care Provider (% of adults)	44	78.9%	83.8%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+)	38	3,055	2,681
Behaviors		35	-0.269	
Nutrition and Physical Activity	Exercise (% of adults)	18	24.1%	23.0%
	Fruit and Vegetable Consumption (% of adults)	11	8.9%	7.4%
	Physical Inactivity (% of adults)	28	23.8%	23.4%
Sexual Health	Chlamydia (Cases per 100,000 population)	45	629.1	495.5
	High-Risk HIV Behaviors (% of adults)	44	7.0%	5.7%
	Teen Births (Births per 1,000 females ages 15-19)	35	16.6	13.9
Sleep Health	Insufficient Sleep (% of adults)	40	38.1%	35.5%
Tobacco Use	Smoking (% of adults)	19	12.5%	14.0%
Health Outcomes		32	-0.144	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	12	22.9	32.1
	Excessive Drinking (% of adults)	9	15.7%	18.4%
	Frequent Mental Distress (% of adults)	28	16.1%	15.9%
	Non-medical Drug Use (% of adults)	40	17.0%	15.9%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	36	10,980	9,478
	Premature Death Racial Disparity (Ratio)	6	1.2	1.6
Physical Health	Frequent Physical Distress (% of adults)	31	13.0%	12.4%
	Low Birth Weight (% of live births)	48	10.6%	8.5%
	Low Birth Weight Racial Disparity (Ratio)	24	2.0	2.1
	Multiple Chronic Conditions (% of adults)	21	10.7%	11.2%
	Obesity (% of adults)	37	37.0%	33.6%
Overall		37	-0.256	

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Hawaii

State Health Department Website: health.hawaii.gov

Overall Rank

6

Summary

Strengths

- Low prevalence of frequent mental distress
- Low prevalence of multiple chronic conditions
- Low prevalence of avoiding care due to cost

Challenges

- High economic hardship index score
- Low volunteerism rate
- High prevalence of insufficient sleep

Highlights

Diabetes

50% ▲

from 7.8% to 11.7% of adults between 2012 and 2022.

Mental Health Providers

29% ▲

from 241.0 to 310.7 per 100,000 population between September 2018 and September 2023.

Housing Cost Burden

12% ▲

from 41.4% to 46.3% of households between 2021 and 2022.

Measures

		State Rank	State Value	U.S. Value
Social & Economic Factors		12	0.469	
Community and Family Safety	Homicide (Deaths per 100,000 population)	7	3.0	7.7
	Occupational Fatalities (Deaths per 100,000 workers)	8	3.4	3.9
	Public Health Funding (Dollars per person)	5	\$255	\$183
Economic Resources	Economic Hardship Index (Index from 1-100)	36	65	—
	Food Insecurity (% of households)	12	9.1%	11.2%
	Income Inequality (80-20 Ratio)	20	4.53	4.92
Education	Fourth Grade Reading Proficiency (% of public school students)	8	35.2%	32.1%
	High School Completion (% of adults ages 25+)	14	92.9%	89.6%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	11	12.5%	14.0%
	High-Speed Internet (% of households)	16	93.6%	92.9%
	Residential Segregation - Black/White (Index from 0-100)	20	63	—
	Volunteerism (% of population ages 16+)	45	19.7%	23.2%
	Voter Participation (% of U.S. citizens ages 18+)	34	57.2%	59.5%
Physical Environment		27	0.245	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	1	4.1	8.6
	Drinking Water Violations (Average number of violations per community water system)	1	0.0	2.7
	Water Fluoridation (% of population served)	50	8.5%	72.7%
Climate and Health	Climate Policies (Number of four policies)	13	3	—
	Climate Risks (% of population)*	22	31.0%	35.5%
	Renewable Energy (% of total electricity generated)*	23	18.5%	20.5%
Housing and Transit	Housing With Lead Risk (% of housing stock)	12	10.7%	16.5%
	Severe Housing Problems (% of occupied housing units)	49	25.7%	16.7%
	Transportation Health Risks (% of population)*	49	47.5%	24.0%
Clinical Care		4	1.084	
Access to Care	Avoided Care Due to Cost (% of adults)	1	5.7%	10.1%
	Dental Care Providers (Number per 100,000 population)	4	79.1	64.6
	Mental Health Providers (Number per 100,000 population)	27	310.7	324.9
	Primary Care Providers (Number per 100,000 population)	41	212.6	232.0
	Uninsured (% of population)	2	3.5%	8.0%
Preventive Clinical Services	Childhood Immunizations (% of children by age 24 months)	17	73.1%	70.0%
	Colorectal Cancer Screening (% of adults ages 45-75)	22	62.5%	61.8%
	Dental Visit (% of adults)	3	71.9%	66.0%
	Flu Vaccination (% of adults)	9	51.1%	45.6%
Quality of Care	HPV Vaccination (% of adolescents ages 13-17)	6	74.2%	62.6%
	Dedicated Health Care Provider (% of adults)	6	88.4%	83.8%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+)	2	1,435	2,681
Behaviors		17	0.300	
Nutrition and Physical Activity	Exercise (% of adults)	14	24.8%	23.0%
	Fruit and Vegetable Consumption (% of adults)	19	7.9%	7.4%
	Physical Inactivity (% of adults)	11	21.3%	23.4%
Sexual Health	Chlamydia (Cases per 100,000 population)	17	421.6	495.5
	High-Risk HIV Behaviors (% of adults)	16	5.5%	5.7%
	Teen Births (Births per 1,000 females ages 15-19)	22	12.3	13.9
Sleep Health	Insufficient Sleep (% of adults)	50	45.6%	35.5%
Tobacco Use	Smoking (% of adults)	4	10.0%	14.0%
Health Outcomes		1	1.071	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	6	18.6	32.1
	Excessive Drinking (% of adults)	38	19.9%	18.4%
	Frequent Mental Distress (% of adults)	1	11.5%	15.9%
	Non-medical Drug Use (% of adults)	7	10.7%	15.9%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	2	6,911	9,478
	Premature Death Racial Disparity (Ratio)	1	1.0	1.6
Physical Health	Frequent Physical Distress (% of adults)	1	9.5%	12.4%
	Low Birth Weight (% of live births)	30	8.8%	8.5%
	Low Birth Weight Racial Disparity (Ratio)	17	1.9	2.1
	Multiple Chronic Conditions (% of adults)	1	7.0%	11.2%
	Obesity (% of adults)	2	25.9%	33.6%
Overall		6	0.655	

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- Low homicide rate
- Low income inequality
- Low preventable hospitalization rate

Challenges

- High prevalence of frequent physical distress
- Low adult flu vaccination rate
- High Black/white residential segregation


Highlights

HPV Vaccination Coverage

52% 

from 44.1% to 66.9% of adolescents ages 13-17 between 2019 and 2022.

Air Pollution

24% 

from 6.6 to 8.2 micrograms of fine particulate matter per cubic meter between 2017-2019 and 2020-2022.

Premature Death

17% 

from 7,145 to 8,365 years lost before age 75 per 100,000 population between 2020 and 2021.

Measures

		State Rank	State Value	U.S. Value
Social & Economic Factors		23	0.237	
Community and Family Safety	Homicide (Deaths per 100,000 population)	4	2.2	7.7
	Occupational Fatalities (Deaths per 100,000 workers)	12	3.6	3.9
	Public Health Funding (Dollars per person)	18	\$210	\$183
Economic Resources	Economic Hardship Index (Index from 1-100)	25	50	—
	Food Insecurity (% of households)	24	10.5%	11.2%
	Income Inequality (80-20 Ratio)	2	3.94	4.92
Education	Fourth Grade Reading Proficiency (% of public school students)	25	31.9%	32.1%
	High School Completion (% of adults ages 25+)	19	92.0%	89.6%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	30	16.1%	14.0%
	High-Speed Internet (% of households)	13	93.9%	92.9%
	Residential Segregation - Black/White (Index from 0-100)	50	81	—
	Volunteerism (% of population ages 16+)	15	28.2%	23.2%
	Voter Participation (% of U.S. citizens ages 18+)	37	56.6%	59.5%
Physical Environment		45	-0.135	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	32	8.2	8.6
	Drinking Water Violations (Average number of violations per community water system)	39	2.5	2.7
	Water Fluoridation (% of population served)	46	31.4%	72.7%
Climate and Health	Climate Policies (Number of four policies)	36	0	—
	Climate Risks (% of population)*	21	30.9%	35.5%
	Renewable Energy (% of total electricity generated)*	4	70.8%	20.5%
Housing and Transit	Housing With Lead Risk (% of housing stock)	17	11.8%	16.5%
	Severe Housing Problems (% of occupied housing units)	15	13.1%	16.7%
	Transportation Health Risks (% of population)*	7	5.7%	24.0%
Clinical Care		23	0.098	
Access to Care	Avoided Care Due to Cost (% of adults)	34	11.3%	10.1%
	Dental Care Providers (Number per 100,000 population)	28	59.0	64.6
	Mental Health Providers (Number per 100,000 population)	33	262.8	324.9
	Primary Care Providers (Number per 100,000 population)	38	218.0	232.0
	Uninsured (% of population)	32	8.2%	8.0%
Preventive Clinical Services	Childhood Immunizations (% of children by age 24 months)	15	73.2%	70.0%
	Colorectal Cancer Screening (% of adults ages 45-75)	31	60.6%	61.8%
	Dental Visit (% of adults)	9	68.7%	66.0%
	Flu Vaccination (% of adults)	45	39.2%	45.6%
	HPV Vaccination (% of adolescents ages 13-17)	17	66.9%	62.6%
Quality of Care	Dedicated Health Care Provider (% of adults)	21	84.2%	83.8%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+)	1	1,432	2,681
Behaviors		13	0.441	
Nutrition and Physical Activity	Exercise (% of adults)	32	21.7%	23.0%
	Fruit and Vegetable Consumption (% of adults)	44	5.4%	7.4%
	Physical Inactivity (% of adults)	13	21.5%	23.4%
Sexual Health	Chlamydia (Cases per 100,000 population)	5	332.5	495.5
	High-Risk HIV Behaviors (% of adults)	4	4.9%	5.7%
	Teen Births (Births per 1,000 females ages 15-19)	20	12.0	13.9
Sleep Health	Insufficient Sleep (% of adults)	10	32.5%	35.5%
Tobacco Use	Smoking (% of adults)	15	11.9%	14.0%
Health Outcomes		11	0.468	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	9	19.2	32.1
	Excessive Drinking (% of adults)	15	17.1%	18.4%
	Frequent Mental Distress (% of adults)	18	15.1%	15.9%
	Non-medical Drug Use (% of adults)	44	18.7%	15.9%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	18	8,365	9,478
	Premature Death Racial Disparity (Ratio)	1	1.0	1.6
Physical Health	Frequent Physical Distress (% of adults)	37	13.5%	12.4%
	Low Birth Weight (% of live births)	2	6.7%	8.5%
	Low Birth Weight Racial Disparity (Ratio)	2	1.4	2.1
	Multiple Chronic Conditions (% of adults)	19	10.5%	11.2%
	Obesity (% of adults)	19	33.2%	33.6%
Overall		20	0.277	

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths


- Low prevalence of frequent mental distress
- Low prevalence of multiple chronic conditions
- High supply of dental care providers

Challenges

- High Black/white residential segregation
- High preventable hospitalization rate
- High levels of air pollution

Highlights

Homicide

44% 

from 7.8 to 11.2 deaths per 100,000 population between 2018-2019 and 2020-2021.

Diabetes

28% 

from 9.4% to 12.0% of adults between 2012 and 2022.

Renewable Energy

23% 

from 11.1% to 13.7% of total electricity generated between 2021 and 2022.

Measures

		State Rank	State Value	U.S. Value
Social & Economic Factors		31	0.021	
Community and Family Safety	Homicide (Deaths per 100,000 population)	42	11.2	7.7
	Occupational Fatalities (Deaths per 100,000 workers)	9	3.5	3.9
	Public Health Funding (Dollars per person)	32	\$172	\$183
Economic Resources	Economic Hardship Index (Index from 1-100)	30	53	—
	Food Insecurity (% of households)	25	10.6%	11.2%
	Income Inequality (80-20 Ratio)	36	4.93	4.92
Education	Fourth Grade Reading Proficiency (% of public school students)	17	33.3%	32.1%
	High School Completion (% of adults ages 25+)	32	90.4%	89.6%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	11	12.5%	14.0%
	High-Speed Internet (% of households)	18	93.1%	92.9%
	Residential Segregation - Black/White (Index from 0-100)	43	73	—
	Volunteerism (% of population ages 16+)	14	28.3%	23.2%
	Voter Participation (% of U.S. citizens ages 18+)	23	60.3%	59.5%
Physical Environment		28	0.227	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	46	9.8	8.6
	Drinking Water Violations (Average number of violations per community water system)	18	1.7	2.7
	Water Fluoridation (% of population served)	3	98.4%	72.7%
Climate and Health	Climate Policies (Number of four policies)	13	3	—
	Climate Risks (% of population)*	9	9.8%	35.5%
	Renewable Energy (% of total electricity generated)*	25	13.7%	20.5%
Housing and Transit	Housing With Lead Risk (% of housing stock)	43	23.7%	16.5%
	Severe Housing Problems (% of occupied housing units)	34	15.7%	16.7%
	Transportation Health Risks (% of population)*	41	26.6%	24.0%
Clinical Care		27	-0.052	
Access to Care	Avoided Care Due to Cost (% of adults)	32	10.8%	10.1%
	Dental Care Providers (Number per 100,000 population)	6	75.9	64.6
	Mental Health Providers (Number per 100,000 population)	25	325.2	324.9
	Primary Care Providers (Number per 100,000 population)	31	234.7	232.0
	Uninsured (% of population)	23	6.6%	8.0%
Preventive Clinical Services	Childhood Immunizations (% of children by age 24 months)	30	70.0%	70.0%
	Colorectal Cancer Screening (% of adults ages 45-75)	29	60.9%	61.8%
	Dental Visit (% of adults)	25	65.9%	66.0%
	Flu Vaccination (% of adults)	29	44.4%	45.6%
	HPV Vaccination (% of adolescents ages 13-17)	20	65.7%	62.6%
Quality of Care	Dedicated Health Care Provider (% of adults)	32	82.0%	83.8%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+)	45	3,340	2,681
Behaviors		28	0.066	
Nutrition and Physical Activity	Exercise (% of adults)	23	23.4%	23.0%
	Fruit and Vegetable Consumption (% of adults)	39	6.2%	7.4%
	Physical Inactivity (% of adults)	20	22.8%	23.4%
Sexual Health	Chlamydia (Cases per 100,000 population)	39	566.9	495.5
	High-Risk HIV Behaviors (% of adults)	16	5.5%	5.7%
	Teen Births (Births per 1,000 females ages 15-19)	15	11.1	13.9
Sleep Health	Insufficient Sleep (% of adults)	29	36.0%	35.5%
Tobacco Use	Smoking (% of adults)	17	12.4%	14.0%
Health Outcomes		19	0.259	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	22	29.5	32.1
	Excessive Drinking (% of adults)	21	18.0%	18.4%
	Frequent Mental Distress (% of adults)	5	13.7%	15.9%
	Non-medical Drug Use (% of adults)	13	11.7%	15.9%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	20	8,638	9,478
	Premature Death Racial Disparity (Ratio)	36	2.0	1.6
Physical Health	Frequent Physical Distress (% of adults)	28	12.5%	12.4%
	Low Birth Weight (% of live births)	27	8.5%	8.5%
	Low Birth Weight Racial Disparity (Ratio)	43	2.2	2.1
	Multiple Chronic Conditions (% of adults)	9	9.3%	11.2%
	Obesity (% of adults)	22	33.3%	33.6%
Overall		25	0.099	

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Indiana

State Health Department Website: in.gov/health

Overall Rank

35

Summary

Strengths

- Low prevalence of excessive drinking
- Low income inequality
- Low percentage of households experiencing severe housing problems

Challenges

- High occupational fatality rate
- Low voter participation
- High prevalence of physical inactivity

Highlights

Mental Health Providers

36% ▲

from 153.0 to 207.4 per 100,000 population between September 2018 and September 2023.

Chronic Kidney Disease

31% ▲

from 3.2% to 4.2% of adults between 2020 and 2022.

Drug Deaths

20% ▲

from 35.2 to 42.1 deaths per 100,000 population between 2020 and 2021.

Measures

		State Rank	State Value	U.S. Value
Social & Economic Factors		36	-0.233	
Community and Family Safety	Homicide (Deaths per 100,000 population)	38	9.2	7.7
	Occupational Fatalities (Deaths per 100,000 workers)	44	6.3	3.9
	Public Health Funding (Dollars per person)	47	\$135	\$183
Economic Resources	Economic Hardship Index (Index from 1-100)	33	55	—
	Food Insecurity (% of households)	26	10.7%	11.2%
	Income Inequality (80-20 Ratio)	9	4.31	4.92
Education	Fourth Grade Reading Proficiency (% of public school students)	19	32.9%	32.1%
	High School Completion (% of adults ages 25+)	34	90.2%	89.6%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	36	17.5%	14.0%
	High-Speed Internet (% of households)	32	92.2%	92.9%
	Residential Segregation - Black/White (Index from 0-100)	37	69	—
	Volunteerism (% of population ages 16+)	18	27.6%	23.2%
	Voter Participation (% of U.S. citizens ages 18+)	48	51.5%	59.5%
Physical Environment		34	0.165	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	41	8.8	8.6
	Drinking Water Violations (Average number of violations per community water system)	31	2.1	2.7
	Water Fluoridation (% of population served)	10	92.4%	72.7%
Climate and Health	Climate Policies (Number of four policies)	36	0	—
	Climate Risks (% of population)*	11	11.7%	35.5%
	Renewable Energy (% of total electricity generated)*	29	12.1%	20.5%
Housing and Transit	Housing With Lead Risk (% of housing stock)	35	20.0%	16.5%
	Severe Housing Problems (% of occupied housing units)	6	12.2%	16.7%
	Transportation Health Risks (% of population)*	17	13.2%	24.0%
Clinical Care		33	-0.234	
Access to Care	Avoided Care Due to Cost (% of adults)	21	9.8%	10.1%
	Dental Care Providers (Number per 100,000 population)	41	52.8	64.6
	Mental Health Providers (Number per 100,000 population)	43	207.4	324.9
	Primary Care Providers (Number per 100,000 population)	30	236.8	232.0
	Uninsured (% of population)	28	7.0%	8.0%
Preventive Clinical Services	Childhood Immunizations (% of children by age 24 months)	37	67.9%	70.0%
	Colorectal Cancer Screening (% of adults ages 45-75)	30	60.8%	61.8%
	Dental Visit (% of adults)	33	63.1%	66.0%
	Flu Vaccination (% of adults)	25	45.6%	45.6%
	HPV Vaccination (% of adolescents ages 13-17)	36	59.6%	62.6%
Quality of Care	Dedicated Health Care Provider (% of adults)	19	84.4%	83.8%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+)	42	3,111	2,681
Behaviors		37	-0.410	
Nutrition and Physical Activity	Exercise (% of adults)	34	21.1%	23.0%
	Fruit and Vegetable Consumption (% of adults)	16	8.7%	7.4%
	Physical Inactivity (% of adults)	43	27.5%	23.4%
Sexual Health	Chlamydia (Cases per 100,000 population)	31	510.7	495.5
	High-Risk HIV Behaviors (% of adults)	21	5.6%	5.7%
	Teen Births (Births per 1,000 females ages 15-19)	36	17.0	13.9
Sleep Health	Insufficient Sleep (% of adults)	37	37.7%	35.5%
Tobacco Use	Smoking (% of adults)	42	16.2%	14.0%
Health Outcomes		33	-0.157	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	39	42.1	32.1
	Excessive Drinking (% of adults)	10	15.8%	18.4%
	Frequent Mental Distress (% of adults)	40	16.8%	15.9%
	Non-medical Drug Use (% of adults)	34	15.6%	15.9%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	35	10,952	9,478
	Premature Death Racial Disparity (Ratio)	20	1.4	1.6
Physical Health	Frequent Physical Distress (% of adults)	35	13.4%	12.4%
	Low Birth Weight (% of live births)	25	8.4%	8.5%
	Low Birth Weight Racial Disparity (Ratio)	24	2.0	2.1
	Multiple Chronic Conditions (% of adults)	39	12.8%	11.2%
	Obesity (% of adults)	40	37.7%	33.6%
Overall		35	-0.210	

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- Low prevalence of frequent mental distress
- Low homicide rate
- High prevalence of high school completion

Challenges

- High prevalence of excessive drinking
- Low supply of mental health providers
- High percentage of housing with lead risk

Highlights

Diabetes

20% ▲

from 9.7% to 11.6% of adults between 2021 and 2022.

Renewable Energy

13% ▲

from 57.3% to 64.9% of total electricity generated between 2021 and 2022.

Primary Care Providers

10% ▼

from 266.5 to 239.6 per 100,000 population between September 2022 and September 2023.

Measures

		State Rank	State Value	U.S. Value
Social & Economic Factors		9	0.527	
Community and Family Safety	Homicide (Deaths per 100,000 population)	8	3.1	7.7
	Occupational Fatalities (Deaths per 100,000 workers)	32	5.0	3.9
	Public Health Funding (Dollars per person)	33	\$171	\$183
Economic Resources	Economic Hardship Index (Index from 1-100)	14	37	—
	Food Insecurity (% of households)	9	8.9%	11.2%
	Income Inequality (80-20 Ratio)	5	4.21	4.92
Education	Fourth Grade Reading Proficiency (% of public school students)	18	33.0%	32.1%
	High School Completion (% of adults ages 25+)	8	93.5%	89.6%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	23	15.4%	14.0%
	High-Speed Internet (% of households)	32	92.2%	92.9%
	Residential Segregation - Black/White (Index from 0-100)	20	63	—
	Volunteerism (% of population ages 16+)	10	29.9%	23.2%
	Voter Participation (% of U.S. citizens ages 18+)	19	61.2%	59.5%
Physical Environment		11	0.522	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	27	7.7	8.6
	Drinking Water Violations (Average number of violations per community water system)	6	1.4	2.7
	Water Fluoridation (% of population served)	14	89.8%	72.7%
Climate and Health	Climate Policies (Number of four policies)	26	2	—
	Climate Risks (% of population)*	27	36.6%	35.5%
	Renewable Energy (% of total electricity generated)*	6	64.9%	20.5%
Housing and Transit	Housing With Lead Risk (% of housing stock)	45	24.4%	16.5%
	Severe Housing Problems (% of occupied housing units)	3	11.5%	16.7%
	Transportation Health Risks (% of population)*	8	6.1%	24.0%
Clinical Care		10	0.640	
Access to Care	Avoided Care Due to Cost (% of adults)	4	7.3%	10.1%
	Dental Care Providers (Number per 100,000 population)	26	60.8	64.6
	Mental Health Providers (Number per 100,000 population)	43	207.4	324.9
	Primary Care Providers (Number per 100,000 population)	26	239.6	232.0
	Uninsured (% of population)	5	4.5%	8.0%
Preventive Clinical Services	Childhood Immunizations (% of children by age 24 months)	11	75.5%	70.0%
	Colorectal Cancer Screening (% of adults ages 45-75)	8	64.1%	61.8%
	Dental Visit (% of adults)	12	68.3%	66.0%
	Flu Vaccination (% of adults)	16	48.3%	45.6%
	HPV Vaccination (% of adolescents ages 13-17)	4	74.9%	62.6%
Quality of Care	Dedicated Health Care Provider (% of adults)	34	81.9%	83.8%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+)	17	2,355	2,681
Behaviors		30	-0.095	
Nutrition and Physical Activity	Exercise (% of adults)	40	20.0%	23.0%
	Fruit and Vegetable Consumption (% of adults)	31	6.7%	7.4%
	Physical Inactivity (% of adults)	39	25.9%	23.4%
Sexual Health	Chlamydia (Cases per 100,000 population)	28	489.2	495.5
	High-Risk HIV Behaviors (% of adults)	7	5.3%	5.7%
	Teen Births (Births per 1,000 females ages 15-19)	23	12.7	13.9
Sleep Health	Insufficient Sleep (% of adults)	15	32.9%	35.5%
Tobacco Use	Smoking (% of adults)	29	14.7%	14.0%
Health Outcomes		14	0.354	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	3	15.4	32.1
	Excessive Drinking (% of adults)	48	22.6%	18.4%
	Frequent Mental Distress (% of adults)	4	13.5%	15.9%
	Non-medical Drug Use (% of adults)	19	13.1%	15.9%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	14	7,875	9,478
	Premature Death Racial Disparity (Ratio)	27	1.6	1.6
Physical Health	Frequent Physical Distress (% of adults)	7	10.8%	12.4%
	Low Birth Weight (% of live births)	3	6.8%	8.5%
	Low Birth Weight Racial Disparity (Ratio)	17	1.9	2.1
	Multiple Chronic Conditions (% of adults)	14	9.9%	11.2%
	Obesity (% of adults)	38	37.4%	33.6%
Overall		15	0.376	

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- High volunteerism rate
- Low prevalence of high-risk HIV behaviors
- Low percentage of households experiencing severe housing problems

Challenges

- High prevalence of obesity
- High occupational fatality rate
- None of four climate policies in place

Highlights

Drug Deaths

38% ▲

from 17.4 to 24.0 deaths per 100,000 population between 2020 and 2021.

Mental Health Providers

32% ▲

from 189.7 to 250.2 per 100,000 population between September 2018 and September 2023.

Asthma

18% ▲

from 9.1% to 10.7% of adults between 2017 and 2022.

Measures

		State Rank	State Value	U.S. Value
Social & Economic Factors		26	0.161	
Community and Family Safety	Homicide (Deaths per 100,000 population)	24	6.4	7.7
	Occupational Fatalities (Deaths per 100,000 workers)	42	5.8	3.9
	Public Health Funding (Dollars per person)	39	\$151	\$183
Economic Resources	Economic Hardship Index (Index from 1-100)	29	52	—
	Food Insecurity (% of households)	16	9.6%	11.2%
	Income Inequality (80-20 Ratio)	18	4.45	4.92
Education	Fourth Grade Reading Proficiency (% of public school students)	34	30.5%	32.1%
	High School Completion (% of adults ages 25+)	18	92.1%	89.6%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	38	17.7%	14.0%
	High-Speed Internet (% of households)	18	93.1%	92.9%
	Residential Segregation - Black/White (Index from 0-100)	16	60	—
	Volunteerism (% of population ages 16+)	7	31.5%	23.2%
	Voter Participation (% of U.S. citizens ages 18+)	15	62.6%	59.5%
Physical Environment		41	-0.105	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	42	8.9	8.6
	Drinking Water Violations (Average number of violations per community water system)	38	2.4	2.7
	Water Fluoridation (% of population served)	33	65.4%	72.7%
Climate and Health	Climate Policies (Number of four policies)	36	0	—
	Climate Risks (% of population)*	28	40.3%	35.5%
	Renewable Energy (% of total electricity generated)*	9	48.0%	20.5%
Housing and Transit	Housing With Lead Risk (% of housing stock)	36	20.1%	16.5%
	Severe Housing Problems (% of occupied housing units)	8	12.3%	16.7%
	Transportation Health Risks (% of population)*	4	3.5%	24.0%
Clinical Care		29	-0.091	
Access to Care	Avoided Care Due to Cost (% of adults)	32	10.8%	10.1%
	Dental Care Providers (Number per 100,000 population)	37	55.7	64.6
	Mental Health Providers (Number per 100,000 population)	37	250.2	324.9
	Primary Care Providers (Number per 100,000 population)	20	258.7	232.0
	Uninsured (% of population)	36	8.6%	8.0%
Preventive Clinical Services	Childhood Immunizations (% of children by age 24 months)	24	70.8%	70.0%
	Colorectal Cancer Screening (% of adults ages 45-75)	32	60.0%	61.8%
	Dental Visit (% of adults)	24	66.0%	66.0%
	Flu Vaccination (% of adults)	23	46.2%	45.6%
	HPV Vaccination (% of adolescents ages 13-17)	32	60.7%	62.6%
Quality of Care	Dedicated Health Care Provider (% of adults)	19	84.4%	83.8%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+)	24	2,576	2,681
Behaviors		31	-0.148	
Nutrition and Physical Activity	Exercise (% of adults)	37	20.8%	23.0%
	Fruit and Vegetable Consumption (% of adults)	33	6.5%	7.4%
	Physical Inactivity (% of adults)	23	23.3%	23.4%
Sexual Health	Chlamydia (Cases per 100,000 population)	29	506.1	495.5
	High-Risk HIV Behaviors (% of adults)	6	5.2%	5.7%
	Teen Births (Births per 1,000 females ages 15-19)	34	16.3	13.9
Sleep Health	Insufficient Sleep (% of adults)	24	35.5%	35.5%
Tobacco Use	Smoking (% of adults)	27	14.5%	14.0%
Health Outcomes		27	0.108	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	13	24.0	32.1
	Excessive Drinking (% of adults)	22	18.1%	18.4%
	Frequent Mental Distress (% of adults)	25	15.9%	15.9%
	Non-medical Drug Use (% of adults)	25	14.2%	15.9%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	25	9,582	9,478
	Premature Death Racial Disparity (Ratio)	27	1.6	1.6
Physical Health	Frequent Physical Distress (% of adults)	12	11.5%	12.4%
	Low Birth Weight (% of live births)	13	7.4%	8.5%
	Low Birth Weight Racial Disparity (Ratio)	43	2.2	2.1
	Multiple Chronic Conditions (% of adults)	23	10.9%	11.2%
	Obesity (% of adults)	34	35.7%	33.6%
Overall		29	0.022	

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Kentucky

State Health Department Website: chfs.ky.gov/agencies/dph

Overall Rank

41

Summary

Strengths

- Low prevalence of excessive drinking
- High prevalence of colorectal cancer screening
- High supply of primary care providers

Challenges

- High prevalence of multiple chronic conditions
- High occupational fatality rate
- High prevalence of insufficient sleep

Highlights

Homicide

58% ▲

from 5.7 to 9.0 deaths per 100,000 population between 2018-2019 and 2020-2021.

Diabetes

40% ▲

from 10.6% to 14.8% of adults between 2013 and 2022.

Physical Inactivity

20% ▼

from 32.8% to 26.4% of adults between 2019 and 2022.

Measures

		State Rank	State Value	U.S. Value
Social & Economic Factors		43	-0.624	
Community and Family Safety	Homicide (Deaths per 100,000 population)	37	9.0	7.7
	Occupational Fatalities (Deaths per 100,000 workers)	45	6.4	3.9
	Public Health Funding (Dollars per person)	34	\$169	\$183
Economic Resources	Economic Hardship Index (Index from 1-100)	40	75	—
	Food Insecurity (% of households)	43	13.1%	11.2%
	Income Inequality (80-20 Ratio)	41	5.08	4.92
Education	Fourth Grade Reading Proficiency (% of public school students)	29	31.1%	32.1%
	High School Completion (% of adults ages 25+)	42	89.0%	89.6%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	46	19.5%	14.0%
	High-Speed Internet (% of households)	42	91.3%	92.9%
	Residential Segregation - Black/White (Index from 0-100)	20	63	—
	Volunteerism (% of population ages 16+)	34	22.6%	23.2%
	Voter Participation (% of U.S. citizens ages 18+)	21	60.4%	59.5%
Physical Environment		15	0.493	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	34	8.3	8.6
	Drinking Water Violations (Average number of violations per community water system)	31	2.1	2.7
	Water Fluoridation (% of population served)	1	99.9%	72.7%
Climate and Health	Climate Policies (Number of four policies)	29	1	—
	Climate Risks (% of population)*	18	25.1%	35.5%
	Renewable Energy (% of total electricity generated)*	39	6.8%	20.5%
Housing and Transit	Housing With Lead Risk (% of housing stock)	23	14.0%	16.5%
	Severe Housing Problems (% of occupied housing units)	12	12.8%	16.7%
	Transportation Health Risks (% of population)*	34	23.2%	24.0%
Clinical Care		26	-0.043	
Access to Care	Avoided Care Due to Cost (% of adults)	24	10.0%	10.1%
	Dental Care Providers (Number per 100,000 population)	32	58.2	64.6
	Mental Health Providers (Number per 100,000 population)	28	307.7	324.9
	Primary Care Providers (Number per 100,000 population)	11	270.8	232.0
	Uninsured (% of population)	13	5.6%	8.0%
Preventive Clinical Services	Childhood Immunizations (% of children by age 24 months)	22	71.6%	70.0%
	Colorectal Cancer Screening (% of adults ages 45-75)	10	64.0%	61.8%
	Dental Visit (% of adults)	42	60.3%	66.0%
	Flu Vaccination (% of adults)	33	43.2%	45.6%
Quality of Care	HPV Vaccination (% of adolescents ages 13-17)	44	55.0%	62.6%
	Dedicated Health Care Provider (% of adults)	11	87.0%	83.8%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+)	47	3,435	2,681
Behaviors		41	-0.662	
Nutrition and Physical Activity	Exercise (% of adults)	49	15.3%	23.0%
	Fruit and Vegetable Consumption (% of adults)	11	8.9%	7.4%
	Physical Inactivity (% of adults)	42	26.4%	23.4%
Sexual Health	Chlamydia (Cases per 100,000 population)	16	410.3	495.5
	High-Risk HIV Behaviors (% of adults)	16	5.5%	5.7%
	Teen Births (Births per 1,000 females ages 15-19)	45	22.3	13.9
Sleep Health	Insufficient Sleep (% of adults)	46	39.3%	35.5%
Tobacco Use	Smoking (% of adults)	46	17.4%	14.0%
Health Outcomes		44	-0.514	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	47	53.7	32.1
	Excessive Drinking (% of adults)	2	13.8%	18.4%
	Frequent Mental Distress (% of adults)	28	16.1%	15.9%
	Non-medical Drug Use (% of adults)	47	19.5%	15.9%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	44	13,356	9,478
	Premature Death Racial Disparity (Ratio)	6	1.2	1.6
Physical Health	Frequent Physical Distress (% of adults)	48	15.6%	12.4%
	Low Birth Weight (% of live births)	35	9.1%	8.5%
	Low Birth Weight Racial Disparity (Ratio)	11	1.8	2.1
	Multiple Chronic Conditions (% of adults)	49	17.0%	11.2%
	Obesity (% of adults)	40	37.7%	33.6%
Overall		41	-0.406	

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- Low Black/white residential segregation
- High prevalence of colorectal cancer screening
- Low levels of air pollution

Challenges

- High premature death rate
- High economic hardship index score
- Low prevalence of high school completion

Highlights

Homicide

46% 

from 13.4 to 19.6 deaths per 100,000 population between 2018-2019 and 2020-2021.

Drug Deaths

31% 

from 41.2 to 54.0 deaths per 100,000 population between 2020 and 2021.

Mental Health Providers

16% 

from 271.9 to 314.9 per 100,000 population between September 2018 and September 2023.

Measures

		State Rank	State Value	U.S. Value
Social & Economic Factors		50	-1.160	
Community and Family Safety	Homicide (Deaths per 100,000 population)	49	19.6	7.7
	Occupational Fatalities (Deaths per 100,000 workers)	41	5.7	3.9
	Public Health Funding (Dollars per person)	22	\$196	\$183
Economic Resources	Economic Hardship Index (Index from 1-100)	49	97	—
	Food Insecurity (% of households)	47	15.2%	11.2%
	Income Inequality (80-20 Ratio)	49	5.60	4.92
Education	Fourth Grade Reading Proficiency (% of public school students)	41	28.3%	32.1%
	High School Completion (% of adults ages 25+)	48	87.3%	89.6%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	42	18.6%	14.0%
	High-Speed Internet (% of households)	49	88.2%	92.9%
	Residential Segregation - Black/White (Index from 0-100)	9	57	—
	Volunteerism (% of population ages 16+)	36	21.9%	23.2%
	Voter Participation (% of U.S. citizens ages 18+)	44	55.1%	59.5%
Physical Environment		47	-0.240	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	24	7.6	8.6
	Drinking Water Violations (Average number of violations per community water system)	49	4.1	2.7
	Water Fluoridation (% of population served)	45	38.0%	72.7%
Climate and Health	Climate Policies (Number of four policies)	26	2	—
	Climate Risks (% of population)*	47	78.7%	35.5%
	Renewable Energy (% of total electricity generated)*	49	1.1%	20.5%
Housing and Transit	Housing With Lead Risk (% of housing stock)	18	12.3%	16.5%
	Severe Housing Problems (% of occupied housing units)	31	15.3%	16.7%
	Transportation Health Risks (% of population)*	46	35.6%	24.0%
Clinical Care		38	-0.492	
Access to Care	Avoided Care Due to Cost (% of adults)	40	12.1%	10.1%
	Dental Care Providers (Number per 100,000 population)	44	50.9	64.6
	Mental Health Providers (Number per 100,000 population)	26	314.9	324.9
	Primary Care Providers (Number per 100,000 population)	39	216.9	232.0
	Uninsured (% of population)	27	6.9%	8.0%
Preventive Clinical Services	Childhood Immunizations (% of children by age 24 months)	49	63.7%	70.0%
	Colorectal Cancer Screening (% of adults ages 45-75)	16	63.2%	61.8%
	Dental Visit (% of adults)	41	60.4%	66.0%
	Flu Vaccination (% of adults)	44	39.4%	45.6%
	HPV Vaccination (% of adolescents ages 13-17)	16	67.3%	62.6%
Quality of Care	Dedicated Health Care Provider (% of adults)	15	85.4%	83.8%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+)	49	3,548	2,681
Behaviors		49	-1.365	
Nutrition and Physical Activity	Exercise (% of adults)	42	19.7%	23.0%
	Fruit and Vegetable Consumption (% of adults)	39	6.2%	7.4%
	Physical Inactivity (% of adults)	45	28.3%	23.4%
Sexual Health	Chlamydia (Cases per 100,000 population)	47	730.1	495.5
	High-Risk HIV Behaviors (% of adults)	48	7.3%	5.7%
	Teen Births (Births per 1,000 females ages 15-19)	48	24.5	13.9
Sleep Health	Insufficient Sleep (% of adults)	47	39.8%	35.5%
Tobacco Use	Smoking (% of adults)	43	16.7%	14.0%
Health Outcomes		48	-0.915	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	48	54.0	32.1
	Excessive Drinking (% of adults)	30	18.8%	18.4%
	Frequent Mental Distress (% of adults)	47	20.1%	15.9%
	Non-medical Drug Use (% of adults)	16	12.5%	15.9%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	47	13,831	9,478
	Premature Death Racial Disparity (Ratio)	20	1.4	1.6
Physical Health	Frequent Physical Distress (% of adults)	45	14.9%	12.4%
	Low Birth Weight (% of live births)	49	11.3%	8.5%
	Low Birth Weight Racial Disparity (Ratio)	35	2.1	2.1
	Multiple Chronic Conditions (% of adults)	45	14.8%	11.2%
	Obesity (% of adults)	49	40.1%	33.6%
Overall		50	-0.948	

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Maine

State Health Department Website: maine.gov/dhhs

Overall Rank

10

Summary

Strengths

- High prevalence of high school completion
- Low homicide rate
- Low incidence of chlamydia

Challenges

- High prevalence of multiple chronic conditions
- High prevalence of frequent mental distress
- High Black/white residential segregation

Highlights

Chronic Kidney Disease

30% 

from 3.3% to 4.3% of adults between 2020 and 2022.

Drug Deaths

20% 

from 37.6 to 45.2 deaths per 100,000 population between 2020 and 2021.

Dental Care Providers

10% 

from 57.6 to 63.1 per 100,000 population between September 2022 and September 2023.

Measures

		State Rank	State Value	U.S. Value
Social & Economic Factors		15	0.437	
Community and Family Safety	Homicide (Deaths per 100,000 population)	2	1.5	7.7
	Occupational Fatalities (Deaths per 100,000 workers)	18	3.9	3.9
	Public Health Funding (Dollars per person)	9	\$241	\$183
Economic Resources	Economic Hardship Index (Index from 1-100)	13	34	—
	Food Insecurity (% of households)	19	10.1%	11.2%
	Income Inequality (80-20 Ratio)	16	4.42	4.92
Education	Fourth Grade Reading Proficiency (% of public school students)	40	29.2%	32.1%
	High School Completion (% of adults ages 25+)	2	94.6%	89.6%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	39	17.9%	14.0%
	High-Speed Internet (% of households)	21	93.0%	92.9%
	Residential Segregation - Black/White (Index from 0-100)	46	76	—
	Volunteerism (% of population ages 16+)	4	34.9%	23.2%
	Voter Participation (% of U.S. citizens ages 18+)	3	67.6%	59.5%
Physical Environment		6	0.782	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	4	5.4	8.6
	Drinking Water Violations (Average number of violations per community water system)	24	1.9	2.7
	Water Fluoridation (% of population served)	21	79.5%	72.7%
Climate and Health	Climate Policies (Number of four policies)	1	4	—
	Climate Risks (% of population)*	32	49.1%	35.5%
	Renewable Energy (% of total electricity generated)*	8	49.3%	20.5%
Housing and Transit	Housing With Lead Risk (% of housing stock)	40	22.3%	16.5%
	Severe Housing Problems (% of occupied housing units)	10	12.7%	16.7%
	Transportation Health Risks (% of population)*	20	15.7%	24.0%
Clinical Care		5	1.081	
Access to Care	Avoided Care Due to Cost (% of adults)	4	7.3%	10.1%
	Dental Care Providers (Number per 100,000 population)	23	63.1	64.6
	Mental Health Providers (Number per 100,000 population)	4	557.0	324.9
	Primary Care Providers (Number per 100,000 population)	2	320.1	232.0
	Uninsured (% of population)	23	6.6%	8.0%
Preventive Clinical Services	Childhood Immunizations (% of children by age 24 months)	8	77.2%	70.0%
	Colorectal Cancer Screening (% of adults ages 45-75)	1	68.9%	61.8%
	Dental Visit (% of adults)	26	65.2%	66.0%
	Flu Vaccination (% of adults)	4	54.3%	45.6%
	HPV Vaccination (% of adolescents ages 13-17)	19	66.2%	62.6%
Quality of Care	Dedicated Health Care Provider (% of adults)	1	91.7%	83.8%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+)	11	2,096	2,681
Behaviors		15	0.374	
Nutrition and Physical Activity	Exercise (% of adults)	38	20.2%	23.0%
	Fruit and Vegetable Consumption (% of adults)	26	7.1%	7.4%
	Physical Inactivity (% of adults)	18	22.6%	23.4%
Sexual Health	Chlamydia (Cases per 100,000 population)	3	245.7	495.5
	High-Risk HIV Behaviors (% of adults)	7	5.3%	5.7%
	Teen Births (Births per 1,000 females ages 15-19)	5	7.8	13.9
Sleep Health	Insufficient Sleep (% of adults)	11	32.7%	35.5%
Tobacco Use	Smoking (% of adults)	32	15.0%	14.0%
Health Outcomes		15	0.353	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	43	45.2	32.1
	Excessive Drinking (% of adults)	19	17.7%	18.4%
	Frequent Mental Distress (% of adults)	33	16.3%	15.9%
	Non-medical Drug Use (% of adults)	11	11.6%	15.9%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	23	9,066	9,478
	Premature Death Racial Disparity (Ratio)	3	1.1	1.6
Physical Health	Frequent Physical Distress (% of adults)	24	12.4%	12.4%
	Low Birth Weight (% of live births)	11	7.3%	8.5%
	Low Birth Weight Racial Disparity (Ratio)	4	1.5	2.1
	Multiple Chronic Conditions (% of adults)	43	14.6%	11.2%
	Obesity (% of adults)	18	33.1%	33.6%
Overall		10	0.534	

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Maryland

State Health Department Website: health.maryland.gov

Overall Rank

11

Summary

Strengths

- Low prevalence of excessive drinking
- Low prevalence of multiple chronic conditions
- Low prevalence of cigarette smoking

Challenges

- High percentage of low birth weight infants
- High homicide rate
- High prevalence of insufficient sleep

Highlights

Chronic Kidney Disease

32% ▲

from 2.8% to 3.7% of adults between 2019 and 2022.

Firearm Deaths

27% ▲

from 11.8 to 15.0 deaths per 100,000 population between 2018 and 2021.

Air Pollution

20% ▼

from 8.3 to 6.6 micrograms of fine particulate matter per cubic meter between 2015-2017 and 2020-2022.

Measures

		State Rank	State Value	U.S. Value
Social & Economic Factors		18	0.331	
Community and Family Safety	Homicide (Deaths per 100,000 population)	41	11.1	7.7
	Occupational Fatalities (Deaths per 100,000 workers)	15	3.8	3.9
	Public Health Funding (Dollars per person)	17	\$213	\$183
Economic Resources	Economic Hardship Index (Index from 1-100)	12	33	—
	Food Insecurity (% of households)	14	9.5%	11.2%
	Income Inequality (80-20 Ratio)	33	4.81	4.92
Education	Fourth Grade Reading Proficiency (% of public school students)	32	30.6%	32.1%
	High School Completion (% of adults ages 25+)	27	91.4%	89.6%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	6	12.0%	14.0%
	High-Speed Internet (% of households)	12	94.0%	92.9%
	Residential Segregation - Black/White (Index from 0-100)	25	65	—
	Volunteerism (% of population ages 16+)	29	23.7%	23.2%
	Voter Participation (% of U.S. citizens ages 18+)	6	65.8%	59.5%
Physical Environment		5	0.800	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	11	6.6	8.6
	Drinking Water Violations (Average number of violations per community water system)	18	1.7	2.7
	Water Fluoridation (% of population served)	8	93.7%	72.7%
Climate and Health	Climate Policies (Number of four policies)	1	4	—
	Climate Risks (% of population)*	7	7.3%	35.5%
	Renewable Energy (% of total electricity generated)*	34	8.9%	20.5%
Housing and Transit	Housing With Lead Risk (% of housing stock)	28	16.7%	16.5%
	Severe Housing Problems (% of occupied housing units)	32	15.5%	16.7%
	Transportation Health Risks (% of population)*	23	16.5%	24.0%
Clinical Care		9	0.655	
Access to Care	Avoided Care Due to Cost (% of adults)	15	8.8%	10.1%
	Dental Care Providers (Number per 100,000 population)	14	69.3	64.6
	Mental Health Providers (Number per 100,000 population)	18	356.0	324.9
	Primary Care Providers (Number per 100,000 population)	26	2396	232.0
	Uninsured (% of population)	18	6.1%	8.0%
Preventive Clinical Services	Childhood Immunizations (% of children by age 24 months)	12	75.4%	70.0%
	Colorectal Cancer Screening (% of adults ages 45-75)	16	63.2%	61.8%
	Dental Visit (% of adults)	18	66.7%	66.0%
	Flu Vaccination (% of adults)	7	53.3%	45.6%
Quality of Care	HPV Vaccination (% of adolescents ages 13-17)	7	72.0%	62.6%
	Dedicated Health Care Provider (% of adults)	11	87.0%	83.8%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+)	20	2,496	2,681
Behaviors		14	0.420	
Nutrition and Physical Activity	Exercise (% of adults)	21	24.0%	23.0%
	Fruit and Vegetable Consumption (% of adults)	17	8.6%	7.4%
	Physical Inactivity (% of adults)	10	21.2%	23.4%
Sexual Health	Chlamydia (Cases per 100,000 population)	—	—	495.5
	High-Risk HIV Behaviors (% of adults)	7	5.3%	5.7%
	Teen Births (Births per 1,000 females ages 15-19)	16	11.3	13.9
Sleep Health	Insufficient Sleep (% of adults)	39	38.0%	35.5%
Tobacco Use	Smoking (% of adults)	2	9.6%	14.0%
Health Outcomes		6	0.616	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	42	43.7	32.1
	Excessive Drinking (% of adults)	6	14.7%	18.4%
	Frequent Mental Distress (% of adults)	10	14.5%	15.9%
	Non-medical Drug Use (% of adults)	16	12.5%	15.9%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	21	8,703	9,478
	Premature Death Racial Disparity (Ratio)	20	1.4	1.6
Physical Health	Frequent Physical Distress (% of adults)	3	10.2%	12.4%
	Low Birth Weight (% of live births)	32	8.9%	8.5%
	Low Birth Weight Racial Disparity (Ratio)	17	1.9	2.1
	Multiple Chronic Conditions (% of adults)	9	9.3%	11.2%
	Obesity (% of adults)	19	33.2%	33.6%
Overall		11	0.515	

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Massachusetts

State Health Department Website: mass.gov/orgs/departments-of-public-health

Overall Rank

2

Summary

Strengths

- Low premature death rate
- Low economic hardship index score
- Low prevalence of cigarette smoking

Challenges

- High income inequality
- High preventable hospitalization rate
- High percentage of housing with lead risk

Highlights

Diabetes

25% ▲

from 8.4% to 10.5% of adults between 2019 and 2022.

Suicide

19% ▼

from 10.4 to 8.4 deaths per 100,000 population between 2018 and 2021.

Air Pollution

14% ▲

from 6.4 to 7.3 micrograms of fine particulate matter per cubic meter between 2017-2019 and 2020-2022.

Measures

		State Rank	State Value	U.S. Value
Social & Economic Factors		3	0.754	
Community and Family Safety	Homicide (Deaths per 100,000 population)	5	2.5	7.7
	Occupational Fatalities (Deaths per 100,000 workers)	5	3.2	3.9
	Public Health Funding (Dollars per person)	6	\$253	\$183
Economic Resources	Economic Hardship Index (Index from 1-100)	4	23	—
	Food Insecurity (% of households)	6	8.5%	11.2%
	Income Inequality (80-20 Ratio)	48	5.54	4.92
Education	Fourth Grade Reading Proficiency (% of public school students)	1	42.6%	32.1%
	High School Completion (% of adults ages 25+)	28	91.3%	89.6%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	2	10.1%	14.0%
	High-Speed Internet (% of households)	5	94.6%	92.9%
	Residential Segregation - Black/White (Index from 0-100)	25	65	—
	Volunteerism (% of population ages 16+)	32	23.1%	23.2%
	Voter Participation (% of U.S. citizens ages 18+)	17	61.5%	59.5%
Physical Environment		37	0.150	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	21	7.3	8.6
	Drinking Water Violations (Average number of violations per community water system)	5	1.3	2.7
	Water Fluoridation (% of population served)	37	57.8%	72.7%
Climate and Health	Climate Policies (Number of four policies)	1	4	—
	Climate Risks (% of population)*	17	24.1%	35.5%
	Renewable Energy (% of total electricity generated)*	22	18.6%	20.5%
Housing and Transit	Housing With Lead Risk (% of housing stock)	48	29.7%	16.5%
	Severe Housing Problems (% of occupied housing units)	39	16.9%	16.7%
	Transportation Health Risks (% of population)*	45	34.9%	24.0%
Clinical Care		1	1.496	
Access to Care	Avoided Care Due to Cost (% of adults)	3	7.1%	10.1%
	Dental Care Providers (Number per 100,000 population)	2	92.3	64.6
	Mental Health Providers (Number per 100,000 population)	1	758.7	324.9
	Primary Care Providers (Number per 100,000 population)	1	322.1	232.0
	Uninsured (% of population)	1	2.4%	8.0%
Preventive Clinical Services	Childhood Immunizations (% of children by age 24 months)	4	79.0%	70.0%
	Colorectal Cancer Screening (% of adults ages 45-75)	4	65.4%	61.8%
	Dental Visit (% of adults)	2	73.2%	66.0%
	Flu Vaccination (% of adults)	2	57.0%	45.6%
	HPV Vaccination (% of adolescents ages 13-17)	2	77.1%	62.6%
Quality of Care	Dedicated Health Care Provider (% of adults)	2	91.4%	83.8%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+)	43	3,223	2,681
Behaviors		9	0.647	
Nutrition and Physical Activity	Exercise (% of adults)	28	22.2%	23.0%
	Fruit and Vegetable Consumption (% of adults)	21	7.6%	7.4%
	Physical Inactivity (% of adults)	11	21.3%	23.4%
Sexual Health	Chlamydia (Cases per 100,000 population)	12	385.8	495.5
	High-Risk HIV Behaviors (% of adults)	26	5.7%	5.7%
	Teen Births (Births per 1,000 females ages 15-19)	2	5.7	13.9
Sleep Health	Insufficient Sleep (% of adults)	11	32.7%	35.5%
Tobacco Use	Smoking (% of adults)	7	10.4%	14.0%
Health Outcomes		2	0.882	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	32	36.2	32.1
	Excessive Drinking (% of adults)	34	19.1%	18.4%
	Frequent Mental Distress (% of adults)	12	14.6%	15.9%
	Non-medical Drug Use (% of adults)	3	9.2%	15.9%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	1	6,454	9,478
	Premature Death Racial Disparity (Ratio)	6	1.2	1.6
Physical Health	Frequent Physical Distress (% of adults)	8	10.9%	12.4%
	Low Birth Weight (% of live births)	15	7.5%	8.5%
	Low Birth Weight Racial Disparity (Ratio)	11	1.8	2.1
	Multiple Chronic Conditions (% of adults)	16	10.2%	11.2%
	Obesity (% of adults)	4	27.2%	33.6%
Overall		2	0.815	

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Michigan

State Health Department Website: michigan.gov/mdhhs

Overall Rank

26

Summary

Strengths

- High prevalence of dental visits
- Low uninsured rate
- Low average number of health-based drinking water violations

Challenges

- High prevalence of multiple chronic conditions
- Low per capita public health funding
- High preventable hospitalization rate

Highlights

Mental Health Providers

37% 

from 253.0 to 347.5 per 100,000 population between September 2018 and September 2023.

Premature Death

26% 

from 7,843 to 9,897 years lost before age 75 per 100,000 population between 2019 and 2021.

Drug Deaths

11% 

from 28.1 to 31.2 deaths per 100,000 population between 2020 and 2021.

Measures

		State Rank	State Value	U.S. Value
Social & Economic Factors		34	-0.090	
Community and Family Safety	Homicide (Deaths per 100,000 population)	33	8.2	7.7
	Occupational Fatalities (Deaths per 100,000 workers)	15	3.8	3.9
	Public Health Funding (Dollars per person)	49	\$128	\$183
Economic Resources	Economic Hardship Index (Index from 1-100)	34	56	—
	Food Insecurity (% of households)	39	11.9%	11.2%
	Income Inequality (80-20 Ratio)	28	4.65	4.92
Education	Fourth Grade Reading Proficiency (% of public school students)	41	28.3%	32.1%
	High School Completion (% of adults ages 25+)	21	91.8%	89.6%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	19	14.2%	14.0%
	High-Speed Internet (% of households)	25	92.8%	92.9%
	Residential Segregation - Black/White (Index from 0-100)	45	74	—
	Volunteerism (% of population ages 16+)	26	24.4%	23.2%
	Voter Participation (% of U.S. citizens ages 18+)	9	65.1%	59.5%
Physical Environment		9	0.533	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	34	8.3	8.6
	Drinking Water Violations (Average number of violations per community water system)	6	1.4	2.7
	Water Fluoridation (% of population served)	15	89.3%	72.7%
Climate and Health	Climate Policies (Number of four policies)	13	3	—
	Climate Risks (% of population)*	2	3.0%	35.5%
	Renewable Energy (% of total electricity generated)*	31	10.4%	20.5%
Housing and Transit	Housing With Lead Risk (% of housing stock)	38	21.6%	16.5%
	Severe Housing Problems (% of occupied housing units)	21	13.4%	16.7%
	Transportation Health Risks (% of population)*	33	23.1%	24.0%
Clinical Care		14	0.559	
Access to Care	Avoided Care Due to Cost (% of adults)	10	7.9%	10.1%
	Dental Care Providers (Number per 100,000 population)	12	72.5	64.6
	Mental Health Providers (Number per 100,000 population)	19	347.5	324.9
	Primary Care Providers (Number per 100,000 population)	14	267.7	232.0
	Uninsured (% of population)	5	4.5%	8.0%
Preventive Clinical Services	Childhood Immunizations (% of children by age 24 months)	23	71.4%	70.0%
	Colorectal Cancer Screening (% of adults ages 45-75)	11	63.9%	61.8%
	Dental Visit (% of adults)	7	69.4%	66.0%
	Flu Vaccination (% of adults)	12	50.4%	45.6%
	HPV Vaccination (% of adolescents ages 13-17)	28	62.2%	62.6%
Quality of Care	Dedicated Health Care Provider (% of adults)	8	88.2%	83.8%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+)	44	3,280	2,681
Behaviors		23	0.143	
Nutrition and Physical Activity	Exercise (% of adults)	24	23.3%	23.0%
	Fruit and Vegetable Consumption (% of adults)	7	9.6%	7.4%
	Physical Inactivity (% of adults)	29	23.9%	23.4%
Sexual Health	Chlamydia (Cases per 100,000 population)	18	452.4	495.5
	High-Risk HIV Behaviors (% of adults)	26	5.7%	5.7%
	Teen Births (Births per 1,000 females ages 15-19)	21	12.2	13.9
Sleep Health	Insufficient Sleep (% of adults)	22	35.2%	35.5%
Tobacco Use	Smoking (% of adults)	35	15.2%	14.0%
Health Outcomes		35	-0.183	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	26	31.2	32.1
	Excessive Drinking (% of adults)	26	18.4%	18.4%
	Frequent Mental Distress (% of adults)	38	16.7%	15.9%
	Non-medical Drug Use (% of adults)	20	13.3%	15.9%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	29	9,897	9,478
	Premature Death Racial Disparity (Ratio)	34	1.8	1.6
Physical Health	Frequent Physical Distress (% of adults)	28	12.5%	12.4%
	Low Birth Weight (% of live births)	37	9.2%	8.5%
	Low Birth Weight Racial Disparity (Ratio)	35	2.1	2.1
	Multiple Chronic Conditions (% of adults)	40	13.0%	11.2%
	Obesity (% of adults)	28	34.5%	33.6%
Overall		26	0.093	

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- Low household food insecurity
- High prevalence of high school completion
- Low prevalence of insufficient sleep

Challenges

- High racial disparity in premature death rates
- High prevalence of excessive drinking
- Low prevalence of having a dedicated health care provider

Highlights

Mental Health Providers

47% ▲

from 235.9 to 346.9 per 100,000 population between September 2018 and September 2023.

Frequent Mental Distress

20% ▲

from 12.3% to 14.8% of adults between 2021 and 2022.

Diabetes

13% ▲

from 9.0% to 10.2% of adults between 2021 and 2022.

Measures

		State Rank	State Value	U.S. Value
Social & Economic Factors		2	0.932	
Community and Family Safety	Homicide (Deaths per 100,000 population)	13	3.8	7.7
	Occupational Fatalities (Deaths per 100,000 workers)	9	3.5	3.9
	Public Health Funding (Dollars per person)	28	\$183	\$183
Economic Resources	Economic Hardship Index (Index from 1-100)	6	28	—
	Food Insecurity (% of households)	2	7.1%	11.2%
	Income Inequality (80-20 Ratio)	12	4.36	4.92
Education	Fourth Grade Reading Proficiency (% of public school students)	24	32.2%	32.1%
	High School Completion (% of adults ages 25+)	4	94.0%	89.6%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	13	12.7%	14.0%
	High-Speed Internet (% of households)	11	94.2%	92.9%
	Residential Segregation - Black/White (Index from 0-100)	24	64	—
	Volunteerism (% of population ages 16+)	3	35.5%	23.2%
	Voter Participation (% of U.S. citizens ages 18+)	2	70.8%	59.5%
Physical Environment		4	0.805	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	19	7.2	8.6
	Drinking Water Violations (Average number of violations per community water system)	9	1.5	2.7
	Water Fluoridation (% of population served)	2	98.8%	72.7%
Climate and Health	Climate Policies (Number of four policies)	13	3	—
	Climate Risks (% of population)*	8	8.6%	35.5%
	Renewable Energy (% of total electricity generated)*	17	30.9%	20.5%
Housing and Transit	Housing With Lead Risk (% of housing stock)	32	18.8%	16.5%
	Severe Housing Problems (% of occupied housing units)	9	12.6%	16.7%
	Transportation Health Risks (% of population)*	11	9.8%	24.0%
Clinical Care		8	0.675	
Access to Care	Avoided Care Due to Cost (% of adults)	6	7.6%	10.1%
	Dental Care Providers (Number per 100,000 population)	15	68.3	64.6
	Mental Health Providers (Number per 100,000 population)	20	346.9	324.9
	Primary Care Providers (Number per 100,000 population)	9	282.9	232.0
	Uninsured (% of population)	5	4.5%	8.0%
Preventive Clinical Services	Childhood Immunizations (% of children by age 24 months)	21	71.7%	70.0%
	Colorectal Cancer Screening (% of adults ages 45-75)	12	63.8%	61.8%
	Dental Visit (% of adults)	10	68.4%	66.0%
	Flu Vaccination (% of adults)	8	51.5%	45.6%
	HPV Vaccination (% of adolescents ages 13-17)	13	68.6%	62.6%
Quality of Care	Dedicated Health Care Provider (% of adults)	29	82.7%	83.8%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+)	16	2,273	2,681
Behaviors		7	0.725	
Nutrition and Physical Activity	Exercise (% of adults)	10	25.5%	23.0%
	Fruit and Vegetable Consumption (% of adults)	22	7.5%	7.4%
	Physical Inactivity (% of adults)	8	20.5%	23.4%
Sexual Health	Chlamydia (Cases per 100,000 population)	13	395.5	495.5
	High-Risk HIV Behaviors (% of adults)	13	5.4%	5.7%
	Teen Births (Births per 1,000 females ages 15-19)	8	8.5	13.9
Sleep Health	Insufficient Sleep (% of adults)	1	29.6%	35.5%
Tobacco Use	Smoking (% of adults)	22	13.0%	14.0%
Health Outcomes		20	0.255	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	14	24.1	32.1
	Excessive Drinking (% of adults)	46	21.2%	18.4%
	Frequent Mental Distress (% of adults)	13	14.8%	15.9%
	Non-medical Drug Use (% of adults)	14	12.1%	15.9%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	6	7,230	9,478
	Premature Death Racial Disparity (Ratio)	47	3.6	1.6
Physical Health	Frequent Physical Distress (% of adults)	6	10.7%	12.4%
	Low Birth Weight (% of live births)	10	7.2%	8.5%
	Low Birth Weight Racial Disparity (Ratio)	11	1.8	2.1
	Multiple Chronic Conditions (% of adults)	14	9.9%	11.2%
	Obesity (% of adults)	25	33.6%	33.6%
Overall		5	0.670	

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- Low prevalence of excessive drinking
- High per capita public health funding
- Low percentage of housing with lead risk

Challenges

- High premature death rate
- High economic hardship index score
- Low adult flu vaccination rate

Highlights

Homicide

52% ▲

from 13.7 to 20.8 deaths per 100,000 population between 2018-2019 and 2020-2021.

Occupational Fatalities

36% ▼

from 8.5 to 5.4 deaths per 100,000 workers between 2016-2018 and 2019-2021.

Drug Deaths

35% ▲

from 20.3 to 27.4 deaths per 100,000 population between 2020 and 2021.

Measures

		State Rank	State Value	U.S. Value
Social & Economic Factors		48	-0.903	
Community and Family Safety	Homicide (Deaths per 100,000 population)	50	20.8	7.7
	Occupational Fatalities (Deaths per 100,000 workers)	36	5.4	3.9
	Public Health Funding (Dollars per person)	21	\$198	\$183
Economic Resources	Economic Hardship Index (Index from 1-100)	50	100	—
	Food Insecurity (% of households)	48	15.3%	11.2%
	Income Inequality (80-20 Ratio)	45	5.27	4.92
Education	Fourth Grade Reading Proficiency (% of public school students)	32	30.6%	32.1%
	High School Completion (% of adults ages 25+)	46	87.6%	89.6%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	35	17.2%	14.0%
	High-Speed Internet (% of households)	50	87.7%	92.9%
	Residential Segregation - Black/White (Index from 0-100)	3	52	—
	Volunteerism (% of population ages 16+)	40	21.2%	23.2%
	Voter Participation (% of U.S. citizens ages 18+)	28	58.4%	59.5%
Physical Environment		35	0.160	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	32	8.2	8.6
	Drinking Water Violations (Average number of violations per community water system)	26	2.0	2.7
	Water Fluoridation (% of population served)	35	61.1%	72.7%
Climate and Health	Climate Policies (Number of four policies)	36	0	—
	Climate Risks (% of population)*	41	65.0%	35.5%
	Renewable Energy (% of total electricity generated)*	50	0.8%	20.5%
Housing and Transit	Housing With Lead Risk (% of housing stock)	10	10.1%	16.5%
	Severe Housing Problems (% of occupied housing units)	29	14.2%	16.7%
	Transportation Health Risks (% of population)*	38	25.4%	24.0%
Clinical Care		49	-1.112	
Access to Care	Avoided Care Due to Cost (% of adults)	45	14.2%	10.1%
	Dental Care Providers (Number per 100,000 population)	47	46.5	64.6
	Mental Health Providers (Number per 100,000 population)	41	222.5	324.9
	Primary Care Providers (Number per 100,000 population)	28	239.5	232.0
	Uninsured (% of population)	43	10.8%	8.0%
Preventive Clinical Services	Childhood Immunizations (% of children by age 24 months)	31	69.9%	70.0%
	Colorectal Cancer Screening (% of adults ages 45-75)	37	58.6%	61.8%
	Dental Visit (% of adults)	—	—	66.0%
	Flu Vaccination (% of adults)	50	35.1%	45.6%
	HPV Vaccination (% of adolescents ages 13-17)	50	38.5%	62.6%
Quality of Care	Dedicated Health Care Provider (% of adults)	35	81.7%	83.8%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+)	48	3,445	2,681
Behaviors		50	-1.613	
Nutrition and Physical Activity	Exercise (% of adults)	47	15.7%	23.0%
	Fruit and Vegetable Consumption (% of adults)	48	4.1%	7.4%
	Physical Inactivity (% of adults)	50	31.9%	23.4%
Sexual Health	Chlamydia (Cases per 100,000 population)	48	750.0	495.5
	High-Risk HIV Behaviors (% of adults)	42	6.9%	5.7%
	Teen Births (Births per 1,000 females ages 15-19)	49	25.6	13.9
Sleep Health	Insufficient Sleep (% of adults)	38	37.8%	35.5%
Tobacco Use	Smoking (% of adults)	46	17.4%	14.0%
Health Outcomes		46	-0.690	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	17	27.4	32.1
	Excessive Drinking (% of adults)	7	15.1%	18.4%
	Frequent Mental Distress (% of adults)	23	15.7%	15.9%
	Non-medical Drug Use (% of adults)	42	17.3%	15.9%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	50	15,250	9,478
	Premature Death Racial Disparity (Ratio)	34	1.8	1.6
Physical Health	Frequent Physical Distress (% of adults)	39	14.0%	12.4%
	Low Birth Weight (% of live births)	50	12.3%	8.5%
	Low Birth Weight Racial Disparity (Ratio)	24	2.0	2.1
	Multiple Chronic Conditions (% of adults)	42	14.1%	11.2%
	Obesity (% of adults)	47	39.5%	33.6%
Overall		49	-0.917	

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- High volunteerism rate
- High prevalence of colorectal cancer screening
- Low percentage of households experiencing severe housing problems

Challenges

- High prevalence of excessive drinking
- High homicide rate
- High household food insecurity

Highlights

Mental Health Providers

39% ▲

from 184.2 to 256.8 per 100,000 population between September 2018 and September 2023.

Drug Deaths

14% ▲

from 31.1 to 35.6 deaths per 100,000 population between 2020 and 2021.

Insufficient Sleep

12% ▲

from 32.8% to 36.8% of adults between 2012 and 2022.

Measures

		State Rank	State Value	U.S. Value
Social & Economic Factors		37	-0.247	
Community and Family Safety	Homicide (Deaths per 100,000 population)	45	12.3	7.7
	Occupational Fatalities (Deaths per 100,000 workers)	28	4.6	3.9
	Public Health Funding (Dollars per person)	38	\$152	\$183
Economic Resources	Economic Hardship Index (Index from 1-100)	32	54	—
	Food Insecurity (% of households)	41	12.2%	11.2%
	Income Inequality (80-20 Ratio)	22	4.55	4.92
Education	Fourth Grade Reading Proficiency (% of public school students)	35	30.3%	32.1%
	High School Completion (% of adults ages 25+)	23	91.6%	89.6%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	34	17.0%	14.0%
	High-Speed Internet (% of households)	39	91.6%	92.9%
	Residential Segregation - Black/White (Index from 0-100)	42	72	—
	Volunteerism (% of population ages 16+)	9	30.5%	23.2%
	Voter Participation (% of U.S. citizens ages 18+)	24	59.9%	59.5%
Physical Environment		23	0.358	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	22	7.5	8.6
	Drinking Water Violations (Average number of violations per community water system)	18	1.7	2.7
	Water Fluoridation (% of population served)	29	72.2%	72.7%
Climate and Health	Climate Policies (Number of four policies)	29	1	—
	Climate Risks (% of population)*	35	51.8%	35.5%
	Renewable Energy (% of total electricity generated)*	30	11.5%	20.5%
Housing and Transit	Housing With Lead Risk (% of housing stock)	30	17.8%	16.5%
	Severe Housing Problems (% of occupied housing units)	10	12.7%	16.7%
	Transportation Health Risks (% of population)*	27	18.9%	24.0%
Clinical Care		36	-0.325	
Access to Care	Avoided Care Due to Cost (% of adults)	34	11.3%	10.1%
	Dental Care Providers (Number per 100,000 population)	36	56.3	64.6
	Mental Health Providers (Number per 100,000 population)	35	256.8	324.9
	Primary Care Providers (Number per 100,000 population)	29	2381	232.0
	Uninsured (% of population)	36	8.6%	8.0%
Preventive Clinical Services	Childhood Immunizations (% of children by age 24 months)	28	70.3%	70.0%
	Colorectal Cancer Screening (% of adults ages 45-75)	23	62.4%	61.8%
	Dental Visit (% of adults)	37	61.2%	66.0%
	Flu Vaccination (% of adults)	29	44.4%	45.6%
	HPV Vaccination (% of adolescents ages 13-17)	35	59.8%	62.6%
Quality of Care	Dedicated Health Care Provider (% of adults)	30	82.3%	83.8%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+)	37	3,036	2,681
Behaviors		43	-0.846	
Nutrition and Physical Activity	Exercise (% of adults)	45	17.1%	23.0%
	Fruit and Vegetable Consumption (% of adults)	45	5.1%	7.4%
	Physical Inactivity (% of adults)	36	25.3%	23.4%
Sexual Health	Chlamydia (Cases per 100,000 population)	34	517.4	495.5
	High-Risk HIV Behaviors (% of adults)	41	6.5%	5.7%
	Teen Births (Births per 1,000 females ages 15-19)	38	17.1	13.9
Sleep Health	Insufficient Sleep (% of adults)	31	36.8%	35.5%
Tobacco Use	Smoking (% of adults)	44	16.8%	14.0%
Health Outcomes		42	-0.437	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	31	35.6	32.1
	Excessive Drinking (% of adults)	41	20.2%	18.4%
	Frequent Mental Distress (% of adults)	42	17.3%	15.9%
	Non-medical Drug Use (% of adults)	32	15.1%	15.9%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	39	11,082	9,478
	Premature Death Racial Disparity (Ratio)	32	1.7	1.6
Physical Health	Frequent Physical Distress (% of adults)	40	14.1%	12.4%
	Low Birth Weight (% of live births)	32	8.9%	8.5%
	Low Birth Weight Racial Disparity (Ratio)	35	2.1	2.1
	Multiple Chronic Conditions (% of adults)	37	12.3%	11.2%
	Obesity (% of adults)	35	36.4%	33.6%
Overall		40	-0.365	

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- High prevalence of high school completion
- Low preventable hospitalization rate
- Low prevalence of insufficient sleep

Challenges

- High prevalence of excessive drinking
- Low percentage of households with high-speed internet
- Low prevalence of having a dedicated health care provider

Highlights

Mental Health Providers

36% ▲

from 282.7 to 385.1 per 100,000 population between September 2018 and September 2023.

Premature Death

14% ▲

from 8,835 to 10,056 years lost before age 75 per 100,000 population between 2020 and 2021.

Arthritis

12% ▲

from 27.5% to 30.8% of adults between 2021 and 2022.

Measures

		State Rank	State Value	U.S. Value
Social & Economic Factors		27	0.146	
Community and Family Safety	Homicide (Deaths per 100,000 population)	19	5.1	7.7
	Occupational Fatalities (Deaths per 100,000 workers)	32	5.0	3.9
	Public Health Funding (Dollars per person)	11	\$232	\$183
Economic Resources	Economic Hardship Index (Index from 1-100)	17	42	—
	Food Insecurity (% of households)	19	10.1%	11.2%
	Income Inequality (80-20 Ratio)	8	4.27	4.92
Education	Fourth Grade Reading Proficiency (% of public school students)	14	33.7%	32.1%
	High School Completion (% of adults ages 25+)	4	94.0%	89.6%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	48	21.9%	14.0%
	High-Speed Internet (% of households)	40	91.5%	92.9%
	Residential Segregation - Black/White (Index from 0-100)	49	80	—
	Volunteerism (% of population ages 16+)	8	31.1%	23.2%
	Voter Participation (% of U.S. citizens ages 18+)	11	65.0%	59.5%
Physical Environment		25	0.330	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	11	6.6	8.6
	Drinking Water Violations (Average number of violations per community water system)	18	1.7	2.7
	Water Fluoridation (% of population served)	46	31.4%	72.7%
Climate and Health	Climate Policies (Number of four policies)	13	3	—
	Climate Risks (% of population)*	37	56.9%	35.5%
	Renewable Energy (% of total electricity generated)*	7	51.5%	20.5%
Housing and Transit	Housing With Lead Risk (% of housing stock)	27	16.1%	16.5%
	Severe Housing Problems (% of occupied housing units)	26	14.1%	16.7%
	Transportation Health Risks (% of population)*	5	4.8%	24.0%
Clinical Care		28	-0.060	
Access to Care	Avoided Care Due to Cost (% of adults)	18	9.3%	10.1%
	Dental Care Providers (Number per 100,000 population)	18	66.8	64.6
	Mental Health Providers (Number per 100,000 population)	16	385.1	324.9
	Primary Care Providers (Number per 100,000 population)	23	251.7	232.0
	Uninsured (% of population)	34	8.3%	8.0%
Preventive Clinical Services	Childhood Immunizations (% of children by age 24 months)	44	66.6%	70.0%
	Colorectal Cancer Screening (% of adults ages 45-75)	20	62.6%	61.8%
	Dental Visit (% of adults)	31	64.1%	66.0%
	Flu Vaccination (% of adults)	39	40.6%	45.6%
Quality of Care	HPV Vaccination (% of adolescents ages 13-17)	34	60.3%	62.6%
	Dedicated Health Care Provider (% of adults)	40	80.2%	83.8%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+)	7	1,757	2,681
Behaviors		12	0.495	
Nutrition and Physical Activity	Exercise (% of adults)	2	28.3%	23.0%
	Fruit and Vegetable Consumption (% of adults)	27	7.0%	7.4%
	Physical Inactivity (% of adults)	5	19.6%	23.4%
Sexual Health	Chlamydia (Cases per 100,000 population)	9	364.9	495.5
	High-Risk HIV Behaviors (% of adults)	26	5.7%	5.7%
	Teen Births (Births per 1,000 females ages 15-19)	27	13.6	13.9
Sleep Health	Insufficient Sleep (% of adults)	7	31.7%	35.5%
Tobacco Use	Smoking (% of adults)	35	15.2%	14.0%
Health Outcomes		30	-0.110	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	6	18.6	32.1
	Excessive Drinking (% of adults)	49	23.4%	18.4%
	Frequent Mental Distress (% of adults)	34	16.4%	15.9%
	Non-medical Drug Use (% of adults)	15	12.4%	15.9%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	31	10,056	9,478
	Premature Death Racial Disparity (Ratio)	45	3.2	1.6
Physical Health	Frequent Physical Distress (% of adults)	34	13.2%	12.4%
	Low Birth Weight (% of live births)	16	7.6%	8.5%
	Low Birth Weight Racial Disparity (Ratio)	2	1.4	2.1
	Multiple Chronic Conditions (% of adults)	25	11.2%	11.2%
	Obesity (% of adults)	9	30.5%	33.6%
Overall		24	0.139	

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- Low prevalence of frequent mental distress
- High volunteerism rate
- Low prevalence of insufficient sleep

Challenges

- High prevalence of excessive drinking
- High household food insecurity
- High percentage of housing with lead risk

Highlights

Homicide

54% ▲

from 2.4 to 3.7 deaths per 100,000 population between 2018-2019 and 2020-2021.

Unemployment

36% ▼

from 3.6% to 2.3% of civilian workers between 2018 and 2022.

E-cigarette Use

27% ▲

from 6.7% to 8.5% of adults between 2021 and 2022.

Measures

		State Rank	State Value	U.S. Value
Social & Economic Factors		11	0.471	
Community and Family Safety	Homicide (Deaths per 100,000 population)	12	3.7	7.7
	Occupational Fatalities (Deaths per 100,000 workers)	23	4.3	3.9
	Public Health Funding (Dollars per person)	27	\$184	\$183
Economic Resources	Economic Hardship Index (Index from 1-100)	14	37	—
	Food Insecurity (% of households)	40	12.1%	11.2%
	Income Inequality (80-20 Ratio)	10	4.34	4.92
Education	Fourth Grade Reading Proficiency (% of public school students)	11	34.0%	32.1%
	High School Completion (% of adults ages 25+)	15	92.8%	89.6%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	15	13.3%	14.0%
	High-Speed Internet (% of households)	22	92.9%	92.9%
	Residential Segregation - Black/White (Index from 0-100)	25	65	—
	Volunteerism (% of population ages 16+)	6	33.9%	23.2%
	Voter Participation (% of U.S. citizens ages 18+)	35	57.0%	59.5%
Physical Environment		30	0.223	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	8	5.9	8.6
	Drinking Water Violations (Average number of violations per community water system)	39	2.5	2.7
	Water Fluoridation (% of population served)	28	73.8%	72.7%
Climate and Health	Climate Policies (Number of four policies)	36	0	—
	Climate Risks (% of population)*	33	50.8%	35.5%
	Renewable Energy (% of total electricity generated)*	16	34.0%	20.5%
Housing and Transit	Housing With Lead Risk (% of housing stock)	37	20.9%	16.5%
	Severe Housing Problems (% of occupied housing units)	6	12.2%	16.7%
	Transportation Health Risks (% of population)*	9	7.8%	24.0%
Clinical Care		18	0.395	
Access to Care	Avoided Care Due to Cost (% of adults)	27	10.2%	10.1%
	Dental Care Providers (Number per 100,000 population)	11	73.4	64.6
	Mental Health Providers (Number per 100,000 population)	24	326.3	324.9
	Primary Care Providers (Number per 100,000 population)	16	264.7	232.0
	Uninsured (% of population)	25	6.7%	8.0%
Preventive Clinical Services	Childhood Immunizations (% of children by age 24 months)	7	77.3%	70.0%
	Colorectal Cancer Screening (% of adults ages 45-75)	34	59.9%	61.8%
	Dental Visit (% of adults)	21	66.2%	66.0%
	Flu Vaccination (% of adults)	13	49.0%	45.6%
	HPV Vaccination (% of adolescents ages 13-17)	23	65.4%	62.6%
Quality of Care	Dedicated Health Care Provider (% of adults)	28	82.9%	83.8%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+)	15	2,247	2,681
Behaviors		20	0.164	
Nutrition and Physical Activity	Exercise (% of adults)	35	20.9%	23.0%
	Fruit and Vegetable Consumption (% of adults)	29	6.9%	7.4%
	Physical Inactivity (% of adults)	34	24.7%	23.4%
Sexual Health	Chlamydia (Cases per 100,000 population)	19	453.1	495.5
	High-Risk HIV Behaviors (% of adults)	13	5.4%	5.7%
	Teen Births (Births per 1,000 females ages 15-19)	28	14.0	13.9
Sleep Health	Insufficient Sleep (% of adults)	4	30.6%	35.5%
Tobacco Use	Smoking (% of adults)	22	13.0%	14.0%
Health Outcomes		16	0.281	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	1	11.3	32.1
	Excessive Drinking (% of adults)	43	20.5%	18.4%
	Frequent Mental Distress (% of adults)	2	12.1%	15.9%
	Non-medical Drug Use (% of adults)	20	13.3%	15.9%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	13	7,872	9,478
	Premature Death Racial Disparity (Ratio)	42	2.5	1.6
Physical Health	Frequent Physical Distress (% of adults)	4	10.3%	12.4%
	Low Birth Weight (% of live births)	16	7.6%	8.5%
	Low Birth Weight Racial Disparity (Ratio)	43	2.2	2.1
	Multiple Chronic Conditions (% of adults)	8	9.1%	11.2%
	Obesity (% of adults)	31	35.3%	33.6%
Overall		17	0.326	

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- Low prevalence of frequent mental distress
- Low income inequality
- Low percentage of housing with lead risk

Challenges

- Low prevalence of high school completion
- High prevalence of avoiding care due to cost
- High prevalence of high-risk HIV behaviors

Highlights

Drug Deaths

44% 

from 20.8 to 29.9 deaths per 100,000 population between 2019 and 2021.

Mental Health Providers

30% 

from 202.9 to 263.1 per 100,000 population between September 2018 and September 2023.

Air Pollution

18% 

from 8.8 to 10.4 micrograms of fine particulate matter per cubic meter between 2015-2017 and 2020-2022.

Measures

		State Rank	State Value	U.S. Value
Social & Economic Factors		39	-0.290	
Community and Family Safety	Homicide (Deaths per 100,000 population)	30	7.7	7.7
	Occupational Fatalities (Deaths per 100,000 workers)	18	3.9	3.9
	Public Health Funding (Dollars per person)	47	\$135	\$183
Economic Resources	Economic Hardship Index (Index from 1-100)	44	78	—
	Food Insecurity (% of households)	38	11.7%	11.2%
	Income Inequality (80-20 Ratio)	12	4.36	4.92
Education	Fourth Grade Reading Proficiency (% of public school students)	45	26.9%	32.1%
	High School Completion (% of adults ages 25+)	47	87.4%	89.6%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	25	15.5%	14.0%
	High-Speed Internet (% of households)	17	93.2%	92.9%
	Residential Segregation - Black/White (Index from 0-100)	5	53	—
	Volunteerism (% of population ages 16+)	49	16.8%	23.2%
	Voter Participation (% of U.S. citizens ages 18+)	38	56.2%	59.5%
Physical Environment		24	0.342	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	48	10.4	8.6
	Drinking Water Violations (Average number of violations per community water system)	11	1.6	2.7
	Water Fluoridation (% of population served)	25	76.4%	72.7%
Climate and Health	Climate Policies (Number of four policies)	13	3	—
	Climate Risks (% of population)*	26	36.3%	35.5%
	Renewable Energy (% of total electricity generated)*	15	35.2%	20.5%
Housing and Transit	Housing With Lead Risk (% of housing stock)	1	4.6%	16.5%
	Severe Housing Problems (% of occupied housing units)	44	18.8%	16.7%
	Transportation Health Risks (% of population)*	47	36.1%	24.0%
Clinical Care		46	-1.069	
Access to Care	Avoided Care Due to Cost (% of adults)	49	15.0%	10.1%
	Dental Care Providers (Number per 100,000 population)	28	59.0	64.6
	Mental Health Providers (Number per 100,000 population)	32	263.1	324.9
	Primary Care Providers (Number per 100,000 population)	46	192.6	232.0
	Uninsured (% of population)	45	11.1%	8.0%
Preventive Clinical Services	Childhood Immunizations (% of children by age 24 months)	37	67.9%	70.0%
	Colorectal Cancer Screening (% of adults ages 45-75)	47	55.3%	61.8%
	Dental Visit (% of adults)	39	60.8%	66.0%
	Flu Vaccination (% of adults)	49	36.8%	45.6%
Quality of Care	HPV Vaccination (% of adolescents ages 13-17)	37	59.5%	62.6%
	Dedicated Health Care Provider (% of adults)	47	74.3%	83.8%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+)	22	2,540	2,681
Behaviors		42	-0.761	
Nutrition and Physical Activity	Exercise (% of adults)	40	20.0%	23.0%
	Fruit and Vegetable Consumption (% of adults)	43	5.7%	7.4%
	Physical Inactivity (% of adults)	41	26.1%	23.4%
Sexual Health	Chlamydia (Cases per 100,000 population)	36	520.0	495.5
	High-Risk HIV Behaviors (% of adults)	50	8.2%	5.7%
	Teen Births (Births per 1,000 females ages 15-19)	29	15.1	13.9
Sleep Health	Insufficient Sleep (% of adults)	45	38.9%	35.5%
Tobacco Use	Smoking (% of adults)	30	14.8%	14.0%
Health Outcomes		38	-0.197	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	23	29.9	32.1
	Excessive Drinking (% of adults)	30	18.8%	18.4%
	Frequent Mental Distress (% of adults)	13	14.8%	15.9%
	Non-medical Drug Use (% of adults)	46	19.2%	15.9%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	32	10,265	9,478
	Premature Death Racial Disparity (Ratio)	11	1.3	1.6
Physical Health	Frequent Physical Distress (% of adults)	46	15.0%	12.4%
	Low Birth Weight (% of live births)	44	9.7%	8.5%
	Low Birth Weight Racial Disparity (Ratio)	24	2.0	2.1
	Multiple Chronic Conditions (% of adults)	21	10.7%	11.2%
	Obesity (% of adults)	24	33.5%	33.6%
Overall		42	-0.414	

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

New Hampshire

State Health Department Website: dhhs.nh.gov

Overall Rank

1

Summary

Strengths

- Low economic hardship index score
- Low household food insecurity
- Low homicide rate

Challenges

- High prevalence of frequent mental distress
- High prevalence of multiple chronic conditions
- Low percentage of community water supply with fluoridated water

Highlights

Cardiovascular Diseases

28% ▲

from 7.1% to 9.1% of adults between 2017 and 2022.

Uninsured

22% ▼

from 6.3% to 4.9% of the population between 2019 and 2022.

Housing Cost Burden

20% ▲

from 32.2% to 38.6% of households between 2019 and 2022.

Measures

		State Rank	State Value	U.S. Value
Social & Economic Factors		1	1.030	
Community and Family Safety	Homicide (Deaths per 100,000 population)	1	1.1	7.7
	Occupational Fatalities (Deaths per 100,000 workers)	4	3.1	3.9
	Public Health Funding (Dollars per person)	30	\$181	\$183
Economic Resources	Economic Hardship Index (Index from 1-100)	1	1	—
	Food Insecurity (% of households)	1	6.2%	11.2%
	Income Inequality (80-20 Ratio)	15	4.38	4.92
Education	Fourth Grade Reading Proficiency (% of public school students)	6	37.0%	32.1%
	High School Completion (% of adults ages 25+)	3	94.5%	89.6%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	25	15.5%	14.0%
	High-Speed Internet (% of households)	1	95.4%	92.9%
	Residential Segregation - Black/White (Index from 0-100)	34	68	—
	Volunteerism (% of population ages 16+)	17	27.9%	23.2%
	Voter Participation (% of U.S. citizens ages 18+)	5	66.6%	59.5%
Physical Environment		12	0.517	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	2	4.9	8.6
	Drinking Water Violations (Average number of violations per community water system)	11	1.6	2.7
	Water Fluoridation (% of population served)	43	46.2%	72.7%
Climate and Health	Climate Policies (Number of four policies)	13	3	—
	Climate Risks (% of population)*	20	29.3%	35.5%
	Renewable Energy (% of total electricity generated)*	33	9.7%	20.5%
Housing and Transit	Housing With Lead Risk (% of housing stock)	34	19.6%	16.5%
	Severe Housing Problems (% of occupied housing units)	23	13.8%	16.7%
	Transportation Health Risks (% of population)*	15	12.4%	24.0%
Clinical Care		6	1.069	
Access to Care	Avoided Care Due to Cost (% of adults)	8	7.7%	10.1%
	Dental Care Providers (Number per 100,000 population)	17	67.2	64.6
	Mental Health Providers (Number per 100,000 population)	15	393.3	324.9
	Primary Care Providers (Number per 100,000 population)	6	292.1	232.0
	Uninsured (% of population)	8	4.9%	8.0%
Preventive Clinical Services	Childhood Immunizations (% of children by age 24 months)	3	79.9%	70.0%
	Colorectal Cancer Screening (% of adults ages 45-75)	20	62.6%	61.8%
	Dental Visit (% of adults)	8	69.0%	66.0%
	Flu Vaccination (% of adults)	6	53.5%	45.6%
Quality of Care	HPV Vaccination (% of adolescents ages 13-17)	3	76.2%	62.6%
	Dedicated Health Care Provider (% of adults)	3	90.2%	83.8%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+)	19	2.472	2.681
	Behaviors		2	1.129
Nutrition and Physical Activity	Exercise (% of adults)	5	26.4%	23.0%
	Fruit and Vegetable Consumption (% of adults)	4	11.1%	7.4%
	Physical Inactivity (% of adults)	7	20.0%	23.4%
Sexual Health	Chlamydia (Cases per 100,000 population)	2	217.9	495.5
	High-Risk HIV Behaviors (% of adults)	29	5.8%	5.7%
	Teen Births (Births per 1,000 females ages 15-19)	1	5.4	13.9
Sleep Health	Insufficient Sleep (% of adults)	16	33.0%	35.5%
Tobacco Use	Smoking (% of adults)	10	11.2%	14.0%
Health Outcomes		8	0.573	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	28	31.6	32.1
	Excessive Drinking (% of adults)	33	19.0%	18.4%
	Frequent Mental Distress (% of adults)	38	16.7%	15.9%
	Non-medical Drug Use (% of adults)	2	8.1%	15.9%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	9	7,289	9,478
	Premature Death Racial Disparity (Ratio)	—	—	1.6
Physical Health	Frequent Physical Distress (% of adults)	17	11.9%	12.4%
	Low Birth Weight (% of live births)	6	7.0%	8.5%
	Low Birth Weight Racial Disparity (Ratio)	6	1.6	2.1
	Multiple Chronic Conditions (% of adults)	33	12.0%	11.2%
	Obesity (% of adults)	8	30.2%	33.6%
Overall		1	0.891	

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- Low prevalence of frequent mental distress
- Low prevalence of multiple chronic conditions
- Low household food insecurity

Challenges

- Low volunteerism rate
- Low prevalence of colorectal cancer screening
- Low supply of primary care providers

Highlights

Homicide

24% ▲

from 3.4 to 4.2 deaths per 100,000 population between 2018-2019 and 2020-2021.

Housing Cost Burden

13% ▲

from 36.1% to 40.7% of households between 2019 and 2022.

Premature Death

10% ▼

from 7,759 to 7,013 years lost before age 75 per 100,000 population between 2020 and 2021.

Measures

		State Rank	State Value	U.S. Value
Social & Economic Factors		13	0.464	
Community and Family Safety	Homicide (Deaths per 100,000 population)	14	4.2	7.7
	Occupational Fatalities (Deaths per 100,000 workers)	3	3.0	3.9
	Public Health Funding (Dollars per person)	40	\$145	\$183
Economic Resources	Economic Hardship Index (Index from 1-100)	18	46	—
	Food Insecurity (% of households)	8	8.8%	11.2%
	Income Inequality (80-20 Ratio)	40	5.07	4.92
Education	Fourth Grade Reading Proficiency (% of public school students)	4	38.0%	32.1%
	High School Completion (% of adults ages 25+)	29	90.7%	89.6%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	3	10.9%	14.0%
	High-Speed Internet (% of households)	6	94.5%	92.9%
	Residential Segregation - Black/White (Index from 0-100)	34	68	—
	Volunteerism (% of population ages 16+)	43	19.9%	23.2%
	Voter Participation (% of U.S. citizens ages 18+)	13	64.4%	59.5%
Physical Environment		43	-0.132	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	22	7.5	8.6
	Drinking Water Violations (Average number of violations per community water system)	11	1.6	2.7
	Water Fluoridation (% of population served)	49	16.1%	72.7%
Climate and Health	Climate Policies (Number of four policies)	1	4	—
	Climate Risks (% of population)*	15	19.3%	35.5%
	Renewable Energy (% of total electricity generated)*	45	3.4%	20.5%
Housing and Transit	Housing With Lead Risk (% of housing stock)	42	23.0%	16.5%
	Severe Housing Problems (% of occupied housing units)	47	19.8%	16.7%
	Transportation Health Risks (% of population)*	48	40.1%	24.0%
Clinical Care		30	-0.094	
Access to Care	Avoided Care Due to Cost (% of adults)	30	10.7%	10.1%
	Dental Care Providers (Number per 100,000 population)	9	74.1	64.6
	Mental Health Providers (Number per 100,000 population)	29	299.5	324.9
	Primary Care Providers (Number per 100,000 population)	49	181.4	232.0
	Uninsured (% of population)	26	6.8%	8.0%
Preventive Clinical Services	Childhood Immunizations (% of children by age 24 months)	37	67.9%	70.0%
	Colorectal Cancer Screening (% of adults ages 45-75)	43	55.9%	61.8%
	Dental Visit (% of adults)	12	68.3%	66.0%
	Flu Vaccination (% of adults)	10	51.0%	45.6%
	HPV Vaccination (% of adolescents ages 13-17)	25	63.7%	62.6%
Quality of Care	Dedicated Health Care Provider (% of adults)	18	84.5%	83.8%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+)	35	2,984	2,681
Behaviors		8	0.662	
Nutrition and Physical Activity	Exercise (% of adults)	—	—	23.0%
	Fruit and Vegetable Consumption (% of adults)	3	11.4%	7.4%
	Physical Inactivity (% of adults)	23	23.3%	23.4%
Sexual Health	Chlamydia (Cases per 100,000 population)	8	360.7	495.5
	High-Risk HIV Behaviors (% of adults)	7	5.3%	5.7%
	Teen Births (Births per 1,000 females ages 15-19)	7	7.9	13.9
Sleep Health	Insufficient Sleep (% of adults)	35	37.4%	35.5%
Tobacco Use	Smoking (% of adults)	7	10.4%	14.0%
Health Outcomes		3	0.700	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	29	32.5	32.1
	Excessive Drinking (% of adults)	14	16.9%	18.4%
	Frequent Mental Distress (% of adults)	5	13.7%	15.9%
	Non-medical Drug Use (% of adults)	8	11.3%	15.9%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	4	7,013	9,478
	Premature Death Racial Disparity (Ratio)	27	1.6	1.6
Physical Health	Frequent Physical Distress (% of adults)	15	11.7%	12.4%
	Low Birth Weight (% of live births)	18	7.7%	8.5%
	Low Birth Weight Racial Disparity (Ratio)	43	2.2	2.1
	Multiple Chronic Conditions (% of adults)	3	8.5%	11.2%
	Obesity (% of adults)	6	29.1%	33.6%
Overall		13	0.419	

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- High per capita public health funding
- Low preventable hospitalization rate
- Low prevalence of insufficient sleep

Challenges

- High economic hardship index score
- High homicide rate
- High occupational fatality rate

Highlights

Firearm Deaths

21% ▲

from 22.9 to 27.6 deaths per 100,000 population between 2020 and 2021.

Uninsured

18% ▼

from 10.0% to 8.2% of the population between 2021 and 2022.

Premature Death

17% ▲

from 11,896 to 13,946 years lost before age 75 per 100,000 population between 2020 and 2021.

Measures

		State Rank	State Value	U.S. Value
Social & Economic Factors		47	-0.879	
Community and Family Safety	Homicide (Deaths per 100,000 population)	47	12.4	7.7
	Occupational Fatalities (Deaths per 100,000 workers)	49	8.6	3.9
	Public Health Funding (Dollars per person)	3	\$343	\$183
Economic Resources	Economic Hardship Index (Index from 1-100)	48	91	—
	Food Insecurity (% of households)	29	11.2%	11.2%
	Income Inequality (80-20 Ratio)	46	5.30	4.92
Education	Fourth Grade Reading Proficiency (% of public school students)	50	21.0%	32.1%
	High School Completion (% of adults ages 25+)	44	88.0%	89.6%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	50	24.7%	14.0%
	High-Speed Internet (% of households)	48	88.7%	92.9%
	Residential Segregation - Black/White (Index from 0-100)	6	54	—
	Volunteerism (% of population ages 16+)	45	19.7%	23.2%
	Voter Participation (% of U.S. citizens ages 18+)	28	58.4%	59.5%
Physical Environment		31	0.203	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	15	6.8	8.6
	Drinking Water Violations (Average number of violations per community water system)	48	4.0	2.7
	Water Fluoridation (% of population served)	24	76.8%	72.7%
Climate and Health	Climate Policies (Number of four policies)	13	3	—
	Climate Risks (% of population)*	43	69.1%	35.5%
	Renewable Energy (% of total electricity generated)*	12	40.6%	20.5%
Housing and Transit	Housing With Lead Risk (% of housing stock)	15	11.3%	16.5%
	Severe Housing Problems (% of occupied housing units)	38	16.6%	16.7%
	Transportation Health Risks (% of population)*	26	18.4%	24.0%
Clinical Care		34	-0.306	
Access to Care	Avoided Care Due to Cost (% of adults)	25	10.1%	10.1%
	Dental Care Providers (Number per 100,000 population)	23	63.1	64.6
	Mental Health Providers (Number per 100,000 population)	11	454.6	324.9
	Primary Care Providers (Number per 100,000 population)	32	234.6	232.0
	Uninsured (% of population)	32	8.2%	8.0%
Preventive Clinical Services	Childhood Immunizations (% of children by age 24 months)	36	68.1%	70.0%
	Colorectal Cancer Screening (% of adults ages 45-75)	47	55.3%	61.8%
	Dental Visit (% of adults)	36	61.7%	66.0%
	Flu Vaccination (% of adults)	22	46.4%	45.6%
Quality of Care	HPV Vaccination (% of adolescents ages 13-17)	31	60.8%	62.6%
	Dedicated Health Care Provider (% of adults)	49	73.4%	83.8%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+)	10	1,863	2,681
	Behaviors		34	-0.221
Nutrition and Physical Activity	Exercise (% of adults)	8	25.7%	23.0%
	Fruit and Vegetable Consumption (% of adults)	39	6.2%	7.4%
	Physical Inactivity (% of adults)	31	24.2%	23.4%
Sexual Health	Chlamydia (Cases per 100,000 population)	41	588.0	495.5
	High-Risk HIV Behaviors (% of adults)	33	6.1%	5.7%
	Teen Births (Births per 1,000 females ages 15-19)	41	19.0	13.9
Sleep Health	Insufficient Sleep (% of adults)	13	32.8%	35.5%
Tobacco Use	Smoking (% of adults)	32	15.0%	14.0%
Health Outcomes		40	-0.421	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	45	51.1	32.1
	Excessive Drinking (% of adults)	12	16.7%	18.4%
	Frequent Mental Distress (% of adults)	25	15.9%	15.9%
	Non-medical Drug Use (% of adults)	45	18.9%	15.9%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	48	13,946	9,478
	Premature Death Racial Disparity (Ratio)	38	2.1	1.6
Physical Health	Frequent Physical Distress (% of adults)	42	14.2%	12.4%
	Low Birth Weight (% of live births)	39	9.4%	8.5%
	Low Birth Weight Racial Disparity (Ratio)	17	1.9	2.1
	Multiple Chronic Conditions (% of adults)	31	11.6%	11.2%
	Obesity (% of adults)	17	32.4%	33.6%
Overall		43	-0.440	

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- Low premature death rate
- Low prevalence of multiple chronic conditions
- Low occupational fatality rate

Challenges

- Low prevalence of high school completion
- High income inequality
- High percentage of housing with lead risk

Highlights

Homicide

48% ▲

from 3.1 to 4.6 deaths per 100,000 population between 2018-2019 and 2020-2021.

Mental Health Providers

36% ▲

from 274.1 to 371.5 per 100,000 population between September 2018 and September 2023.

Frequent Mental Distress

18% ▲

from 13.0% to 15.4% of adults between 2021 and 2022.

Measures

		State Rank	State Value	U.S. Value
Social & Economic Factors		38	-0.280	
Community and Family Safety	Homicide (Deaths per 100,000 population)	18	4.6	7.7
	Occupational Fatalities (Deaths per 100,000 workers)	1	2.8	3.9
	Public Health Funding (Dollars per person)	11	\$232	\$183
Economic Resources	Economic Hardship Index (Index from 1-100)	38	70	—
	Food Insecurity (% of households)	31	11.3%	11.2%
	Income Inequality (80-20 Ratio)	50	5.95	4.92
Education	Fourth Grade Reading Proficiency (% of public school students)	39	29.6%	32.1%
	High School Completion (% of adults ages 25+)	45	87.9%	89.6%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	1	9.8%	14.0%
	High-Speed Internet (% of households)	36	92.0%	92.9%
	Residential Segregation - Black/White (Index from 0-100)	47	77	—
	Volunteerism (% of population ages 16+)	38	21.7%	23.2%
	Voter Participation (% of U.S. citizens ages 18+)	36	56.9%	59.5%
Physical Environment		41	-0.105	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	14	6.7	8.6
	Drinking Water Violations (Average number of violations per community water system)	26	2.0	2.7
	Water Fluoridation (% of population served)	30	71.5%	72.7%
Climate and Health	Climate Policies (Number of four policies)	1	4	—
	Climate Risks (% of population)*	10	10.4%	35.5%
	Renewable Energy (% of total electricity generated)*	19	28.2%	20.5%
Housing and Transit	Housing With Lead Risk (% of housing stock)	50	31.9%	16.5%
	Severe Housing Problems (% of occupied housing units)	48	22.4%	16.7%
	Transportation Health Risks (% of population)*	50	51.5%	24.0%
Clinical Care		20	0.288	
Access to Care	Avoided Care Due to Cost (% of adults)	21	9.8%	10.1%
	Dental Care Providers (Number per 100,000 population)	13	71.6	64.6
	Mental Health Providers (Number per 100,000 population)	17	371.5	324.9
	Primary Care Providers (Number per 100,000 population)	12	270.0	232.0
	Uninsured (% of population)	8	4.9%	8.0%
Preventive Clinical Services	Childhood Immunizations (% of children by age 24 months)	27	70.4%	70.0%
	Colorectal Cancer Screening (% of adults ages 45-75)	35	59.7%	61.8%
	Dental Visit (% of adults)	30	64.3%	66.0%
	Flu Vaccination (% of adults)	16	48.3%	45.6%
Quality of Care	HPV Vaccination (% of adolescents ages 13-17)	11	70.7%	62.6%
	Dedicated Health Care Provider (% of adults)	24	83.9%	83.8%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+)	27	2,752	2,681
	Behaviors		16	0.317
Nutrition and Physical Activity	Exercise (% of adults)	18	24.1%	23.0%
	Fruit and Vegetable Consumption (% of adults)	2	12.0%	7.4%
	Physical Inactivity (% of adults)	38	25.6%	23.4%
Sexual Health	Chlamydia (Cases per 100,000 population)	33	512.5	495.5
	High-Risk HIV Behaviors (% of adults)	30	5.9%	5.7%
	Teen Births (Births per 1,000 females ages 15-19)	9	9.1	13.9
Sleep Health	Insufficient Sleep (% of adults)	41	38.4%	35.5%
Tobacco Use	Smoking (% of adults)	11	11.3%	14.0%
Health Outcomes		17	0.272	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	21	29.0	32.1
	Excessive Drinking (% of adults)	26	18.4%	18.4%
	Frequent Mental Distress (% of adults)	21	15.4%	15.9%
	Non-medical Drug Use (% of adults)	33	15.2%	15.9%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	3	7,008	9,478
	Premature Death Racial Disparity (Ratio)	20	1.4	1.6
Physical Health	Frequent Physical Distress (% of adults)	19	12.0%	12.4%
	Low Birth Weight (% of live births)	25	8.4%	8.5%
	Low Birth Weight Racial Disparity (Ratio)	49	2.5	2.1
	Multiple Chronic Conditions (% of adults)	9	9.3%	11.2%
	Obesity (% of adults)	7	30.1%	33.6%
Overall		27	0.079	

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- High prevalence of colorectal cancer screening
- Low prevalence of insufficient sleep
- Low percentage of housing with lead risk

Challenges

- High prevalence of frequent physical distress
- Low adolescent HPV vaccination rate
- High prevalence of high-risk HIV behaviors

Highlights

Homicide

37% ▲

from 6.5 to 8.9 deaths per 100,000 population between 2018-2019 and 2020-2021.

Frequent Mental Distress

24% ▲

from 12.3% to 15.3% of adults between 2018 and 2022.

Uninsured

11% ▼

from 10.4% to 9.3% of the population between 2021 and 2022.

Measures

		State Rank	State Value	U.S. Value
Social & Economic Factors		29	0.052	
Community and Family Safety	Homicide (Deaths per 100,000 population)	36	8.9	7.7
	Occupational Fatalities (Deaths per 100,000 workers)	23	4.3	3.9
	Public Health Funding (Dollars per person)	44	\$137	\$183
Economic Resources	Economic Hardship Index (Index from 1-100)	26	51	—
	Food Insecurity (% of households)	26	10.7%	11.2%
	Income Inequality (80-20 Ratio)	25	4.60	4.92
Education	Fourth Grade Reading Proficiency (% of public school students)	23	32.3%	32.1%
	High School Completion (% of adults ages 25+)	34	90.2%	89.6%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	20	14.8%	14.0%
	High-Speed Internet (% of households)	30	92.4%	92.9%
	Residential Segregation - Black/White (Index from 0-100)	6	54	—
	Volunteerism (% of population ages 16+)	33	22.8%	23.2%
	Voter Participation (% of U.S. citizens ages 18+)	43	55.2%	59.5%
Physical Environment		3	0.850	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	17	7.1	8.6
	Drinking Water Violations (Average number of violations per community water system)	18	1.7	2.7
	Water Fluoridation (% of population served)	17	87.9%	72.7%
Climate and Health	Climate Policies (Number of four policies)	13	3	—
	Climate Risks (% of population)*	34	51.3%	35.5%
	Renewable Energy (% of total electricity generated)*	28	12.6%	20.5%
Housing and Transit	Housing With Lead Risk (% of housing stock)	8	9.6%	16.5%
	Severe Housing Problems (% of occupied housing units)	26	14.1%	16.7%
	Transportation Health Risks (% of population)*	28	19.0%	24.0%
Clinical Care		32	-0.173	
Access to Care	Avoided Care Due to Cost (% of adults)	38	11.9%	10.1%
	Dental Care Providers (Number per 100,000 population)	39	54.6	64.6
	Mental Health Providers (Number per 100,000 population)	23	327.2	324.9
	Primary Care Providers (Number per 100,000 population)	22	253.0	232.0
	Uninsured (% of population)	40	9.3%	8.0%
Preventive Clinical Services	Childhood Immunizations (% of children by age 24 months)	14	74.0%	70.0%
	Colorectal Cancer Screening (% of adults ages 45-75)	12	63.8%	61.8%
	Dental Visit (% of adults)	32	63.6%	66.0%
	Flu Vaccination (% of adults)	23	46.2%	45.6%
Quality of Care	HPV Vaccination (% of adolescents ages 13-17)	45	54.8%	62.6%
	Dedicated Health Care Provider (% of adults)	31	82.1%	83.8%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+)	29	2,831	2,681
Behaviors		39	-0.478	
Nutrition and Physical Activity	Exercise (% of adults)	33	21.6%	23.0%
	Fruit and Vegetable Consumption (% of adults)	39	6.2%	7.4%
	Physical Inactivity (% of adults)	21	23.1%	23.4%
Sexual Health	Chlamydia (Cases per 100,000 population)	43	603.3	495.5
	High-Risk HIV Behaviors (% of adults)	48	7.3%	5.7%
	Teen Births (Births per 1,000 females ages 15-19)	32	16.0	13.9
Sleep Health	Insufficient Sleep (% of adults)	18	34.1%	35.5%
Tobacco Use	Smoking (% of adults)	27	14.5%	14.0%
Health Outcomes		36	-0.184	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	34	37.9	32.1
	Excessive Drinking (% of adults)	20	17.9%	18.4%
	Frequent Mental Distress (% of adults)	20	15.3%	15.9%
	Non-medical Drug Use (% of adults)	24	14.1%	15.9%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	34	10,763	9,478
	Premature Death Racial Disparity (Ratio)	25	1.5	1.6
Physical Health	Frequent Physical Distress (% of adults)	40	14.1%	12.4%
	Low Birth Weight (% of live births)	39	9.4%	8.5%
	Low Birth Weight Racial Disparity (Ratio)	35	2.1	2.1
	Multiple Chronic Conditions (% of adults)	38	12.7%	11.2%
	Obesity (% of adults)	26	34.1%	33.6%
Overall		32	-0.067	

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

North Dakota

State Health Department Website: hhs.nd.gov/health

Overall Rank

14

Summary

Strengths

- Low economic hardship index score
- High prevalence of high school completion
- Low levels of air pollution

Challenges

- High racial disparity in premature death rates
- High prevalence of excessive drinking
- High occupational fatality rate

Highlights

Per Capita Income

15% 

from \$36,497 to \$41,800 between 2021 and 2022.

Insufficient Sleep

13% 

from 29.5% to 33.2% of adults between 2012 and 2022.

Preventable Hospitalizations

10% 

from 2,666 to 2,928 discharges per 100,000 Medicare enrollees between 2020 and 2021.

Measures

		State Rank	State Value	U.S. Value
Social & Economic Factors		7	0.646	
Community and Family Safety	Homicide (Deaths per 100,000 population)	10	3.5	7.7
	Occupational Fatalities (Deaths per 100,000 workers)	46	6.5	3.9
	Public Health Funding (Dollars per person)	7	\$251	\$183
Economic Resources	Economic Hardship Index (Index from 1-100)	5	26	—
	Food Insecurity (% of households)	3	7.7%	11.2%
	Income Inequality (80-20 Ratio)	12	4.36	4.92
Education	Fourth Grade Reading Proficiency (% of public school students)	30	31.0%	32.1%
	High School Completion (% of adults ages 25+)	6	93.9%	89.6%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	16	13.8%	14.0%
	High-Speed Internet (% of households)	36	92.0%	92.9%
	Residential Segregation - Black/White (Index from 0-100)	9	57	—
	Volunteerism (% of population ages 16+)	21	26.9%	23.2%
	Voter Participation (% of U.S. citizens ages 18+)	25	59.6%	59.5%
Physical Environment		2	0.878	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	4	5.4	8.6
	Drinking Water Violations (Average number of violations per community water system)	2	1.0	2.7
	Water Fluoridation (% of population served)	4	96.5%	72.7%
Climate and Health	Climate Policies (Number of four policies)	36	0	—
	Climate Risks (% of population)*	42	65.7%	35.5%
	Renewable Energy (% of total electricity generated)*	12	40.6%	20.5%
Housing and Transit	Housing With Lead Risk (% of housing stock)	24	15.0%	16.5%
	Severe Housing Problems (% of occupied housing units)	4	11.9%	16.7%
	Transportation Health Risks (% of population)*	3	2.3%	24.0%
Clinical Care		17	0.412	
Access to Care	Avoided Care Due to Cost (% of adults)	14	8.7%	10.1%
	Dental Care Providers (Number per 100,000 population)	22	63.4	64.6
	Mental Health Providers (Number per 100,000 population)	38	238.7	324.9
	Primary Care Providers (Number per 100,000 population)	3	306.2	232.0
	Uninsured (% of population)	20	6.4%	8.0%
Preventive Clinical Services	Childhood Immunizations (% of children by age 24 months)	13	75.3%	70.0%
	Colorectal Cancer Screening (% of adults ages 45-75)	19	62.7%	61.8%
	Dental Visit (% of adults)	19	66.6%	66.0%
	Flu Vaccination (% of adults)	27	45.5%	45.6%
Quality of Care	HPV Vaccination (% of adolescents ages 13-17)	5	74.4%	62.6%
	Dedicated Health Care Provider (% of adults)	32	82.0%	83.8%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+)	33	2,928	2,681
Behaviors		32	-0.154	
Nutrition and Physical Activity	Exercise (% of adults)	39	20.1%	23.0%
	Fruit and Vegetable Consumption (% of adults)	35	6.3%	7.4%
	Physical Inactivity (% of adults)	30	24.0%	23.4%
Sexual Health	Chlamydia (Cases per 100,000 population)	32	511.5	495.5
	High-Risk HIV Behaviors (% of adults)	21	5.6%	5.7%
	Teen Births (Births per 1,000 females ages 15-19)	24	12.9	13.9
Sleep Health	Insufficient Sleep (% of adults)	17	33.2%	35.5%
Tobacco Use	Smoking (% of adults)	34	15.1%	14.0%
Health Outcomes		18	0.271	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	4	16.1	32.1
	Excessive Drinking (% of adults)	50	23.9%	18.4%
	Frequent Mental Distress (% of adults)	7	14.1%	15.9%
	Non-medical Drug Use (% of adults)	1	7.5%	15.9%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	19	8,532	9,478
	Premature Death Racial Disparity (Ratio)	46	3.3	1.6
Physical Health	Frequent Physical Distress (% of adults)	5	10.5%	12.4%
	Low Birth Weight (% of live births)	1	6.6%	8.5%
	Low Birth Weight Racial Disparity (Ratio)	6	1.6	2.1
	Multiple Chronic Conditions (% of adults)	17	10.4%	11.2%
	Obesity (% of adults)	32	35.4%	33.6%
Overall		14	0.381	

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- High prevalence of high school completion
- Low occupational fatality rate
- Low uninsured rate

Challenges

- High prevalence of multiple chronic conditions
- High prevalence of high-risk HIV behaviors
- High prevalence of cigarette smoking

Highlights

Chronic Kidney Disease

62% ▲

from 2.9% to 4.7% of adults between 2017 and 2022.

Mental Health Providers

51% ▲

from 228.4 to 344.0 per 100,000 population between September 2018 and September 2023.

Frequent Mental Distress

12% ▲

from 16.3% to 18.3% of adults between 2021 and 2022.

Measures

		State Rank	State Value	U.S. Value
Social & Economic Factors		32	-0.005	
Community and Family Safety	Homicide (Deaths per 100,000 population)	34	8.6	7.7
	Occupational Fatalities (Deaths per 100,000 workers)	9	3.5	3.9
	Public Health Funding (Dollars per person)	37	\$153	\$183
Economic Resources	Economic Hardship Index (Index from 1-100)	26	51	—
	Food Insecurity (% of households)	35	11.5%	11.2%
	Income Inequality (80-20 Ratio)	30	4.70	4.92
Education	Fourth Grade Reading Proficiency (% of public school students)	10	34.5%	32.1%
	High School Completion (% of adults ages 25+)	21	91.8%	89.6%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	29	15.9%	14.0%
	High-Speed Internet (% of households)	31	92.3%	92.9%
	Residential Segregation - Black/White (Index from 0-100)	40	70	—
	Volunteerism (% of population ages 16+)	27	24.3%	23.2%
	Voter Participation (% of U.S. citizens ages 18+)	27	59.0%	59.5%
Physical Environment		32	0.172	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	36	8.4	8.6
	Drinking Water Violations (Average number of violations per community water system)	36	2.2	2.7
	Water Fluoridation (% of population served)	9	92.7%	72.7%
Climate and Health	Climate Policies (Number of four policies)	29	1	—
	Climate Risks (% of population)*	4	4.4%	35.5%
	Renewable Energy (% of total electricity generated)*	44	3.6%	20.5%
Housing and Transit	Housing With Lead Risk (% of housing stock)	43	23.7%	16.5%
	Severe Housing Problems (% of occupied housing units)	12	12.8%	16.7%
	Transportation Health Risks (% of population)*	19	14.5%	24.0%
Clinical Care		25	-0.022	
Access to Care	Avoided Care Due to Cost (% of adults)	21	9.8%	10.1%
	Dental Care Providers (Number per 100,000 population)	34	57.6	64.6
	Mental Health Providers (Number per 100,000 population)	21	344.0	324.9
	Primary Care Providers (Number per 100,000 population)	21	2531	232.0
	Uninsured (% of population)	15	5.9%	8.0%
Preventive Clinical Services	Childhood Immunizations (% of children by age 24 months)	37	67.9%	70.0%
	Colorectal Cancer Screening (% of adults ages 45-75)	28	61.1%	61.8%
	Dental Visit (% of adults)	29	64.4%	66.0%
	Flu Vaccination (% of adults)	31	44.3%	45.6%
	HPV Vaccination (% of adolescents ages 13-17)	26	62.7%	62.6%
Quality of Care	Dedicated Health Care Provider (% of adults)	15	85.4%	83.8%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+)	36	3,022	2,681
Behaviors		40	-0.651	
Nutrition and Physical Activity	Exercise (% of adults)	35	20.9%	23.0%
	Fruit and Vegetable Consumption (% of adults)	25	7.3%	7.4%
	Physical Inactivity (% of adults)	35	25.1%	23.4%
Sexual Health	Chlamydia (Cases per 100,000 population)	25	479.8	495.5
	High-Risk HIV Behaviors (% of adults)	44	7.0%	5.7%
	Teen Births (Births per 1,000 females ages 15-19)	31	15.5	13.9
Sleep Health	Insufficient Sleep (% of adults)	42	38.5%	35.5%
Tobacco Use	Smoking (% of adults)	45	17.1%	14.0%
Health Outcomes		43	-0.494	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	44	46.7	32.1
	Excessive Drinking (% of adults)	37	19.5%	18.4%
	Frequent Mental Distress (% of adults)	46	18.3%	15.9%
	Non-medical Drug Use (% of adults)	27	14.6%	15.9%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	38	11,012	9,478
	Premature Death Racial Disparity (Ratio)	25	1.5	1.6
Physical Health	Frequent Physical Distress (% of adults)	38	13.9%	12.4%
	Low Birth Weight (% of live births)	29	8.7%	8.5%
	Low Birth Weight Racial Disparity (Ratio)	24	2.0	2.1
	Multiple Chronic Conditions (% of adults)	43	14.6%	11.2%
	Obesity (% of adults)	44	38.1%	33.6%
Overall		36	-0.241	

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- Low prevalence of excessive drinking
- High per capita public health funding
- High supply of mental health providers

Challenges

- High prevalence of non-medical drug use
- High economic hardship index score
- High prevalence of physical inactivity

Highlights

Asthma

28% ▲

from 9.6% to 12.3% of adults between 2017 and 2022.

Uninsured

18% ▼

from 14.3% to 11.7% of the population between 2019 and 2022.

Premature Death

17% ▲

from 10,873 to 12,764 years lost before age 75 per 100,000 population between 2020 and 2021.

Measures

		State Rank	State Value	U.S. Value
Social & Economic Factors		44	-0.639	
Community and Family Safety	Homicide (Deaths per 100,000 population)	34	8.6	7.7
	Occupational Fatalities (Deaths per 100,000 workers)	34	5.2	3.9
	Public Health Funding (Dollars per person)	15	\$222	\$183
Economic Resources	Economic Hardship Index (Index from 1-100)	42	76	—
	Food Insecurity (% of households)	45	14.3%	11.2%
	Income Inequality (80-20 Ratio)	33	4.81	4.92
Education	Fourth Grade Reading Proficiency (% of public school students)	48	24.0%	32.1%
	High School Completion (% of adults ages 25+)	37	89.6%	89.6%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	41	18.3%	14.0%
	High-Speed Internet (% of households)	44	91.0%	92.9%
	Residential Segregation - Black/White (Index from 0-100)	15	59	—
	Volunteerism (% of population ages 16+)	30	23.6%	23.2%
	Voter Participation (% of U.S. citizens ages 18+)	47	52.7%	59.5%
Physical Environment		49	-0.340	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	40	8.7	8.6
	Drinking Water Violations (Average number of violations per community water system)	50	5.2	2.7
	Water Fluoridation (% of population served)	32	68.0%	72.7%
Climate and Health	Climate Policies (Number of four policies)	36	0	—
	Climate Risks (% of population)*	45	72.6%	35.5%
	Renewable Energy (% of total electricity generated)*	10	46.6%	20.5%
Housing and Transit	Housing With Lead Risk (% of housing stock)	21	13.5%	16.5%
	Severe Housing Problems (% of occupied housing units)	19	13.3%	16.7%
	Transportation Health Risks (% of population)*	15	12.4%	24.0%
Clinical Care		48	-1.109	
Access to Care	Avoided Care Due to Cost (% of adults)	47	14.7%	10.1%
	Dental Care Providers (Number per 100,000 population)	32	58.2	64.6
	Mental Health Providers (Number per 100,000 population)	12	432.3	324.9
	Primary Care Providers (Number per 100,000 population)	43	205.6	232.0
	Uninsured (% of population)	48	11.7%	8.0%
Preventive Clinical Services	Childhood Immunizations (% of children by age 24 months)	45	65.9%	70.0%
	Colorectal Cancer Screening (% of adults ages 45-75)	44	55.8%	61.8%
	Dental Visit (% of adults)	45	58.8%	66.0%
	Flu Vaccination (% of adults)	38	41.2%	45.6%
Quality of Care	HPV Vaccination (% of adolescents ages 13-17)	49	46.2%	62.6%
	Dedicated Health Care Provider (% of adults)	39	81.0%	83.8%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+)	40	3,061	2,681
Behaviors		47	-1.040	
Nutrition and Physical Activity	Exercise (% of adults)	48	15.6%	23.0%
	Fruit and Vegetable Consumption (% of adults)	49	3.8%	7.4%
	Physical Inactivity (% of adults)	47	29.5%	23.4%
Sexual Health	Chlamydia (Cases per 100,000 population)	35	519.5	495.5
	High-Risk HIV Behaviors (% of adults)	30	5.9%	5.7%
	Teen Births (Births per 1,000 females ages 15-19)	47	24.1	13.9
Sleep Health	Insufficient Sleep (% of adults)	24	35.5%	35.5%
Tobacco Use	Smoking (% of adults)	39	15.6%	14.0%
Health Outcomes		41	-0.435	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	15	24.9	32.1
	Excessive Drinking (% of adults)	4	14.4%	18.4%
	Frequent Mental Distress (% of adults)	44	18.1%	15.9%
	Non-medical Drug Use (% of adults)	38	16.2%	15.9%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	42	12,764	9,478
	Premature Death Racial Disparity (Ratio)	11	1.3	1.6
Physical Health	Frequent Physical Distress (% of adults)	42	14.2%	12.4%
	Low Birth Weight (% of live births)	30	8.8%	8.5%
	Low Birth Weight Racial Disparity (Ratio)	24	2.0	2.1
	Multiple Chronic Conditions (% of adults)	41	14.0%	11.2%
	Obesity (% of adults)	48	40.0%	33.6%
Overall		47	-0.709	

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Oregon

State Health Department Website: oregon.gov/oha/ph

Summary

Strengths

- High voter participation
- Low prevalence of insufficient sleep
- Low prevalence of physical inactivity

Challenges

- High prevalence of frequent mental distress
- High prevalence of non-medical drug use
- High levels of air pollution

Highlights

Homicide

59% ▲

from 2.7 to 4.3 deaths per 100,000 population between 2018-2019 and 2020-2021.

Premature Death

16% ▲

from 7,079 to 8,227 years lost before age 75 per 100,000 population between 2020 and 2021.

Unemployment

14% ▼

from 5.0% to 4.3% of civilian workers between 2019 and 2022.

Overall Rank

21

Measures

		State Rank	State Value	U.S. Value
Social & Economic Factors		22	0.268	
Community and Family Safety	Homicide (Deaths per 100,000 population)	15	4.3	7.7
	Occupational Fatalities (Deaths per 100,000 workers)	15	3.8	3.9
	Public Health Funding (Dollars per person)	28	\$183	\$183
Economic Resources	Economic Hardship Index (Index from 1-100)	20	48	—
	Food Insecurity (% of households)	29	11.2%	11.2%
	Income Inequality (80-20 Ratio)	26	4.62	4.92
Education	Fourth Grade Reading Proficiency (% of public school students)	44	28.0%	32.1%
	High School Completion (% of adults ages 25+)	23	91.6%	89.6%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	23	15.4%	14.0%
	High-Speed Internet (% of households)	8	94.3%	92.9%
	Residential Segregation - Black/White (Index from 0-100)	25	65	—
	Volunteerism (% of population ages 16+)	16	28.0%	23.2%
	Voter Participation (% of U.S. citizens ages 18+)	1	72.1%	59.5%
Physical Environment		48	-0.275	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	46	9.8	8.6
	Drinking Water Violations (Average number of violations per community water system)	31	2.1	2.7
	Water Fluoridation (% of population served)	48	26.4%	72.7%
Climate and Health	Climate Policies (Number of four policies)	13	3	—
	Climate Risks (% of population)*	19	25.6%	35.5%
	Renewable Energy (% of total electricity generated)*	5	67.7%	20.5%
Housing and Transit	Housing With Lead Risk (% of housing stock)	25	15.3%	16.5%
	Severe Housing Problems (% of occupied housing units)	43	18.0%	16.7%
	Transportation Health Risks (% of population)*	42	26.8%	24.0%
Clinical Care		16	0.445	
Access to Care	Avoided Care Due to Cost (% of adults)	16	9.1%	10.1%
	Dental Care Providers (Number per 100,000 population)	8	75.6	64.6
	Mental Health Providers (Number per 100,000 population)	3	705.5	324.9
	Primary Care Providers (Number per 100,000 population)	34	224.9	232.0
	Uninsured (% of population)	17	6.0%	8.0%
Preventive Clinical Services	Childhood Immunizations (% of children by age 24 months)	24	70.8%	70.0%
	Colorectal Cancer Screening (% of adults ages 45-75)	27	61.3%	61.8%
	Dental Visit (% of adults)	21	66.2%	66.0%
	Flu Vaccination (% of adults)	25	45.6%	45.6%
	HPV Vaccination (% of adolescents ages 13-17)	22	65.6%	62.6%
Quality of Care	Dedicated Health Care Provider (% of adults)	23	84.0%	83.8%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+)	6	1,723	2,681
Behaviors		11	0.568	
Nutrition and Physical Activity	Exercise (% of adults)	12	24.9%	23.0%
	Fruit and Vegetable Consumption (% of adults)	33	6.5%	7.4%
	Physical Inactivity (% of adults)	4	19.0%	23.4%
Sexual Health	Chlamydia (Cases per 100,000 population)	10	367.3	495.5
	High-Risk HIV Behaviors (% of adults)	34	6.2%	5.7%
	Teen Births (Births per 1,000 females ages 15-19)	10	9.5	13.9
Sleep Health	Insufficient Sleep (% of adults)	5	30.9%	35.5%
Tobacco Use	Smoking (% of adults)	17	12.4%	14.0%
Health Outcomes		26	0.127	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	16	27.1	32.1
	Excessive Drinking (% of adults)	40	20.1%	18.4%
	Frequent Mental Distress (% of adults)	43	17.8%	15.9%
	Non-medical Drug Use (% of adults)	43	18.4%	15.9%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	16	8,227	9,478
	Premature Death Racial Disparity (Ratio)	20	1.4	1.6
Physical Health	Frequent Physical Distress (% of adults)	24	12.4%	12.4%
	Low Birth Weight (% of live births)	4	6.9%	8.5%
	Low Birth Weight Racial Disparity (Ratio)	11	1.8	2.1
	Multiple Chronic Conditions (% of adults)	32	11.9%	11.2%
	Obesity (% of adults)	12	30.9%	33.6%
Overall		21	0.265	

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Pennsylvania

Overall Rank

23

State Health Department Website: health.pa.gov

Summary

Strengths

- High prevalence of high school completion
- Low uninsured rate
- Low prevalence of high-risk HIV behaviors

Challenges

- High prevalence of multiple chronic conditions
- Low per capita public health funding
- High percentage of housing with lead risk

Highlights

Mental Health Providers

43% 

from 194.9 to 279.2 per 100,000 population between September 2018 and September 2023.

Homicide

37% 

from 5.9 to 8.1 deaths per 100,000 population between 2018-2019 and 2020-2021.

Premature Death

21% 

from 7,672 to 9,275 years lost before age 75 per 100,000 population between 2019 and 2021.

Measures

		State Rank	State Value	U.S. Value
Social & Economic Factors		24	0.196	
Community and Family Safety	Homicide (Deaths per 100,000 population)	32	8.1	7.7
	Occupational Fatalities (Deaths per 100,000 workers)	12	3.6	3.9
	Public Health Funding (Dollars per person)	46	\$136	\$183
Economic Resources	Economic Hardship Index (Index from 1-100)	20	48	—
	Food Insecurity (% of households)	19	10.1%	11.2%
	Income Inequality (80-20 Ratio)	35	4.84	4.92
Education	Fourth Grade Reading Proficiency (% of public school students)	11	34.0%	32.1%
	High School Completion (% of adults ages 25+)	16	92.2%	89.6%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	10	12.4%	14.0%
	High-Speed Internet (% of households)	32	92.2%	92.9%
	Residential Segregation - Black/White (Index from 0-100)	43	73	—
	Volunteerism (% of population ages 16+)	23	25.6%	23.2%
	Voter Participation (% of U.S. citizens ages 18+)	9	65.1%	59.5%
Physical Environment		39	0.045	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	43	9.0	8.6
	Drinking Water Violations (Average number of violations per community water system)	11	1.6	2.7
	Water Fluoridation (% of population served)	36	60.0%	72.7%
Climate and Health	Climate Policies (Number of four policies)	13	3	—
	Climate Risks (% of population)*	13	14.5%	35.5%
	Renewable Energy (% of total electricity generated)*	46	3.2%	20.5%
Housing and Transit	Housing With Lead Risk (% of housing stock)	47	27.7%	16.5%
	Severe Housing Problems (% of occupied housing units)	23	13.8%	16.7%
	Transportation Health Risks (% of population)*	24	16.9%	24.0%
Clinical Care		13	0.567	
Access to Care	Avoided Care Due to Cost (% of adults)	13	8.6%	10.1%
	Dental Care Providers (Number per 100,000 population)	25	61.7	64.6
	Mental Health Providers (Number per 100,000 population)	30	279.2	324.9
	Primary Care Providers (Number per 100,000 population)	18	261.3	232.0
	Uninsured (% of population)	12	5.3%	8.0%
Preventive Clinical Services	Childhood Immunizations (% of children by age 24 months)	9	76.7%	70.0%
	Colorectal Cancer Screening (% of adults ages 45-75)	14	63.4%	61.8%
	Dental Visit (% of adults)	17	67.7%	66.0%
	Flu Vaccination (% of adults)	15	48.5%	45.6%
	HPV Vaccination (% of adolescents ages 13-17)	18	66.7%	62.6%
Quality of Care	Dedicated Health Care Provider (% of adults)	6	88.4%	83.8%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+)	34	2,954	2,681
Behaviors		21	0.153	
Nutrition and Physical Activity	Exercise (% of adults)	29	21.8%	23.0%
	Fruit and Vegetable Consumption (% of adults)	20	7.8%	7.4%
	Physical Inactivity (% of adults)	17	22.5%	23.4%
Sexual Health	Chlamydia (Cases per 100,000 population)	15	409.8	495.5
	High-Risk HIV Behaviors (% of adults)	4	4.9%	5.7%
	Teen Births (Births per 1,000 females ages 15-19)	18	11.5	13.9
Sleep Health	Insufficient Sleep (% of adults)	33	37.1%	35.5%
Tobacco Use	Smoking (% of adults)	31	14.9%	14.0%
Health Outcomes		28	0.041	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	40	42.4	32.1
	Excessive Drinking (% of adults)	25	18.3%	18.4%
	Frequent Mental Distress (% of adults)	16	14.9%	15.9%
	Non-medical Drug Use (% of adults)	30	14.8%	15.9%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	24	9,275	9,478
	Premature Death Racial Disparity (Ratio)	27	1.6	1.6
Physical Health	Frequent Physical Distress (% of adults)	30	12.9%	12.4%
	Low Birth Weight (% of live births)	23	8.3%	8.5%
	Low Birth Weight Racial Disparity (Ratio)	35	2.1	2.1
	Multiple Chronic Conditions (% of adults)	35	12.2%	11.2%
	Obesity (% of adults)	22	33.3%	33.6%
Overall		23	0.189	

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- High per capita public health funding
- High adult flu vaccination rate
- Low prevalence of high-risk HIV behaviors

Challenges

- Low volunteerism rate
- Low supply of dental care providers
- High percentage of housing with lead risk

Highlights

Drug Deaths

42% ▲

from 28.8 to 41.0 deaths per 100,000 population between 2019 and 2021.

Renewable Energy

42% ▲

from 7.2% to 10.2% of total electricity generated between 2021 and 2022.

Diabetes

29% ▲

from 8.9% to 11.5% of adults between 2017 and 2022.

Measures

		State Rank	State Value	U.S. Value
Social & Economic Factors		10	0.494	
Community and Family Safety	Homicide (Deaths per 100,000 population)	9	3.2	7.7
	Occupational Fatalities (Deaths per 100,000 workers)	18	3.9	3.9
	Public Health Funding (Dollars per person)	2	\$382	\$183
Economic Resources	Economic Hardship Index (Index from 1-100)	16	40	—
	Food Insecurity (% of households)	7	8.6%	11.2%
	Income Inequality (80-20 Ratio)	36	4.93	4.92
Education	Fourth Grade Reading Proficiency (% of public school students)	13	33.8%	32.1%
	High School Completion (% of adults ages 25+)	30	90.5%	89.6%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	4	11.6%	14.0%
	High-Speed Internet (% of households)	15	93.7%	92.9%
	Residential Segregation - Black/White (Index from 0-100)	30	66	—
	Volunteerism (% of population ages 16+)	42	20.1%	23.2%
	Voter Participation (% of U.S. citizens ages 18+)	21	60.4%	59.5%
Physical Environment		25	0.330	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	16	6.9	8.6
	Drinking Water Violations (Average number of violations per community water system)	11	1.6	2.7
	Water Fluoridation (% of population served)	20	82.7%	72.7%
Climate and Health	Climate Policies (Number of four policies)	1	4	—
	Climate Risks (% of population)*	1	1.3%	35.5%
	Renewable Energy (% of total electricity generated)*	32	10.2%	20.5%
Housing and Transit	Housing With Lead Risk (% of housing stock)	49	30.7%	16.5%
	Severe Housing Problems (% of occupied housing units)	37	16.5%	16.7%
	Transportation Health Risks (% of population)*	14	11.9%	24.0%
Clinical Care		3	1.188	
Access to Care	Avoided Care Due to Cost (% of adults)	9	7.8%	10.1%
	Dental Care Providers (Number per 100,000 population)	40	54.2	64.6
	Mental Health Providers (Number per 100,000 population)	8	499.0	324.9
	Primary Care Providers (Number per 100,000 population)	4	301.5	232.0
	Uninsured (% of population)	4	4.2%	8.0%
Preventive Clinical Services	Childhood Immunizations (% of children by age 24 months)	6	77.9%	70.0%
	Colorectal Cancer Screening (% of adults ages 45-75)	2	66.2%	61.8%
	Dental Visit (% of adults)	5	70.3%	66.0%
	Flu Vaccination (% of adults)	1	60.1%	45.6%
	HPV Vaccination (% of adolescents ages 13-17)	1	85.2%	62.6%
Quality of Care	Dedicated Health Care Provider (% of adults)	5	88.5%	83.8%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+)	26	2,645	2,681
Behaviors		10	0.601	
Nutrition and Physical Activity	Exercise (% of adults)	18	24.1%	23.0%
	Fruit and Vegetable Consumption (% of adults)	8	9.5%	7.4%
	Physical Inactivity (% of adults)	31	24.2%	23.4%
Sexual Health	Chlamydia (Cases per 100,000 population)	23	474.5	495.5
	High-Risk HIV Behaviors (% of adults)	1	4.5%	5.7%
	Teen Births (Births per 1,000 females ages 15-19)	5	7.8	13.9
Sleep Health	Insufficient Sleep (% of adults)	26	35.6%	35.5%
Tobacco Use	Smoking (% of adults)	13	11.8%	14.0%
Health Outcomes		7	0.576	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	37	41.0	32.1
	Excessive Drinking (% of adults)	32	18.9%	18.4%
	Frequent Mental Distress (% of adults)	22	15.5%	15.9%
	Non-medical Drug Use (% of adults)	11	11.6%	15.9%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	7	7,262	9,478
	Premature Death Racial Disparity (Ratio)	3	1.1	1.6
Physical Health	Frequent Physical Distress (% of adults)	31	13.0%	12.4%
	Low Birth Weight (% of live births)	20	7.9%	8.5%
	Low Birth Weight Racial Disparity (Ratio)	6	1.6	2.1
	Multiple Chronic Conditions (% of adults)	24	11.0%	11.2%
	Obesity (% of adults)	11	30.8%	33.6%
Overall		8	0.623	

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

South Carolina

State Health Department Website: scdhec.gov

Overall Rank

38

Summary

Strengths

- Low prevalence of excessive drinking
- Low preventable hospitalization rate
- Low percentage of housing with lead risk

Challenges

- High premature death rate
- High household food insecurity
- High occupational fatality rate

Highlights

Chronic Kidney Disease

38% ▲

from 2.9% to 4.0% of adults between 2019 and 2022.

Drug Deaths

23% ▲

from 34.0 to 41.9 deaths per 100,000 population between 2020 and 2021.

Dental Care Providers

10% ▲

from 48.2 to 52.8 per 100,000 population between September 2019 and September 2023.

Measures

		State Rank	State Value	U.S. Value
Social & Economic Factors		40	-0.366	
Community and Family Safety	Homicide (Deaths per 100,000 population)	45	12.3	7.7
	Occupational Fatalities (Deaths per 100,000 workers)	48	7.3	3.9
	Public Health Funding (Dollars per person)	35	\$163	\$183
Economic Resources	Economic Hardship Index (Index from 1-100)	36	65	—
	Food Insecurity (% of households)	46	14.5%	11.2%
	Income Inequality (80-20 Ratio)	29	4.67	4.92
Education	Fourth Grade Reading Proficiency (% of public school students)	21	32.5%	32.1%
	High School Completion (% of adults ages 25+)	30	90.5%	89.6%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	32	16.8%	14.0%
	High-Speed Internet (% of households)	43	91.2%	92.9%
	Residential Segregation - Black/White (Index from 0-100)	2	48	—
	Volunteerism (% of population ages 16+)	37	21.8%	23.2%
	Voter Participation (% of U.S. citizens ages 18+)	45	54.2%	59.5%
Physical Environment		10	0.523	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	28	7.8	8.6
	Drinking Water Violations (Average number of violations per community water system)	37	2.3	2.7
	Water Fluoridation (% of population served)	11	91.7%	72.7%
Climate and Health	Climate Policies (Number of four policies)	29	1	—
	Climate Risks (% of population)*	24	33.0%	35.5%
	Renewable Energy (% of total electricity generated)*	43	4.8%	20.5%
Housing and Transit	Housing With Lead Risk (% of housing stock)	5	8.5%	16.5%
	Severe Housing Problems (% of occupied housing units)	25	14.0%	16.7%
	Transportation Health Risks (% of population)*	35	24.0%	24.0%
Clinical Care		40	-0.592	
Access to Care	Avoided Care Due to Cost (% of adults)	42	12.8%	10.1%
	Dental Care Providers (Number per 100,000 population)	41	52.8	64.6
	Mental Health Providers (Number per 100,000 population)	40	224.2	324.9
	Primary Care Providers (Number per 100,000 population)	37	219.4	232.0
	Uninsured (% of population)	39	9.1%	8.0%
Preventive Clinical Services	Childhood Immunizations (% of children by age 24 months)	46	65.0%	70.0%
	Colorectal Cancer Screening (% of adults ages 45-75)	24	62.0%	61.8%
	Dental Visit (% of adults)	33	63.1%	66.0%
	Flu Vaccination (% of adults)	36	43.0%	45.6%
Quality of Care	HPV Vaccination (% of adolescents ages 13-17)	46	54.4%	62.6%
	Dedicated Health Care Provider (% of adults)	36	81.3%	83.8%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+)	21	2,498	2,681
Behaviors		38	-0.468	
Nutrition and Physical Activity	Exercise (% of adults)	25	23.0%	23.0%
	Fruit and Vegetable Consumption (% of adults)	18	8.0%	7.4%
	Physical Inactivity (% of adults)	40	26.0%	23.4%
Sexual Health	Chlamydia (Cases per 100,000 population)	46	702.7	495.5
	High-Risk HIV Behaviors (% of adults)	32	6.0%	5.7%
	Teen Births (Births per 1,000 females ages 15-19)	40	18.3	13.9
Sleep Health	Insufficient Sleep (% of adults)	23	35.4%	35.5%
Tobacco Use	Smoking (% of adults)	37	15.4%	14.0%
Health Outcomes		39	-0.223	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	38	41.9	32.1
	Excessive Drinking (% of adults)	22	18.1%	18.4%
	Frequent Mental Distress (% of adults)	23	15.7%	15.9%
	Non-medical Drug Use (% of adults)	18	13.0%	15.9%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	41	12,497	9,478
	Premature Death Racial Disparity (Ratio)	11	1.3	1.6
Physical Health	Frequent Physical Distress (% of adults)	24	12.4%	12.4%
	Low Birth Weight (% of live births)	46	10.0%	8.5%
	Low Birth Weight Racial Disparity (Ratio)	43	2.2	2.1
	Multiple Chronic Conditions (% of adults)	35	12.2%	11.2%
	Obesity (% of adults)	29	35.0%	33.6%
Overall		38	-0.296	

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

South Dakota

State Health Department Website: doh.sd.gov

Overall Rank

16

Summary

Strengths

- Low prevalence of non-medical drug use
- Low prevalence of frequent physical distress
- Low income inequality

Challenges

- High prevalence of excessive drinking
- High prevalence of obesity
- Low voter participation

Highlights

Suicide

48% ▲

from 15.8 to 23.4 deaths per 100,000 population between 2011 and 2021.

Occupational Fatalities

34% ▼

from 7.4 to 4.9 deaths per 100,000 workers between 2016-2018 and 2019-2021.

Flu Vaccination Coverage

14% ▼

from 54.6% to 46.9% of adults between 2020 and 2022.

Measures

		State Rank	State Value	U.S. Value
Social & Economic Factors		21	0.270	
Community and Family Safety	Homicide (Deaths per 100,000 population)	20	5.4	7.7
	Occupational Fatalities (Deaths per 100,000 workers)	30	4.9	3.9
	Public Health Funding (Dollars per person)	13	\$231	\$183
Economic Resources	Economic Hardship Index (Index from 1-100)	23	49	—
	Food Insecurity (% of households)	9	8.9%	11.2%
	Income Inequality (80-20 Ratio)	6	4.22	4.92
Education	Fourth Grade Reading Proficiency (% of public school students)	22	32.4%	32.1%
	High School Completion (% of adults ages 25+)	11	93.2%	89.6%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	37	17.6%	14.0%
	High-Speed Internet (% of households)	38	91.7%	92.9%
	Residential Segregation - Black/White (Index from 0-100)	37	69	—
	Volunteerism (% of population ages 16+)	5	34.2%	23.2%
	Voter Participation (% of U.S. citizens ages 18+)	39	56.0%	59.5%
Physical Environment		7	0.737	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	7	5.8	8.6
	Drinking Water Violations (Average number of violations per community water system)	3	1.2	2.7
	Water Fluoridation (% of population served)	7	93.8%	72.7%
Climate and Health	Climate Policies (Number of four policies)	36	0	—
	Climate Risks (% of population)*	50	94.0%	35.5%
	Renewable Energy (% of total electricity generated)*	2	81.3%	20.5%
Housing and Transit	Housing With Lead Risk (% of housing stock)	30	17.8%	16.5%
	Severe Housing Problems (% of occupied housing units)	2	11.4%	16.7%
	Transportation Health Risks (% of population)*	2	1.0%	24.0%
Clinical Care		19	0.372	
Access to Care	Avoided Care Due to Cost (% of adults)	6	7.6%	10.1%
	Dental Care Providers (Number per 100,000 population)	30	58.9	64.6
	Mental Health Providers (Number per 100,000 population)	39	234.4	324.9
	Primary Care Providers (Number per 100,000 population)	8	2896	232.0
	Uninsured (% of population)	30	8.1%	8.0%
Preventive Clinical Services	Childhood Immunizations (% of children by age 24 months)	19	72.4%	70.0%
	Colorectal Cancer Screening (% of adults ages 45-75)	18	63.1%	61.8%
	Dental Visit (% of adults)	6	69.6%	66.0%
	Flu Vaccination (% of adults)	21	46.9%	45.6%
	HPV Vaccination (% of adolescents ages 13-17)	14	68.3%	62.6%
Quality of Care	Dedicated Health Care Provider (% of adults)	26	83.6%	83.8%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+)	25	2,639	2,681
Behaviors		25	0.108	
Nutrition and Physical Activity	Exercise (% of adults)	29	21.8%	23.0%
	Fruit and Vegetable Consumption (% of adults)	31	6.7%	7.4%
	Physical Inactivity (% of adults)	25	23.4%	23.4%
Sexual Health	Chlamydia (Cases per 100,000 population)	37	542.0	495.5
	High-Risk HIV Behaviors (% of adults)	3	4.7%	5.7%
	Teen Births (Births per 1,000 females ages 15-19)	36	17.0	13.9
Sleep Health	Insufficient Sleep (% of adults)	6	31.2%	35.5%
Tobacco Use	Smoking (% of adults)	25	14.0%	14.0%
Health Outcomes		12	0.429	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	2	12.4	32.1
	Excessive Drinking (% of adults)	42	20.3%	18.4%
	Frequent Mental Distress (% of adults)	3	12.8%	15.9%
	Non-medical Drug Use (% of adults)	6	10.5%	15.9%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	28	9,839	9,478
	Premature Death Racial Disparity (Ratio)	48	3.9	1.6
Physical Health	Frequent Physical Distress (% of adults)	1	9.5%	12.4%
	Low Birth Weight (% of live births)	9	7.1%	8.5%
	Low Birth Weight Racial Disparity (Ratio)	4	1.5	2.1
	Multiple Chronic Conditions (% of adults)	2	8.4%	11.2%
	Obesity (% of adults)	36	36.8%	33.6%
Overall		16	0.339	

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- Low prevalence of excessive drinking
- Low income inequality
- Low percentage of households experiencing severe housing problems

Challenges

- High prevalence of frequent mental distress
- High prevalence of multiple chronic conditions
- High prevalence of cigarette smoking

Highlights

Drug Deaths

79% ▲

from 30.6 to 54.7 deaths per 100,000 population between 2019 and 2021.

HPV Vaccination Coverage

50% ▲

from 43.0% to 64.4% of adolescents ages 13-17 between 2019 and 2022.

Depression

16% ▲

from 25.2% to 29.2% of adults between 2021 and 2022.

Measures

		State Rank	State Value	U.S. Value
Social & Economic Factors		41	-0.380	
Community and Family Safety	Homicide (Deaths per 100,000 population)	43	11.3	7.7
	Occupational Fatalities (Deaths per 100,000 workers)	43	5.9	3.9
	Public Health Funding (Dollars per person)	25	\$190	\$183
Economic Resources	Economic Hardship Index (Index from 1-100)	26	51	—
	Food Insecurity (% of households)	35	11.5%	11.2%
	Income Inequality (80-20 Ratio)	23	4.57	4.92
Education	Fourth Grade Reading Proficiency (% of public school students)	36	30.2%	32.1%
	High School Completion (% of adults ages 25+)	32	90.4%	89.6%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	44	18.8%	14.0%
	High-Speed Internet (% of households)	40	91.5%	92.9%
	Residential Segregation - Black/White (Index from 0-100)	34	68	—
	Volunteerism (% of population ages 16+)	28	23.8%	23.2%
	Voter Participation (% of U.S. citizens ages 18+)	41	55.5%	59.5%
Physical Environment		19	0.435	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	24	7.6	8.6
	Drinking Water Violations (Average number of violations per community water system)	26	2.0	2.7
	Water Fluoridation (% of population served)	16	88.8%	72.7%
Climate and Health	Climate Policies (Number of four policies)	36	0	—
	Climate Risks (% of population)*	23	31.9%	35.5%
	Renewable Energy (% of total electricity generated)*	27	12.8%	20.5%
Housing and Transit	Housing With Lead Risk (% of housing stock)	16	11.4%	16.5%
	Severe Housing Problems (% of occupied housing units)	19	13.3%	16.7%
	Transportation Health Risks (% of population)*	31	21.9%	24.0%
Clinical Care		41	-0.648	
Access to Care	Avoided Care Due to Cost (% of adults)	41	12.6%	10.1%
	Dental Care Providers (Number per 100,000 population)	45	49.9	64.6
	Mental Health Providers (Number per 100,000 population)	45	198.8	324.9
	Primary Care Providers (Number per 100,000 population)	15	265.2	232.0
	Uninsured (% of population)	40	9.3%	8.0%
Preventive Clinical Services	Childhood Immunizations (% of children by age 24 months)	41	67.8%	70.0%
	Colorectal Cancer Screening (% of adults ages 45-75)	40	57.0%	61.8%
	Dental Visit (% of adults)	44	59.5%	66.0%
	Flu Vaccination (% of adults)	39	40.6%	45.6%
	HPV Vaccination (% of adolescents ages 13-17)	24	64.4%	62.6%
Quality of Care	Dedicated Health Care Provider (% of adults)	37	81.1%	83.8%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+)	28	2.826	2.681
Behaviors		46	-1.023	
Nutrition and Physical Activity	Exercise (% of adults)	29	21.8%	23.0%
	Fruit and Vegetable Consumption (% of adults)	30	6.8%	7.4%
	Physical Inactivity (% of adults)	44	27.7%	23.4%
Sexual Health	Chlamydia (Cases per 100,000 population)	38	562.4	495.5
	High-Risk HIV Behaviors (% of adults)	42	6.9%	5.7%
	Teen Births (Births per 1,000 females ages 15-19)	44	21.5	13.9
Sleep Health	Insufficient Sleep (% of adults)	44	38.8%	35.5%
Tobacco Use	Smoking (% of adults)	48	18.5%	14.0%
Health Outcomes		47	-0.779	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	49	54.7	32.1
	Excessive Drinking (% of adults)	11	16.6%	18.4%
	Frequent Mental Distress (% of adults)	48	20.3%	15.9%
	Non-medical Drug Use (% of adults)	27	14.6%	15.9%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	45	13,441	9,478
	Premature Death Racial Disparity (Ratio)	11	1.3	1.6
Physical Health	Frequent Physical Distress (% of adults)	47	15.5%	12.4%
	Low Birth Weight (% of live births)	38	9.3%	8.5%
	Low Birth Weight Racial Disparity (Ratio)	24	2.0	2.1
	Multiple Chronic Conditions (% of adults)	48	16.8%	11.2%
	Obesity (% of adults)	46	38.9%	33.6%
Overall		44	-0.566	

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Texas

State Health Department Website: dshs.texas.gov

Overall Rank

39

Summary

Strengths

- Low prevalence of multiple chronic conditions
- Low prevalence of cigarette smoking
- Low percentage of housing with lead risk

Challenges

- High household food insecurity
- Low prevalence of high school completion
- High prevalence of avoiding care due to cost

Highlights

Cardiovascular Diseases

23% ▲

from 7.3% to 9.0% of adults between 2021 and 2022.

HPV Vaccination Coverage

21% ▲

from 48.4% to 58.5% of adolescents ages 13-17 between 2019 and 2022.

Primary Care Providers

14% ▼

from 211.8 to 182.3 per 100,000 population between September 2022 and September 2023.

Measures

		State Rank	State Value	U.S. Value
Social & Economic Factors		42	-0.447	
Community and Family Safety	Homicide (Deaths per 100,000 population)	31	7.8	7.7
	Occupational Fatalities (Deaths per 100,000 workers)	35	5.3	3.9
	Public Health Funding (Dollars per person)	43	\$138	\$183
Economic Resources	Economic Hardship Index (Index from 1-100)	42	76	—
	Food Insecurity (% of households)	49	15.5%	11.2%
	Income Inequality (80-20 Ratio)	32	4.80	4.92
Education	Fourth Grade Reading Proficiency (% of public school students)	37	29.9%	32.1%
	High School Completion (% of adults ages 25+)	49	86.1%	89.6%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	9	12.2%	14.0%
	High-Speed Internet (% of households)	22	92.9%	92.9%
	Residential Segregation - Black/White (Index from 0-100)	12	58	—
	Volunteerism (% of population ages 16+)	39	21.3%	23.2%
	Voter Participation (% of U.S. citizens ages 18+)	41	55.5%	59.5%
Physical Environment		43	-0.132	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	43	9.0	8.6
	Drinking Water Violations (Average number of violations per community water system)	46	3.5	2.7
	Water Fluoridation (% of population served)	31	71.0%	72.7%
Climate and Health	Climate Policies (Number of four policies)	29	1	—
	Climate Risks (% of population)*	39	63.4%	35.5%
	Renewable Energy (% of total electricity generated)*	20	26.3%	20.5%
Housing and Transit	Housing With Lead Risk (% of housing stock)	5	8.5%	16.5%
	Severe Housing Problems (% of occupied housing units)	40	17.2%	16.7%
	Transportation Health Risks (% of population)*	25	17.2%	24.0%
Clinical Care		50	-1.365	
Access to Care	Avoided Care Due to Cost (% of adults)	50	16.8%	10.1%
	Dental Care Providers (Number per 100,000 population)	38	55.2	64.6
	Mental Health Providers (Number per 100,000 population)	49	162.1	324.9
	Primary Care Providers (Number per 100,000 population)	48	182.3	232.0
	Uninsured (% of population)	50	16.6%	8.0%
Preventive Clinical Services	Childhood Immunizations (% of children by age 24 months)	43	66.8%	70.0%
	Colorectal Cancer Screening (% of adults ages 45-75)	49	53.8%	61.8%
	Dental Visit (% of adults)	47	57.9%	66.0%
	Flu Vaccination (% of adults)	47	38.5%	45.6%
	HPV Vaccination (% of adolescents ages 13-17)	40	58.5%	62.6%
Quality of Care	Dedicated Health Care Provider (% of adults)	49	73.4%	83.8%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+)	31	2,846	2,681
Behaviors		29	0.004	
Nutrition and Physical Activity	Exercise (% of adults)	17	24.3%	23.0%
	Fruit and Vegetable Consumption (% of adults)	14	8.8%	7.4%
	Physical Inactivity (% of adults)	37	25.5%	23.4%
Sexual Health	Chlamydia (Cases per 100,000 population)	30	506.8	495.5
	High-Risk HIV Behaviors (% of adults)	21	5.6%	5.7%
	Teen Births (Births per 1,000 females ages 15-19)	42	20.3	13.9
Sleep Health	Insufficient Sleep (% of adults)	32	36.9%	35.5%
Tobacco Use	Smoking (% of adults)	13	11.8%	14.0%
Health Outcomes		24	0.144	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	5	17.1	32.1
	Excessive Drinking (% of adults)	24	18.2%	18.4%
	Frequent Mental Distress (% of adults)	31	16.2%	15.9%
	Non-medical Drug Use (% of adults)	26	14.3%	15.9%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	27	9,829	9,478
	Premature Death Racial Disparity (Ratio)	11	1.3	1.6
Physical Health	Frequent Physical Distress (% of adults)	19	12.0%	12.4%
	Low Birth Weight (% of live births)	28	8.6%	8.5%
	Low Birth Weight Racial Disparity (Ratio)	24	2.0	2.1
	Multiple Chronic Conditions (% of adults)	12	9.7%	11.2%
	Obesity (% of adults)	33	35.5%	33.6%
Overall		39	-0.315	

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- Low prevalence of excessive drinking
- Low income inequality
- High volunteerism rate

Challenges

- High prevalence of frequent mental distress
- Low per capita public health funding
- Low supply of primary care providers

Highlights

Mental Health Providers

27% ▲

from 317.5 to 402.1 per 100,000 population between September 2018 and September 2023.

Insufficient Sleep

11% ▲

from 30.9% to 34.2% of adults between 2020 and 2022.

Air Pollution

10% ▲

from 7.8 to 8.6 micrograms of fine particulate matter per cubic meter between 2017-2019 and 2020-2022.

Measures

		State Rank	State Value	U.S. Value
Social & Economic Factors		4	0.743	
Community and Family Safety	Homicide (Deaths per 100,000 population)	6	2.8	7.7
	Occupational Fatalities (Deaths per 100,000 workers)	22	4.2	3.9
	Public Health Funding (Dollars per person)	42	\$139	\$183
Economic Resources	Economic Hardship Index (Index from 1-100)	8	30	—
	Food Insecurity (% of households)	26	10.7%	11.2%
	Income Inequality (80-20 Ratio)	1	3.78	4.92
Education	Fourth Grade Reading Proficiency (% of public school students)	7	36.8%	32.1%
	High School Completion (% of adults ages 25+)	12	93.0%	89.6%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	5	11.9%	14.0%
	High-Speed Internet (% of households)	2	95.3%	92.9%
	Residential Segregation - Black/White (Index from 0-100)	41	71	—
	Volunteerism (% of population ages 16+)	1	40.7%	23.2%
	Voter Participation (% of U.S. citizens ages 18+)	31	58.2%	59.5%
Physical Environment		35	0.160	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	38	8.6	8.6
	Drinking Water Violations (Average number of violations per community water system)	11	1.6	2.7
	Water Fluoridation (% of population served)	42	50.9%	72.7%
Climate and Health	Climate Policies (Number of four policies)	36	0	—
	Climate Risks (% of population)*	48	82.0%	35.5%
	Renewable Energy (% of total electricity generated)*	24	14.5%	20.5%
Housing and Transit	Housing With Lead Risk (% of housing stock)	11	10.6%	16.5%
	Severe Housing Problems (% of occupied housing units)	18	13.2%	16.7%
	Transportation Health Risks (% of population)*	13	10.6%	24.0%
Clinical Care		24	0.087	
Access to Care	Avoided Care Due to Cost (% of adults)	36	11.8%	10.1%
	Dental Care Providers (Number per 100,000 population)	26	60.8	64.6
	Mental Health Providers (Number per 100,000 population)	14	402.1	324.9
	Primary Care Providers (Number per 100,000 population)	47	184.3	232.0
	Uninsured (% of population)	30	8.1%	8.0%
Preventive Clinical Services	Childhood Immunizations (% of children by age 24 months)	5	78.1%	70.0%
	Colorectal Cancer Screening (% of adults ages 45-75)	36	59.4%	61.8%
	Dental Visit (% of adults)	4	71.3%	66.0%
	Flu Vaccination (% of adults)	33	43.2%	45.6%
	HPV Vaccination (% of adolescents ages 13-17)	43	55.2%	62.6%
Quality of Care	Dedicated Health Care Provider (% of adults)	41	79.8%	83.8%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+)	4	1,491	2,681
Behaviors		3	0.976	
Nutrition and Physical Activity	Exercise (% of adults)	12	24.9%	23.0%
	Fruit and Vegetable Consumption (% of adults)	23	7.4%	7.4%
	Physical Inactivity (% of adults)	2	16.9%	23.4%
Sexual Health	Chlamydia (Cases per 100,000 population)	6	336.2	495.5
	High-Risk HIV Behaviors (% of adults)	7	5.3%	5.7%
	Teen Births (Births per 1,000 females ages 15-19)	11	9.7	13.9
Sleep Health	Insufficient Sleep (% of adults)	19	34.2%	35.5%
Tobacco Use	Smoking (% of adults)	1	6.7%	14.0%
Health Outcomes		5	0.633	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	10	21.3	32.1
	Excessive Drinking (% of adults)	1	13.6%	18.4%
	Frequent Mental Distress (% of adults)	36	16.5%	15.9%
	Non-medical Drug Use (% of adults)	20	13.3%	15.9%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	8	7,288	9,478
	Premature Death Racial Disparity (Ratio)	39	2.2	1.6
Physical Health	Frequent Physical Distress (% of adults)	9	11.3%	12.4%
	Low Birth Weight (% of live births)	13	7.4%	8.5%
	Low Birth Weight Racial Disparity (Ratio)	11	1.8	2.1
	Multiple Chronic Conditions (% of adults)	5	8.8%	11.2%
	Obesity (% of adults)	13	31.1%	33.6%
Overall		9	0.606	

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- Low homicide rate
- High prevalence of high school completion
- Low prevalence of insufficient sleep

Challenges

- High prevalence of excessive drinking
- High prevalence of adverse childhood experiences (ACEs)
- Low percentage of community water supply with fluoridated water

Highlights

Chronic Kidney Disease

65% ▲

from 2.0% to 3.3% of adults between 2021 and 2022.

Air Pollution

23% ▲

from 4.8 to 5.9 micrograms of fine particulate matter per cubic meter between 2017-2019 and 2020-2022.

Occupational Fatalities

13% ▼

from 5.6 to 4.9 deaths per 100,000 workers between 2016-2018 and 2019-2021.

Measures

		State Rank	State Value	U.S. Value
Social & Economic Factors		8	0.600	
Community and Family Safety	Homicide (Deaths per 100,000 population)	3	1.9	7.7
	Occupational Fatalities (Deaths per 100,000 workers)	30	4.9	3.9
	Public Health Funding (Dollars per person)	4	\$319	\$183
Economic Resources	Economic Hardship Index (Index from 1-100)	3	22	—
	Food Insecurity (% of households)	4	8.0%	11.2%
	Income Inequality (80-20 Ratio)	20	4.53	4.92
Education	Fourth Grade Reading Proficiency (% of public school students)	16	33.6%	32.1%
	High School Completion (% of adults ages 25+)	1	95.0%	89.6%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	47	19.9%	14.0%
	High-Speed Internet (% of households)	28	92.7%	92.9%
	Residential Segregation - Black/White (Index from 0-100)	32	67	—
	Volunteerism (% of population ages 16+)	12	29.1%	23.2%
	Voter Participation (% of U.S. citizens ages 18+)	8	65.3%	59.5%
Physical Environment		14	0.502	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	8	5.9	8.6
	Drinking Water Violations (Average number of violations per community water system)	6	1.4	2.7
	Water Fluoridation (% of population served)	40	56.3%	72.7%
Climate and Health	Climate Policies (Number of four policies)	1	4	—
	Climate Risks (% of population)*	5	5.6%	35.5%
	Renewable Energy (% of total electricity generated)*	1	82.7%	20.5%
Housing and Transit	Housing With Lead Risk (% of housing stock)	41	22.6%	16.5%
	Severe Housing Problems (% of occupied housing units)	33	15.6%	16.7%
	Transportation Health Risks (% of population)*	6	5.6%	24.0%
Clinical Care		2	1.191	
Access to Care	Avoided Care Due to Cost (% of adults)	2	6.3%	10.1%
	Dental Care Providers (Number per 100,000 population)	20	65.8	64.6
	Mental Health Providers (Number per 100,000 population)	5	548.9	324.9
	Primary Care Providers (Number per 100,000 population)	10	275.4	232.0
	Uninsured (% of population)	3	3.9%	8.0%
Preventive Clinical Services	Childhood Immunizations (% of children by age 24 months)	2	81.1%	70.0%
	Colorectal Cancer Screening (% of adults ages 45-75)	25	61.8%	61.8%
	Dental Visit (% of adults)	15	68.0%	66.0%
	Flu Vaccination (% of adults)	3	56.6%	45.6%
Quality of Care	HPV Vaccination (% of adolescents ages 13-17)	8	71.9%	62.6%
	Dedicated Health Care Provider (% of adults)	4	89.3%	83.8%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+)	14	2,179	2,681
Behaviors		1	1.252	
Nutrition and Physical Activity	Exercise (% of adults)	1	28.5%	23.0%
	Fruit and Vegetable Consumption (% of adults)	1	12.9%	7.4%
	Physical Inactivity (% of adults)	6	19.8%	23.4%
Sexual Health	Chlamydia (Cases per 100,000 population)	1	141.0	495.5
	High-Risk HIV Behaviors (% of adults)	21	5.6%	5.7%
	Teen Births (Births per 1,000 females ages 15-19)	3	6.4	13.9
Sleep Health	Insufficient Sleep (% of adults)	1	29.6%	35.5%
Tobacco Use	Smoking (% of adults)	22	13.0%	14.0%
Health Outcomes		9	0.514	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	36	40.2	32.1
	Excessive Drinking (% of adults)	43	20.5%	18.4%
	Frequent Mental Distress (% of adults)	31	16.2%	15.9%
	Non-medical Drug Use (% of adults)	27	14.6%	15.9%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	10	7,619	9,478
	Premature Death Racial Disparity (Ratio)	—	—	1.6
Physical Health	Frequent Physical Distress (% of adults)	12	11.5%	12.4%
	Low Birth Weight (% of live births)	6	7.0%	8.5%
	Low Birth Weight Racial Disparity (Ratio)	1	1.1	2.1
	Multiple Chronic Conditions (% of adults)	30	11.5%	11.2%
	Obesity (% of adults)	3	26.8%	33.6%
Overall		3	0.788	

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Virginia

State Health Department Website: vdh.virginia.gov

Summary

Strengths

- Low economic hardship index score
- Low household food insecurity
- Low levels of air pollution

Challenges

- High prevalence of multiple chronic conditions
- Low per capita public health funding
- High prevalence of high-risk HIV behaviors

Highlights

Depression

27% ▲

from 17.2% to 21.8% of adults between 2020 and 2022.

Unemployment

25% ▼

from 4.8% to 3.6% of civilian workers between 2021 and 2022.

Excessive Drinking

15% ▲

from 16.1% to 18.5% of adults between 2020 and 2022.

Overall Rank

19

Measures

		State Rank	State Value	U.S. Value
Social & Economic Factors		16	0.413	
Community and Family Safety	Homicide (Deaths per 100,000 population)	26	6.6	7.7
	Occupational Fatalities (Deaths per 100,000 workers)	28	4.6	3.9
	Public Health Funding (Dollars per person)	36	\$157	\$183
Economic Resources	Economic Hardship Index (Index from 1-100)	8	30	—
	Food Insecurity (% of households)	13	9.3%	11.2%
	Income Inequality (80-20 Ratio)	38	4.96	4.92
Education	Fourth Grade Reading Proficiency (% of public school students)	26	31.8%	32.1%
	High School Completion (% of adults ages 25+)	25	91.5%	89.6%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	17	13.9%	14.0%
	High-Speed Internet (% of households)	22	92.9%	92.9%
	Residential Segregation - Black/White (Index from 0-100)	3	52	—
	Volunteerism (% of population ages 16+)	20	27.2%	23.2%
	Voter Participation (% of U.S. citizens ages 18+)	16	62.4%	59.5%
Physical Environment		1	0.977	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	11	6.6	8.6
	Drinking Water Violations (Average number of violations per community water system)	23	1.8	2.7
	Water Fluoridation (% of population served)	5	95.5%	72.7%
Climate and Health	Climate Policies (Number of four policies)	1	4	—
	Climate Risks (% of population)*	14	17.8%	35.5%
	Renewable Energy (% of total electricity generated)*	38	7.6%	20.5%
Housing and Transit	Housing With Lead Risk (% of housing stock)	19	12.9%	16.5%
	Severe Housing Problems (% of occupied housing units)	22	13.7%	16.7%
	Transportation Health Risks (% of population)*	32	22.7%	24.0%
Clinical Care		22	0.211	
Access to Care	Avoided Care Due to Cost (% of adults)	19	9.6%	10.1%
	Dental Care Providers (Number per 100,000 population)	21	64.9	64.6
	Mental Health Providers (Number per 100,000 population)	36	250.3	324.9
	Primary Care Providers (Number per 100,000 population)	35	221.5	232.0
	Uninsured (% of population)	21	6.5%	8.0%
Preventive Clinical Services	Childhood Immunizations (% of children by age 24 months)	28	70.3%	70.0%
	Colorectal Cancer Screening (% of adults ages 45-75)	8	64.1%	61.8%
	Dental Visit (% of adults)	10	68.4%	66.0%
	Flu Vaccination (% of adults)	20	47.8%	45.6%
	HPV Vaccination (% of adolescents ages 13-17)	26	62.7%	62.6%
Quality of Care	Dedicated Health Care Provider (% of adults)	22	84.1%	83.8%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+)	23	2,557	2,681
Behaviors		26	0.107	
Nutrition and Physical Activity	Exercise (% of adults)	26	22.7%	23.0%
	Fruit and Vegetable Consumption (% of adults)	27	7.0%	7.4%
	Physical Inactivity (% of adults)	9	20.9%	23.4%
Sexual Health	Chlamydia (Cases per 100,000 population)	21	467.6	495.5
	High-Risk HIV Behaviors (% of adults)	38	6.4%	5.7%
	Teen Births (Births per 1,000 females ages 15-19)	19	11.7	13.9
Sleep Health	Insufficient Sleep (% of adults)	30	36.2%	35.5%
Tobacco Use	Smoking (% of adults)	16	12.1%	14.0%
Health Outcomes		25	0.129	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	24	30.1	32.1
	Excessive Drinking (% of adults)	28	18.5%	18.4%
	Frequent Mental Distress (% of adults)	34	16.4%	15.9%
	Non-medical Drug Use (% of adults)	9	11.5%	15.9%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	22	8,709	9,478
	Premature Death Racial Disparity (Ratio)	11	1.3	1.6
Physical Health	Frequent Physical Distress (% of adults)	24	12.4%	12.4%
	Low Birth Weight (% of live births)	23	8.3%	8.5%
	Low Birth Weight Racial Disparity (Ratio)	35	2.1	2.1
	Multiple Chronic Conditions (% of adults)	33	12.0%	11.2%
	Obesity (% of adults)	30	35.2%	33.6%
Overall		19	0.307	

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- Low economic hardship index score
- Low household food insecurity
- Low prevalence of physical inactivity

Challenges

- High prevalence of frequent mental distress
- Low supply of primary care providers
- Low percentage of community water supply with fluoridated water

Highlights

Drug Deaths

93% ▲

from 14.9 to 28.8 deaths per 100,000 population between 2016 and 2021.

Unemployment

31% ▼

from 5.9% to 4.1% of civilian workers between 2021 and 2022.

Asthma

14% ▲

from 9.6% to 10.9% of adults between 2020 and 2022.

Measures

		State Rank	State Value	U.S. Value
Social & Economic Factors		5	0.691	
Community and Family Safety	Homicide (Deaths per 100,000 population)	15	4.3	7.7
	Occupational Fatalities (Deaths per 100,000 workers)	1	2.8	3.9
	Public Health Funding (Dollars per person)	16	\$216	\$183
Economic Resources	Economic Hardship Index (Index from 1-100)	7	29	—
	Food Insecurity (% of households)	5	8.3%	11.2%
	Income Inequality (80-20 Ratio)	23	4.57	4.92
Education	Fourth Grade Reading Proficiency (% of public school students)	14	33.7%	32.1%
	High School Completion (% of adults ages 25+)	16	92.2%	89.6%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	22	15.2%	14.0%
	High-Speed Internet (% of households)	2	95.3%	92.9%
	Residential Segregation - Black/White (Index from 0-100)	18	61	—
	Volunteerism (% of population ages 16+)	24	25.0%	23.2%
	Voter Participation (% of U.S. citizens ages 18+)	7	65.6%	59.5%
Physical Environment		22	0.370	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	37	8.5	8.6
	Drinking Water Violations (Average number of violations per community water system)	26	2.0	2.7
	Water Fluoridation (% of population served)	34	65.1%	72.7%
Climate and Health	Climate Policies (Number of four policies)	1	4	—
	Climate Risks (% of population)*	44	72.1%	35.5%
	Renewable Energy (% of total electricity generated)*	3	74.7%	20.5%
Housing and Transit	Housing With Lead Risk (% of housing stock)	22	13.9%	16.5%
	Severe Housing Problems (% of occupied housing units)	36	16.4%	16.7%
	Transportation Health Risks (% of population)*	37	25.1%	24.0%
Clinical Care		11	0.588	
Access to Care	Avoided Care Due to Cost (% of adults)	20	9.7%	10.1%
	Dental Care Providers (Number per 100,000 population)	6	75.9	64.6
	Mental Health Providers (Number per 100,000 population)	6	522.8	324.9
	Primary Care Providers (Number per 100,000 population)	33	232.1	232.0
	Uninsured (% of population)	18	6.1%	8.0%
Preventive Clinical Services	Childhood Immunizations (% of children by age 24 months)	15	73.2%	70.0%
	Colorectal Cancer Screening (% of adults ages 45-75)	25	61.8%	61.8%
	Dental Visit (% of adults)	16	67.8%	66.0%
	Flu Vaccination (% of adults)	13	49.0%	45.6%
	HPV Vaccination (% of adolescents ages 13-17)	10	71.1%	62.6%
Quality of Care	Dedicated Health Care Provider (% of adults)	25	83.8%	83.8%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+)	8	1,775	2,681
Behaviors		4	0.957	
Nutrition and Physical Activity	Exercise (% of adults)	7	25.9%	23.0%
	Fruit and Vegetable Consumption (% of adults)	9	9.0%	7.4%
	Physical Inactivity (% of adults)	3	17.5%	23.4%
Sexual Health	Chlamydia (Cases per 100,000 population)	11	382.9	495.5
	High-Risk HIV Behaviors (% of adults)	21	5.6%	5.7%
	Teen Births (Births per 1,000 females ages 15-19)	13	10.1	13.9
Sleep Health	Insufficient Sleep (% of adults)	9	32.4%	35.5%
Tobacco Use	Smoking (% of adults)	4	10.0%	14.0%
Health Outcomes		13	0.405	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	20	28.8	32.1
	Excessive Drinking (% of adults)	17	17.4%	18.4%
	Frequent Mental Distress (% of adults)	36	16.5%	15.9%
	Non-medical Drug Use (% of adults)	31	15.0%	15.9%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	11	7,651	9,478
	Premature Death Racial Disparity (Ratio)	36	2.0	1.6
Physical Health	Frequent Physical Distress (% of adults)	17	11.9%	12.4%
	Low Birth Weight (% of live births)	6	7.0%	8.5%
	Low Birth Weight Racial Disparity (Ratio)	9	1.7	2.1
	Multiple Chronic Conditions (% of adults)	17	10.4%	11.2%
	Obesity (% of adults)	15	31.7%	33.6%
Overall		7	0.625	

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- Low prevalence of excessive drinking
- Low prevalence of high-risk HIV behaviors
- High per capita public health funding

Challenges

- High prevalence of multiple chronic conditions
- High economic hardship index score
- High prevalence of cigarette smoking

Highlights

Occupational Fatalities

44% 

from 9.9 to 5.5 deaths per 100,000 workers between 2016-2018 and 2019-2021.

Premature Death

16% 

from 13,072 to 15,197 years lost before age 75 per 100,000 population between 2020 and 2021.

Diabetes

16% 

from 15.0% to 17.4% of adults between 2016 and 2022.

Measures

		State Rank	State Value	U.S. Value
Social & Economic Factors		46	-0.848	
Community and Family Safety	Homicide (Deaths per 100,000 population)	24	6.4	7.7
	Occupational Fatalities (Deaths per 100,000 workers)	39	5.5	3.9
	Public Health Funding (Dollars per person)	8	\$248	\$183
Economic Resources	Economic Hardship Index (Index from 1-100)	46	86	—
	Food Insecurity (% of households)	44	14.2%	11.2%
	Income Inequality (80-20 Ratio)	41	5.08	4.92
Education	Fourth Grade Reading Proficiency (% of public school students)	49	22.3%	32.1%
	High School Completion (% of adults ages 25+)	40	89.1%	89.6%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	45	18.9%	14.0%
	High-Speed Internet (% of households)	47	89.5%	92.9%
	Residential Segregation - Black/White (Index from 0-100)	19	62	—
	Volunteerism (% of population ages 16+)	35	22.4%	23.2%
	Voter Participation (% of U.S. citizens ages 18+)	50	47.3%	59.5%
Physical Environment		20	0.392	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	19	7.2	8.6
	Drinking Water Violations (Average number of violations per community water system)	31	2.1	2.7
	Water Fluoridation (% of population served)	12	90.9%	72.7%
Climate and Health	Climate Policies (Number of four policies)	36	0	—
	Climate Risks (% of population)*	30	43.5%	35.5%
	Renewable Energy (% of total electricity generated)*	40	6.5%	20.5%
Housing and Transit	Housing With Lead Risk (% of housing stock)	33	19.3%	16.5%
	Severe Housing Problems (% of occupied housing units)	1	11.0%	16.7%
	Transportation Health Risks (% of population)*	44	33.3%	24.0%
Clinical Care		35	-0.315	
Access to Care	Avoided Care Due to Cost (% of adults)	28	10.3%	10.1%
	Dental Care Providers (Number per 100,000 population)	43	52.4	64.6
	Mental Health Providers (Number per 100,000 population)	48	185.5	324.9
	Primary Care Providers (Number per 100,000 population)	7	291.9	232.0
	Uninsured (% of population)	15	5.9%	8.0%
Preventive Clinical Services	Childhood Immunizations (% of children by age 24 months)	34	68.7%	70.0%
	Colorectal Cancer Screening (% of adults ages 45-75)	7	64.4%	61.8%
	Dental Visit (% of adults)	48	56.6%	66.0%
	Flu Vaccination (% of adults)	32	43.5%	45.6%
	HPV Vaccination (% of adolescents ages 13-17)	47	51.5%	62.6%
Quality of Care	Dedicated Health Care Provider (% of adults)	10	87.2%	83.8%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+)	50	3,874	2,681
Behaviors		44	-0.919	
Nutrition and Physical Activity	Exercise (% of adults)	45	17.1%	23.0%
	Fruit and Vegetable Consumption (% of adults)	45	5.1%	7.4%
	Physical Inactivity (% of adults)	48	30.2%	23.4%
Sexual Health	Chlamydia (Cases per 100,000 population)	4	293.1	495.5
	High-Risk HIV Behaviors (% of adults)	1	4.5%	5.7%
	Teen Births (Births per 1,000 females ages 15-19)	43	20.9	13.9
Sleep Health	Insufficient Sleep (% of adults)	49	41.3%	35.5%
Tobacco Use	Smoking (% of adults)	50	21.0%	14.0%
Health Outcomes		49	-0.947	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	50	87.1	32.1
	Excessive Drinking (% of adults)	5	14.5%	18.4%
	Frequent Mental Distress (% of adults)	50	21.1%	15.9%
	Non-medical Drug Use (% of adults)	50	21.2%	15.9%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	49	15,197	9,478
	Premature Death Racial Disparity (Ratio)	6	1.2	1.6
Physical Health	Frequent Physical Distress (% of adults)	50	18.2%	12.4%
	Low Birth Weight (% of live births)	45	9.8%	8.5%
	Low Birth Weight Racial Disparity (Ratio)	11	1.8	2.1
	Multiple Chronic Conditions (% of adults)	50	21.1%	11.2%
	Obesity (% of adults)	50	41.0%	33.6%
Overall		45	-0.683	

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- Low prevalence of non-medical drug use
- High prevalence of high school completion
- High voter participation

Challenges

- High prevalence of excessive drinking
- High prevalence of obesity
- Low per capita public health funding


Highlights

Homicide

57% 

from 3.7 to 5.8 deaths per 100,000 population between 2018-2019 and 2020-2021.

Mental Health Providers

36% 

from 191.1 to 260.1 per 100,000 population between September 2018 and September 2023.

Air Pollution

16% 

from 6.8 to 7.9 micrograms of fine particulate matter per cubic meter between 2016-2018 and 2020-2022.

Measures

		State Rank	State Value	U.S. Value
Social & Economic Factors		19	0.323	
Community and Family Safety	Homicide (Deaths per 100,000 population)	21	5.8	7.7
	Occupational Fatalities (Deaths per 100,000 workers)	23	4.3	3.9
	Public Health Funding (Dollars per person)	49	\$128	\$183
Economic Resources	Economic Hardship Index (Index from 1-100)	8	30	—
	Food Insecurity (% of households)	16	9.6%	11.2%
	Income Inequality (80-20 Ratio)	7	4.24	4.92
Education	Fourth Grade Reading Proficiency (% of public school students)	20	32.6%	32.1%
	High School Completion (% of adults ages 25+)	8	93.5%	89.6%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	27	15.7%	14.0%
	High-Speed Internet (% of households)	25	92.8%	92.9%
	Residential Segregation - Black/White (Index from 0-100)	48	78	—
	Volunteerism (% of population ages 16+)	25	24.9%	23.2%
	Voter Participation (% of U.S. citizens ages 18+)	4	67.3%	59.5%
Physical Environment		17	0.487	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	29	7.9	8.6
	Drinking Water Violations (Average number of violations per community water system)	24	1.9	2.7
	Water Fluoridation (% of population served)	18	86.7%	72.7%
Climate and Health	Climate Policies (Number of four policies)	13	3	—
	Climate Risks (% of population)*	3	3.6%	35.5%
	Renewable Energy (% of total electricity generated)*	35	8.2%	20.5%
Housing and Transit	Housing With Lead Risk (% of housing stock)	38	21.6%	16.5%
	Severe Housing Problems (% of occupied housing units)	14	12.9%	16.7%
	Transportation Health Risks (% of population)*	10	9.7%	24.0%
Clinical Care		12	0.584	
Access to Care	Avoided Care Due to Cost (% of adults)	10	7.9%	10.1%
	Dental Care Providers (Number per 100,000 population)	16	67.4	64.6
	Mental Health Providers (Number per 100,000 population)	34	260.1	324.9
	Primary Care Providers (Number per 100,000 population)	19	259.3	232.0
	Uninsured (% of population)	10	5.2%	8.0%
Preventive Clinical Services	Childhood Immunizations (% of children by age 24 months)	20	71.8%	70.0%
	Colorectal Cancer Screening (% of adults ages 45-75)	5	65.0%	61.8%
	Dental Visit (% of adults)	14	68.2%	66.0%
	Flu Vaccination (% of adults)	18	48.2%	45.6%
	HPV Vaccination (% of adolescents ages 13-17)	12	69.0%	62.6%
Quality of Care	Dedicated Health Care Provider (% of adults)	14	85.5%	83.8%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+)	18	2,376	2,681
Behaviors		19	0.291	
Nutrition and Physical Activity	Exercise (% of adults)	15	24.7%	23.0%
	Fruit and Vegetable Consumption (% of adults)	35	6.3%	7.4%
	Physical Inactivity (% of adults)	15	21.9%	23.4%
Sexual Health	Chlamydia (Cases per 100,000 population)	22	472.3	495.5
	High-Risk HIV Behaviors (% of adults)	7	5.3%	5.7%
	Teen Births (Births per 1,000 females ages 15-19)	13	10.1	13.9
Sleep Health	Insufficient Sleep (% of adults)	13	32.8%	35.5%
Tobacco Use	Smoking (% of adults)	26	14.3%	14.0%
Health Outcomes		34	-0.180	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	25	30.7	32.1
	Excessive Drinking (% of adults)	47	21.6%	18.4%
	Frequent Mental Distress (% of adults)	28	16.1%	15.9%
	Non-medical Drug Use (% of adults)	5	10.4%	15.9%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	15	8,057	9,478
	Premature Death Racial Disparity (Ratio)	39	2.2	1.6
Physical Health	Frequent Physical Distress (% of adults)	22	12.2%	12.4%
	Low Birth Weight (% of live births)	18	7.7%	8.5%
	Low Birth Weight Racial Disparity (Ratio)	49	2.5	2.1
	Multiple Chronic Conditions (% of adults)	28	11.4%	11.2%
	Obesity (% of adults)	40	37.7%	33.6%
Overall		22	0.247	

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Wyoming

State Health Department Website: health.wyo.gov

Overall Rank

30

Summary

Strengths

- High prevalence of high school completion
- Low prevalence of insufficient sleep
- Low levels of air pollution

Challenges

- High occupational fatality rate
- Low prevalence of having a dedicated health care provider
- Low prevalence of colorectal cancer screening

Highlights

Volunteerism

26% ▲

from 31.0% to 39.2% of adults ages 16+ between 2019 and 2021.

Arthritis

23% ▲

from 23.1% to 28.4% of adults between 2020 and 2022.

Premature Death

16% ▲

from 9,141 to 10,643 years lost before age 75 per 100,000 population between 2020 and 2021.

Measures

		State Rank	State Value	U.S. Value
Social & Economic Factors		25	0.187	
Community and Family Safety	Homicide (Deaths per 100,000 population)	10	3.5	7.7
	Occupational Fatalities (Deaths per 100,000 workers)	50	9.1	3.9
	Public Health Funding (Dollars per person)	14	\$230	\$183
Economic Resources	Economic Hardship Index (Index from 1-100)	23	49	—
	Food Insecurity (% of households)	33	11.4%	11.2%
	Income Inequality (80-20 Ratio)	10	4.34	4.92
Education	Fourth Grade Reading Proficiency (% of public school students)	3	38.3%	32.1%
	High School Completion (% of adults ages 25+)	7	93.7%	89.6%
Social Support and Engagement	Adverse Childhood Experiences (% of children ages 0-17)	49	23.0%	14.0%
	High-Speed Internet (% of households)	35	92.1%	92.9%
	Residential Segregation - Black/White (Index from 0-100)	37	69	—
	Volunteerism (% of population ages 16+)	2	39.2%	23.2%
	Voter Participation (% of U.S. citizens ages 18+)	33	57.3%	59.5%
Physical Environment		18	0.450	
Air and Water Quality	Air Pollution (Micrograms of fine particles per cubic meter)	2	4.9	8.6
	Drinking Water Violations (Average number of violations per community water system)	11	1.6	2.7
	Water Fluoridation (% of population served)	41	55.6%	72.7%
Climate and Health	Climate Policies (Number of four policies)	36	0	—
	Climate Risks (% of population)*	49	83.3%	35.5%
	Renewable Energy (% of total electricity generated)*	21	23.1%	20.5%
Housing and Transit	Housing With Lead Risk (% of housing stock)	26	15.9%	16.5%
	Severe Housing Problems (% of occupied housing units)	5	12.1%	16.7%
	Transportation Health Risks (% of population)*	1	0.9%	24.0%
Clinical Care		42	-0.723	
Access to Care	Avoided Care Due to Cost (% of adults)	36	11.8%	10.1%
	Dental Care Providers (Number per 100,000 population)	19	66.7	64.6
	Mental Health Providers (Number per 100,000 population)	13	402.8	324.9
	Primary Care Providers (Number per 100,000 population)	36	221.4	232.0
	Uninsured (% of population)	47	11.5%	8.0%
Preventive Clinical Services	Childhood Immunizations (% of children by age 24 months)	32	69.8%	70.0%
	Colorectal Cancer Screening (% of adults ages 45-75)	46	55.4%	61.8%
	Dental Visit (% of adults)	26	65.2%	66.0%
	Flu Vaccination (% of adults)	48	36.9%	45.6%
	HPV Vaccination (% of adolescents ages 13-17)	48	49.2%	62.6%
Quality of Care	Dedicated Health Care Provider (% of adults)	48	74.1%	83.8%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+)	12	2,103	2,681
Behaviors		22	0.152	
Nutrition and Physical Activity	Exercise (% of adults)	16	24.5%	23.0%
	Fruit and Vegetable Consumption (% of adults)	35	6.3%	7.4%
	Physical Inactivity (% of adults)	18	22.6%	23.4%
Sexual Health	Chlamydia (Cases per 100,000 population)	7	359.0	495.5
	High-Risk HIV Behaviors (% of adults)	16	5.5%	5.7%
	Teen Births (Births per 1,000 females ages 15-19)	32	16.0	13.9
Sleep Health	Insufficient Sleep (% of adults)	8	32.3%	35.5%
Tobacco Use	Smoking (% of adults)	38	15.5%	14.0%
Health Outcomes		31	-0.113	
Behavioral Health	Drug Deaths (Deaths per 100,000 population)*	8	19.1	32.1
	Excessive Drinking (% of adults)	39	20.0%	18.4%
	Frequent Mental Distress (% of adults)	13	14.8%	15.9%
	Non-medical Drug Use (% of adults)	9	11.5%	15.9%
Mortality	Premature Death (Years lost before age 75 per 100,000 population)	33	10,643	9,478
	Premature Death Racial Disparity (Ratio)	44	2.9	1.6
Physical Health	Frequent Physical Distress (% of adults)	10	11.4%	12.4%
	Low Birth Weight (% of live births)	39	9.4%	8.5%
	Low Birth Weight Racial Disparity (Ratio)	17	1.9	2.1
	Multiple Chronic Conditions (% of adults)	19	10.5%	11.2%
	Obesity (% of adults)	27	34.2%	33.6%
Overall		30	-0.005	

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.